The Schematic of God

For The First Time An Extraordinary Journey I nto Humanity's Nonphysical Roots

Warning! Reading this material may change your reality.

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The value of ones existences can always be measured by the support they receive from others. Be it family or not it is still unselfish support for another human being who is asking for help. Thank you Rose Dayholos, Marjory Marciski, Irene Sulik, Grace Single, Janice Abstreiter, and Robert Regnier for your editing help.

This book is dedicated to my partner in life.

T o me a partner is one whom you can share your ideas with, one who can be trusted not to patronize these ideas, one who can differentiate their own truth from yours. A person who has an equal spiritual level and understanding, and encourages only through support of your ideas and not to through expectation. A true partner is one who balances out any weaknesses you have in the same fashion as you do for them. One's weakness is the other's strength, together you create a whole, a relationship that is stronger than the individuals themselves.

In true fashion my partner has both helped and supported this book's creation. Without this partner's help it might have run the risk of being too much "me"! This was never the reason for the book.

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Prologue

Mysticism may be defined as the belief in a third kind of knowledge. The other two being sense knowledge and knowledge by inference. The "third kind" of knowledge is one that goes past what is observable, because direct observation is not always what it appears to be. The "edges" of our



sciences and religions are starting to realise this with every new generation. As we shift into greater capacities to understand and with more sensitive instruments to discern with, we find more questions than answers. A mystic is one who, above all else in life, has a desire to know what is behind the physically perceivable level.

To define is to limit, and no single definition will cover every aspect of mysticism. Some have objected to the term itself and believed that "enlightenment" or "illumination" might be better. Yet these words themselves are "traps" in understanding. For example, there is no complete definition or limit to enlightenment. It is only a perspective from position or level of a person's current understanding.

To become a mystic one must first recognise what is not working, and then seek for the changes that will make it work. Many cannot get past the realisation that something is not working and needs to be changed. Many cannot get past the realisation that something is not working and needs to be changed. Many of us become "sheep" to our own apathy and blind trust. Mystics are not blind simply because they ask, "Why is it this way?" This is the mystic's role in culture. They fall under the label of scientists, artists, and even religious figures. They are the ones that are in the background, observing, so as not to get "wrapped" up in blind faith. Mystics can see the holes, where everyone else sees a wall.

To fall under the illusion that all mystics are balanced evolved people would be a mistake. There have been many mystics that have used their ability to "see the holes" as points of opportunity to advance themselves through personal gain, be it prestige, financial, or just plain power. Typically, these mystics have a need to draw attention to themselves, which is usually a good indication of their imbalances. The balanced mystic is usually part of the "wallpaper", one working in the background, which you would never guess as being one. If you have something to teach it is important to make it available, however an effective mystic understands that only those who need the information will hear it. The adage, "When the student is ready the teacher will appear" cannot be over exaggerated. I understand this as a truth and know the ones that gravitate to this book are ready for the information, be it one phrase or a whole chapter.

I am a mystic by definition because I'm an enigma in my own culture. I'm not affiliated with any religion including the religion of science, nor am I entertaining the thought of creating one. This would be completely opposite to my beliefs and understandings, my very nature of being "wallpaper". I have sat back for decades listening to the sciences, religions, and even the New Age movement. I have observed the pedestal sermons, individuals clambering for the public's attention, all with the intent of gain, with little to no truth behind the information. There comes a time in one's life where our understandings and teachings need to be expressed. As I read and listened to material on ancient and metaphysical worlds, I reached a point where I needed to say out loud, and in public: "What the hell are you talking about and where did you get this understanding from?" This is the driving force behind my writing and why I now, for a brief moment, must become the "furniture in this wallpapered room". I must speak out and describe it from the perspective that is shared with me through universal understandings. This is the same repeated information that most of the mystics have been taught, past and present. The main difference between myself and a mystic thousands of years ago is in the method of communication.

Communication is based on processing and exchanging information via the senses at our disposal. In other words, how many senses are is a person using? Typically, we are credited with five recognized senses. This is not accurate and to those who experience more than five, some become a silent minority, the mystics. How does one begin to explain to others that have not experienced what you have? One of the best metaphors to understand this is the "color demonstration". We know that we can show a child what the color blue is. We can then show them the color red and they understand both. Now, explain the color blue to a blind person, and then the color red. After you have accomplished this explain the difference between the two colors. True communication is not about explaining anything, it is about <u>sensing the truth</u>, which is your truth, and how does this affect you as an individual.

I have heard people exclaiming "If aliens are visiting us why don't they contact our scientists?" The truth is, there would be no communication possible, simply because there must be a common understanding for an exchange to take place. In this truth, what is known and understood in the entire universe is completely opposite of what our science understands and believes. Our current culture is so far behind the true understanding of universal design and operation that we must start over again. Many scientists today are saying the same thing (it is not just my opinion). Their statement comes from frustration, because none of the theories compliment each other. The better the instrumentation gets, the more they realize the old theories are all wrong or just contradict the old axioms. Today scientists are starting to recognise that they need to go back to the basics.

Science based only on intellect is and will prove to be a dead end process. Stepping outside the known (intellectualest box) is the only future for science, as well as organised religion. Only the brave and true explorers will accomplish this, and probably only in secret. They will be the first to discover the truly exciting discoveries to be found in this universe. Past mystics working outside the norm are recorded as historical visionaries and can be recognised in most of the major past discoveries. Mystics included in this list are Albert Einstein. Marie and Pierre Curie. and Isaac Newton. Mainstream science will never admit to the fact that their major players and founders were extracting information using unorthodox methods. The truth is that Einstein dabbled in metaphysics with Upton Sinclair and the medium Roam Ostoja. Alchemist Isaac Newton was relentless in his pursuit of the avant-garde, being rejected in his own time for it. The Curies and their group of fellow scientist signed documents stating the validity of metaphysics. Out of their group alone came five Nobel Prizewinners. These are and were true mystics in every sense. History books can censor this part out, but the fact is they reached out of the physical norm to achieve their goals. Today they are labeled as scientists, mainly because their discoveries have finally caught up to this present acceptable academic dogma.

Getting back to the alien and the problem of trying to find a common communication method with the human race. Where would they start and who would be the first contacts? Yes, there is only one answer and that is a balanced human, who has no preconceptions of anything outside the norm. One who accepts "all" unconditionally, and is truly interested in finding out the truth, without fear of losing what is presently known. The one that has the least to protect, and guard from changes in their personal investments, yes, it is the mystic. The one that said from the beginning "Teach me"!

I ntroduction

You can only understand what you have experienced.

Mystics have always been present among the populace. They are usually loners by choice for they know on all levels that they are different than others. Most keep their abilities to themselves. Not that there is anything to hide from trusted friends and family, it usually stems from difficulties in communicating to others what they have seen and understand. Communicating their understandings and explorations are usually too much for some and uninteresting for others. The experiences themselves galvanize the mystic to their work. Work, for me is a word that keeps this serious "play" from getting too obsessive. C

keeps this serious "play" from getting too obsessive. Going out of body or seeing crystal clear images (Remote Viewing) of environments that are not part of your daily life can be too emboldening to quit. Added to the mystics dysfunction, is that any part of domestic life becomes mundane and predictable, in comparison.

Mystics use their abilities in different ways and for different reasons. In the past, the words these people could use to describe what they had seen would have to find its source in the culture of the day. These past cultures were submersed in nature and the natural world, body, soul, and mind. In interpreting the "out of body experience" (OBE) they could only extract words originating in nature's expression. An example would be; if a cycle was observed, it could be described as a snake swallowing its tail (the Ouroboros). Try placing yourself there, if you wanted to describe a cycle, say the cycle of life, how would you do it? Of course all this in a culture that had not developed the concept of a wheel. The only way you could effectively do this is to use metaphors. It is these metaphors that have been passed down to us. It is also the metaphors that we focus on and think, "man they didn't have a clue". The mystics knew, it was just a lack of language to describe the impossible. In this modern day and age we have computers and electrical devices that alone, expand our language in unimaginable ways to the ancient mind. This expanded language allows us to communicate in more descriptive ways, a process that does not fit into the "norm" natural world. Even the simplest words like atoms, particle waves, microwaves, dimensions, black holes, gravity, and so on represent concepts the ancient mystics could have used if they were available



Yet here we are in the twentieth century and we are still struggling to understand. The truth is that even the wildest scientific imagination could not begin to come close to the truth of "Real Reality". There is nothing in this modern culture that can come close to the incredible design of the universe never mind what lies beyond the physical. When the truth is eventually accepted by the world, almost all the known understandings and beliefs will have to be abandoned due to obsoleteness. Every scientific field will have to be scrapped or redesigned so much so, that the fields may even be called something else. It all depends on the time it will take to be accepted. Typically this would take a few generations to happen, but before this can take place the mystics have to inject or seed the human consciousness with the truth. This is and has always been the role of the mystic, the one that usually keeps to the background, like "wallpaper". The mystic is the translator, the message carrier, the bridge between cultural beliefs and the true nature of "All That Exists".

The most important aspect the mystic must preserve is accuracy in interpreting the information. Accuracy has been the biggest problem facing a mystic, it is not that mystics are ethically challenged, it is a matter of understanding with the limitations of the human mind. Mystics are exposed to the knowledge and the experiences. To those who understand the experience, their accuracy is also only relevant to the "language" they can communicate with others. Now add to this cultural dogma, beliefs of "ones self", fears, insecurities, general health, and greed and power issues. You can take any information and run it through the above "filters" and you can see there will always be different translations of the same information.

It will be done differently this time!

I have looked at the new subculture called New Age and have seen how half-truths become complete truths, as time and the story evolves. A partial truth is seeded, then becomes the foundation of the next partial truth, then the next is added, until the pyramid of what is true or not was lost in the translation. New Age was a stepping-stone in spirituality and like all stepping-stones you eventually end up on the other side of the river, but you are still at the rivers edge.

Science has not faired much better, for researchers find themselves in struggling to keep one another from fudging the data or just plain plagiarism of each others work, all in the name of financial and political power. The all mighty dollar has taken science out of the pure, independent, discovery mode of the past. New instruments have allowed science to see deeper and further into how wrong their old outdated theories are. Unfortunately they have painted themselves into a stifling box corner of maintenance of these old partial truths. In other words science has followed the same human pattern that New Age took, only most in science don't realize it yet.

Where do creationists and religions fit into this nonphysical world? Unfortunately they too have been diverted from their own great mystics messages. A true religion cannot grow, they cannot accept new mystics or their messages even from inside their walls. To religion, mysticism died with the true and pure of hearts of the past scholars. Today, one religion sees all entering this world as unpurified, so how could anyone be expected to be messengers of God, unless they were high profile members. Even with this status they are placed into a different category called sainthood. Sainthood being defined as; follow their example but don't change anything! In fact religion in itself fails to understand the messages that their own originators brought to this world. Religion by its nature and rules is bound by the 'orthodox stand of stagnation". It is not allowed to evolve so it ceases to learn more of its own nature, humanity, and beauty. So why do I come forward with my message if all is lost? The truth is I know there are thousands of people out there like me that just want to understand why and how this reality works. What lies beyond the 5%, our physical form, we call "I".

Archeology and interest in the past, first developed in my high school years. From there I achieved a federal grant for an archeological research project. It was during these times that I became fascinated with the past and past cultures. From this interest, I like many others, found out the ancients had abilities we are still trying to understand. When developing an interest in the past, one always ends up asking why and how, with few obtainable answers. Why were some of the ancient cultures so advanced and yet they disappeared? Is humanity so shallow that we cannot retain what we have learned? It can appear this way for anyone that studies history. There had to be better answers than what the current history books and popular researchers were offering. I needed to find out, but could not turn to current theories, for these theories all give you the feeling of being "straws to grasp onto". I ended up deciding that I was the only one that could find answers to my questions. I had to do it, not so much by myself, but for myself. You can always tell when the academics don't know the answers. They either avoid the question or they make up something that is absolutely ridiculous. In fact the only ones that would believe and propagate this these ridiculous ideas would be news media, who blindly follow along by spreading the misconceptions to the public.

Stonehenge is a perfect example of a misconception that continues to be taught by the news media (in conjunction with the "straw grabbers"). The alignments, at these sites, as with most sites around the earth, are simply to find a directional position. They were never intended to align to the sun or star for other reasons. In an age before maps and compasses the sun was the best way to find direction. After that was established, the real interesting work began and the purpose behind it all. It was not to align with gods, fertility, crop planting or any other ridiculous theory. The truth is much more profound than this. Those using only intellect will inevitably fail to find the answers. I can tell you with complete conviction that intellect did not create the reason or purpose for the alignments at ancient site. This purpose was downloaded to the ancient shamans/mystics in the past, just as it can be today if you are interested in learning. There is a reason for alignment but it is not to gods or stars in the general sense of it. There is no value in aligning to a star or an imaginary god that produces no tangible results. Has anyone asked why would this worldwide need last for a thousand years under such an undemonstrative experience? There was a good reason but this book will only give the basics to the teachings. In fact this was probably the way it was done thousands of years ago. The real reason is so complex and "directionally diversified" in its entirety, that only a preliminary explanation must be given at first. You cannot learn a complex language without starting with the basics. There is nothing in our present culture or science's knowledge base that can come close to understanding the

design. You first have to learn the language before you can read the schematics. The ancients did it this way and it probably took them thousands of years to accumulate the understandings. I can shortcut this because the work has already been done. The knowledge is already a part of the human physique or background. It is an illusion to think that discoveries are done in sequence of one another. Outside this three-dimensional reality there is no time. So discoveries are all there in their field of a new understanding enters vibration. Every time this environment called the present, it cascades backward and forward in time. Discoveries can be picked out of the "background" like fruit off a tree. Sequence of events for discovering any piece of information is simply a matter of how long your "ladder" is. If it is short then your discoveries (the fruit) will be from the lower branches. With each discovery your vibration in this "field" increases, and you are adding another rung on the ladder, this is the only sequence there is. The next book of this series will show the process and the benefits, for there is a real benefit to it all. (Or did you think that many thousands of work hours and tons of building material was worth aligning to the sun or celestial object)?

In the current information age, you can always tell which of the expert's (each in their own field), are dictating through intellect and not from original thought or research. After reading their material, there is the original "high", of hearing something new, it is a short high that always leads to a long hollow feeling afterward. The translation for this hollow feeling is; your questions are still unanswered. I realized many years ago that science could not answer the questions that I had about the ancient sites. They did not have the tools or training to get to the real sources, the people in the past that built the sites. I needed to turn to unorthodox methods, the only answer was metaphysics. Even in the metaphysical field, after many years of reading and researching, I noticed a crippling pattern. The pattern was that most authors were following the previous one's path. The perpetual half-truth pyramid sequence is inevitable if

you continue to research others material prior to doing your own research. Information is only a "stepping-stone", for it becomes information by virtue of comparing prior base knowledge. If knowledge comes from creative research as a base truth, and is recognized as original in source creativity, it should be felt alone, to stand on its own truth. Unfortunately too many recognize the creative aspect of some knowledge and want to add to it with their understandings and interpretations. This is how it all goes astray, intellect is based on what a person knows, and this is not always in alignment with true creativeness.

In the beginning of this work I was reading about 35 books a year. Then I realized something after seen a pattern in the books. After this period, I quit purchasing books because there was no real substance in them. I realized they were all saying the same thing, only in different ways. I decided to do something about it, for my strength in the metaphysical world was getting stronger. As I began my research, it didn't take me long to realize that I could find answers faster than others could, that is if I isolated my research from their beliefs. It also didn't take long to find myself isolated for the others in my life, falling into the affliction of the "mystic syndrome"! I continued growing and in doing so I found myself compartmentalizing my new interests from that of my friends and family. It isn't that I turned to a monastic lifestyle, it was that we now had little in common, as far as their interests and mine were concerned.

There is little information in this book researched from the intellectual viewpoint. As I have said, I learned a long time ago there is little new growth in a collection of already known material, even if it is woven into a new theory. Nonphysical environments and sources have handed down all information found in this book, to the extent that I have also been informed on how long I will be in this reality (I'm very comfortable with the knowledge). With this information package I was told that I will be long gone before this material is generally accepted. There are a few motivations that push me speak out, first was

the realization that it took me fifty years to acquire the skills I needed and seven years to gather this information. The second reason is that I need to seed the reality before I go. The third and most important reason was a "pact" I had made to the sources that I would share the knowledge, if I were allowed to have all that I could comprehend.

If there is only one person out there that can benefit from all this work of mine, then it was worth the two and half years it took me to put it down in text. All effort on both sides of this reality must not go to waste. I'm seeking no accolades, power, or monitory rewards from anyone. I just want this information available for the next individual that can use it. I will not discuss the material, nor will I defend it or debate it, for it is what it is. I have found that there will always be insecure intellectuals that will try to debate, but this individual has no interest, at all. People must understand that this is not my information, it is knowledge from sources beyond the physical. I also realize that this information will have no effect on this present culture. There is no way this culture can be turned around in the current lives of this generation. Facing this realization, I must write this book for the next generation and especially for the generations after that. The new generations will challenge the "old order" and they will dissolve most of the present known ideas in science and cultural beliefs.

This book is dedicated to the next two generations. It is not realistically aimed at this present generation. In this book, the language will be simple and in very small increments of understanding. I know what it was like to be young, bright, and have nowhere to turn for answers.

To gather the information in these books I have traveled to the very edge of this universe and to some of the highest vibratory levels possible, that is in the context of what the human mind is capable of translating. I'm not the first to explore the higher vibratory states. Many in the past have, and records of their journeys are recorded in text. Arjuna journeyed into these realms and the book called "The Bhagavad-Gita" was created to show others what was possible. Most mystics, many, who are alive today, prefer just to remain silent. It is much easier to stay quiet than to attempt such a feat, and feel that you now must complete the understanding. I personally feel that these deeper experiences would not be possible without "outside help". I truly believe that these higher states of experience are gifts more than a talent. It is because of this belief that I feel I need to share the experiences. Readers will know what parts they need and what information is usable to them. This information is extensive and will encompass two books in its current form.

Presently, the world is full of partial or inadequate information, mainly because it was rushed and not thoroughly researched from its roots before it was released. Unconventional information should not be injecting into the public's attention without being totally researched form its origins. If the origins are not understood or known, the information should state this fact. It takes years to acquire the complete understanding, something most are not willing to do. Many people today that acquire new information are so excited to tell others that they fail to see their role in this information. We need to begin with the basics first. That is the only way the information will not get distorted or warped into something else as it travels from one interpretation to another, the half-truths that produce more half-truths syndromes. The information that I have received encompasses completely new concepts of time, space, DNA, histories of humanity, spirituality, ancient sites, and much more. As part of this introduction I have listed a small sampling of questions that are answered in this book. I have placed them here under categories for the convenience of the readers.

The information in our books is totally unique to this reality, but not to global consciousness. The mystics of the past all contributed to the information in one-way or another. Some had small parts, others had larger parts to play, each creating their own unique version of the information and handing it down to the collective human continuousness. It is the mystics from the "past" that are the true inventors and discoverers. Be it directly or indirectly in what has been called the hundred-monkey syndrome. Some are recognized today as genius, some are inventive, others are called pure lucky. Whatever phylum you want to place them in, it is the creative person, the artist that makes the first discoveries. Every person alive is capable of this and most do creative work even in their own personal world, but the creative mind can only be established by "letting go" to the universe. Each person depending on their vibration will achieve their own level of discovery. Each person, past or present, has his or her particular "direction" to obtain knowledge. If you decide to read this book I can assure you that your vibration will be affected. You will rise in spiritual levels that will, if you "let go" sufficiently, create new experiential events for yourself. These new spiritual experiences will create a higher vibratory state for you to resonate with, if you accept them as gifts. The more you "accept" and "let go", the more experiences will come to you. This is your gift, a gift of validation, to yourself, proving there is more to this reality then the preverbal "I".

If wondered why I said "our books", well I do have a partner that has helped me with all of this over the past five years. She too has experienced many levels beyond this reality and has full memory of creative teachings in the period prior to her life here in physical form. It is this background knowledge of hers that I myself use as a filter to keep from becoming sidetracked. It is easy to go off on a tangent otherwise. She is also a contributing partner, and at times has sent me off into understandings that I did not originally get.

Problems with ancient spiritual sites and ancient understandings:

The last seven years are a by-product of teaching learned from ancient spiritual sites. I originally listened to the absolute lunatic ideas about the ancient site designs and knew I needed a real answer. The experts were saying the alignments of the pyramids and stone circles around the world were to tell the seasons for crops. This does not explain all sites, for example; western Canada stone sites that were built by non-agrarian people. There is also the theories that they worshipped the gods in the sky, when most of them "lived" in the underworld. We cannot whitewash every culture and time period with the same brush. It become obvious to me, they just did not know, but for some reason they still had to come up with something, even if it did not fit. There had to be a common link, a common theme, or understanding. It was evident that we as a race had lost this understanding for one reason or another.

I did find the common link and understanding but it was so different there is nothing in this world that even hints of this direction. What I was shown in my journeys gave unity to everything that exists in this world. From the shape of our bodies, the movements we make in our daily activities including dancing, Yoga, Feng Shui, and all the way to our spiritual heredity. The understandings were so totally new that I needed to be taught the basic "language" first before being shown the actual composition of this knowledge.

I have found out through my teachings that the alignments were to some celestial objects, but not for gods or seasons. There was a more beneficial reason that produced results for these people. That is not to say that some preceding groups did not find superstition and extracurricular reasons or uses for the alignments. Even today many still worship the seasonal equinoxes. Associations to seasons, nature, celestial objects, and time periods have always been part of humanity's attention. Cultures observe the cycles of life and the shifts throughout the year, but they don't run out there and make massive temples to demonstrate their observation. It is obvious there was more value to the temples than merely pointing at an object in the sky! Below I have given just a small number of questions answered by these understandings.

- ? Why does humanity go through creative cycles like the Athenians only to lose it all like the Dark Ages and then start over again? Great civilizations seem to appear from nowhere, compete with architects, scientist, artists, and so on, how is this possible?
- ? Why are there hundreds of pyramids and stone circles all over this planet? Many cultures were not agrarian, star watchers, or had gods that lived in the heavens. So archaeoastronomy for the worship of a star system or predicting agricultural seasons don't account for the number of sites built.
- ? Why are there common angular positions appearing around the world at ancient spiritual sites, even though these sites don't share the same angle or view of the sky?
- ? Ancient symbols are all around us but no one can give a real answer to what they mean.
- ? What does Feng Shui, Vastu Vidya, and dowsing have in common? Why and how do they work?
- ? How are Yoga, Tie Chi, Martial arts, dancing, other body positions related and to what benefits?

Problems in Science:

I have been told, "science is the study of tire tracks!" I inquired to what that meant and was told that in this field they observe, then measure, record, classify, and study the results or "impressions". Physical results left in this physical reality from a larger unseen source. The metaphor refers to a fictional primitive culture that has come across these strange tracks in the mud. In their culture none have seen a motorized vehicle, so the concept of what made the tracks is not available. In this fictional tribe the most knowledgeable members decide to investigate, using past understandings and observations. As you can imagine the best of them conclude that whatever made these tracks had to be round. So many theories are put forward as to the possible shape and appearance of this round object. Unfortunately time has robbed them of the opportunity to witness the event. With nothing to compare it to and only the physical results to go on the initial theories are adopted as the only truths available. As time goes on the theories become part of the historical fact for the tribe, for there is no need to question it anymore.

This is exactly what happened in our modern scientific field. Most of the past theories were only partially accurate or at best there was nothing else offered that could explain the "tracks". The answer is the same as with the tribe above, we mainly have been observing what is in the physical. All that is created in the physical realm is a result of processes and design that are not physical in nature. Below are a small number of physical "tire tracks" that are a serious problem for science to understand. The answers are there, and these books will show the nonphysical "vehicles".

? Why are the Pioneer spacecraft's veering off course toward the edge of the solar system? Have they hit a wall that is keeping them into our space capsule? Something is holding the probes back, according to calculations of their paths, speed and how the gravity of all the objects in the solar system -- and even a tiny push provided by sunlight -- ought to act on them.

- ? Astronomers call this boundary the Kuiper cliff, because the density of space rocks drops off so steeply. What is causing it?
- ? In 1998, astronomers discovered the universe is expanding at ever-faster speeds. It's an effect still searching for a cause - until then, everyone thought the universe's expansion was slowing down after the big bang. "Theorists are still floundering around, looking for a sensible explanation," says cosmologist Katherine Freese of the University of Michigan, Ann Arbor.
- ? The team fired beryllium nuclei at a small carbon target and analyzed the debris that shot into surrounding particle detectors. They expected to see evidence for four separate neutrons hitting their detectors. Instead the Ganil team found just one flash of light in one detector. And the energy of this flash suggested that four neutrons all arrived together at the same time in the detector. Of course, their finding could have been an accident: four neutrons might just have arrived in the same place at the same time by coincidence. But that's ridiculous and improbable, or is it?
- ? In our best understanding of gravity, apply it to the way galaxies spin, and you'll quickly see the problem: the galaxies should be falling apart. Galactic matter orbits around a central point because it's mutual gravitational attraction creates centripetal forces. But there is not enough mass in the galaxies to produce the observed spin, so what is the answer?
- ? The University of Tokyo's Akeno Giant Air Shower Array has detected several cosmic rays above the GZK limit. In theory, they can only have come from within our galaxy, avoiding an energy-sapping journey across the cosmos. However, astronomers can find no source for these cosmic rays in our galaxy. So what is going on? Is Einstein wrong in his special theory of relativity saying that space is the same in all directions, but what if particles found it easier to move in certain directions? 14

Then the cosmic rays could retain more of their energy, allowing them to beat the GZK limit.

? Look across space from one edge of the visible universe to the other, and you'll see the microwave background radiation filling the cosmos is at the same temperature everywhere. That may not seem surprising until you consider the two edges are nearly 28 billion light-years apart and our universe is only 14 billion years old. So if nothing can travel faster than the speed of light there is no way heat radiation could have traveled between the two horizons to even out the hot and cold spots. In the big bang theory the thermal equilibrium we see now is impossible. This "horizon problem" is a big headache for cosmologists, so big that they have come up with some ridiculous solutions or straw grasping reactions.

Problems in understanding spirit and God:

- ? What is God and what lies past God, where and how would you find this understanding?
- ? Why are there two different spiritual directions?
- ? What are the three spiritual sources of humanity and what creates them?
- ? What are the three worlds (upper, middle, and lower) the shamans talk about?
- ? Why does life appear to go in cycles?
- ? What is a Soul Group?
- ? Does God have a counterpart or equal?

- ? What are spiritual Orbs?
- ? What is a Channeler or a Mystic and how does shamanism work?
- ? What is the difference between an OBE and Remote Viewing?
- ? How is DNA connected to a spiritual past?
- ? Who is right, the Creationists or the Darwinians?

The questions never end, but there are answers to them all, and to those not listed here.

The Schematic of God

From the Beginning

 ${f I}$ will try to keep this as straightforward as possible. My goal is to allow the casual reader as well as those that need to know "it all" the opportunity to understand, at whatever level they deem important. The understandings here come from a lifetime of contact and personal memory of the nonphysical world. It is in the nonphysical world that all information and knowledge is imported into this physical reality via our consciousness to the physical being. It is the uninitiated and the unaware that do not recognise this property. I will have much more to say about this later and how to become initiated. To make the work more palatable for people, I have divided the book into double chapters. The first part of each chapter is a basic overview of the understanding. The second part called "Further", is the same chapter but much more involved. I have designed it this way so that those wanting to read the book without becoming overridden with too much information can still have the opportunity to finish the understanding. One further note before I begin; This chapter can be a difficult read for some and for others they will have no problem. If you are finding it difficult it is just this chapter for I 'm attempting to define what is not definable. Describing "All That Is" or God is not something that translates well. This understanding is not just restricted to 3rd dimensional earth or human forms. There are many dimensions that have no idea of higher levels of creative abilities. For those finding it difficult, you will absorb what you need. It will be understood later when you are ready for the information.

Journeying to extremely high vibratory levels is an experience more than something that can be explained.

The entire universe is but a small part of an ever-increasing expansion of consciousness. This consciousness has been in existence in levels and understandings far greater than the human mind can possibly comprehend. The only way to translate this level, in this reality is by connecting to our highest level, and integrating into it in human form. We as humans with our consciousness can extend in both directions of spirituality and are thus capable of connecting to all other levels. As we raise or lower our vibration we ascend or descend into the other realms of consciousness. For simplicity, I will deal briefly here with one direction at a time and will expand on the differences in directions further on. This material will stand as the beginning of a new conscious expanded form of exploration. This material is not meant to change anyone's mind. It is not to argue a point, nor is it here to prove itself, for this is almost impossible at this expanded level. It seeks not to create a new religion or to contradict any existing one. In fact it can be used to expand all beliefs and faiths. If you are the type that needs proof then you will have to do the work yourself, I will in later chapters offer help with this. This material is here as a template, a blueprint of how the universe and spirituality (consciousness) is constructed. This material is for the next generation of scientist or truth seeker. I do not expect the current scientific mind to have the ability to surrender its beliefs and stringent lessons far enough from the "box" to understand and accept this material. I also recognise that there are those here now, in this reality, that are ready to grow. They are the reason this material is being brought forward. People's opinions cannot be changed nor is it my position to try. I will not interfere in anyone's beliefs or process, so with that in mind there is no expectation associated with this material. For the ones that need or want to grow this will be a guide for them.

There is much work to be accomplished with this material after my part is complete. This information will have to be applied and experimented with so the new sciences of the future can unfold. I will start with this physical universe and the power that created it. There are other "major universes" that are larger than this one but that will have to wait until the basics are understood in this part of the book.

The consciousness that created this universe was itself a product of an even greater consciousness. This present universal consciousness unfolded from this larger source of consciousness and both can be referred to as "God" or "All That Exists". There are many levels of God and this will be expanded on later in the book. As I have mentioned, I will for now only deal with this known physical universe and the creation of it.

In very simplistic terms this consciousness, God, entry into this dimensional "unfoldment" (known universe) created an "explosion" or mass spark of energy. This magnitude of energy was possible because the region that it originated from is much more vast and much more encompassing than that this (our) universe. The impetus that created the expansion into this reality was driven as all consciousness is, by desire to know oneself. The one and only true definition of consciousness is; "to know and recognise oneself". The only way to accomplish this need to know is to expand within and out of oneself. To begin with (this is what I was shown) this God aspect started like all consciousness does, in a new creation of itself. It started this way for our universe and continues to this day with new consciousness being created. This similar template is adhered to because it is all the same source and design.

Again, in a very a basic description, void becomes "non-void" or conscious of itself. I was shown that this conscious aspect flips back and forth from void or nonexistence into being in existence. The diagram below was what I saw, shown to help me understand the process. There is no fear of becoming nonexistent for fear does not exist at this level. In other words this initial consciousness is flipping from a "death" into being, back and forth until that level is understood.



As consciousness expands inward it also expands outward in an equal balanced state. This expansion is meaningless unless there is comparison with something. If nothing else exists, then one end of the expansion must meet the other end to be able to compare. This can only be accomplished in a circular motion, for two equal and opposite directional flows would continue into infinity and not meet. It is in the completion of the two directions that true knowledge and understanding of oneself becomes apparent. This happens on all levels from "God" level to our daily lives.

Just stop for a minute and contemplate that you are a singular point of consciousness, existing in a totally new reality or environment. You are a new being one of realisation, of awareness, but with nothing to be aware of. You are the power and the creative force that encompasses, and is an uncreated reality. You are all and yet self-contained in this nothingness. In self-containment and in encompassing all, you are by virtue everything you are "All That Is"! You are aware of inner reflection (expansion inward) and you are aware of your expansive displacement (outward expressional expansion), all this for comparison. It is in the comparison of inner awareness and outer expansiveness that duality is birthed. Duality is not defined as negative or positive. These human descriptions and are too loaded with misunderstandings to be used here. Duality is defined as two forces moving in opposite directions that need to compare with each other to validate their existence as the same, but different. To accomplish this, a circular motion is needed by virtue of flow alone. In the third dimension this would be accomplished with space and time for this gives perspective in dimension.

At source power no space or time exists, thus only flow is apparent. Flow can be also described as evolution and growth, comparison to the other directional movement. It is in evolution or growth, that expansion is, "Self-in Flow" and thus understanding of oneself. This flow and expansion is not mono driven for it would be all over at the time of the first completed cycle. The cycles continue after the first understanding, growing on this first understanding and thus creating need to experience it again. The second experience will always be different because the energy of the first has been added to. This cycle too, completes itself, and is added to the whole. More cycles start and they precipitate on one another, as evolution becomes the process at hand. As flow becomes cyclic, it too expanses into more expanded states of self. This flow expands outward and inward into a realm that does not have the restriction of space. Space is a human perception and is not a restriction at this level. With different recognition's of self, the cycle is too completed. Expanding outward and inward to form larger and smaller cycles of completion.



Remember at this level there is no space so inward also "expands" in its direction. If you observed this process, in this dimension you would say that its expansion inward is becoming smaller. To you this creation inward would appear to become so small that it would not be visible to your "eyes". In reality, its direction is exceeding your capacity to see that microscopic of a level in a conscious way. As an observer you would say it disappeared, or in other words it has left your dimension.

Outward flow would be the same in a three-dimensional perspective. It too would become so large that it would not be recognised in its entirety and thus exceed your sights capacity. This cyclic reunion of different levels of conscious growth are what we call dimensions. They are not random in size or order for they perpetuate one another in a doubling of their growth. Very similar to a cell dividing, it does not divide into one and half of itself but rather it replicates itself twice over or in a mirrored size.

This doubling of consciousness forms a recognisable pattern. A pattern that gives rise to many dimensions of equal size clustered together in even spaced rows and stacks. All of this in their scale or "size", each scale being relevant to its vibration.



If we could see the sheer size of this flow we would witness a pattern in a grid like structure. This grid like pattern of equal lines of creation expands in all directions of space. It expands forward and behind, above and below us, creating junctions as each line cross over one another in time and space. To see it in its form we would say it is a grid because it is in all directions. It is actually a grid of separate cubes that are all stacked on top of each other in a seemingly endless array of cube shaped energetic forms.



These grid lines, or cube edges are less in size than any known subatomic particle. They are the "Super Strings" that science is trying to grasp. It is in essence, an almost non-existent line of energy that because of its origins, has a size that doesn't really exist at all. This is because its true source as you will recall comes from outside this universe. This level of God energy originated beyond this level and this recognized universe.



This energetic form is not static for it moves and flows. After all, that is how this creation originally arose, from movement and flow, for flow is growth and growth is evolution. This flow can be described as an aspect of God or "All That Is". It is pure thought in flow, pure movement in thought. Because of its very source, it knows no boundary or restriction. In measurement it doesn't exist for you cannot measure consciousness nor can you measure what does not originate from this reality. It does however permeate space and time though virtue of boundless awareness. For this reason alone, it is a shape and a form that is the basic construction or foundation of all that can grow from it.

As these "flow lines" or filaments of God intersect with each other (corners of the cubes) they form composites of their common association to each other. This association is a result of common vibration but of different flavors of this vibration. This is because each line has journeyed from an opposite dimensional direction. All lines in a cube have originated and have associations with the other directions.



As the lines have journeyed from opposite different direction; each cube is a collection of different, but similar vibrations. It is in this difference of exchanging energies that create turbulence. This turbulence combines to create the structure of the sphere or the balanced state of all the corners of the cube. Although the corners of the cube turbulence create the sphere, the sphere also creates the cube by supporting the flow of energy (see prior page diagram). Neither is independent of the other, for they are a complete system of Source Energy, one cannot exist without the other. (note: at some levels the spheres or orbs can exist without the cube as a structural support.)

As expansion continues, new experiences of flow and depth of flow are gathered. Expanding inward as well as outward, different experiences of their flow are gathered to create different expressions of cubes. Thus duality of movement continues to create in all directions. Without comparison, evolution is not recognised nor could it be completely understood. As cubes expand, they too reach a point that the difference between these "new energy experienced cubes" become too unique for them to exist in the same vibration with the other "originator cubes". It is at this level or originality that a new structure is formed. This is due to the fact there is little in common with their source structure in comparison with the "originators". This shift or difference does as all shifts do, create a complete jump. There is no gradual shift, for if there were, "all" would not be different, and would find itself back to an original state of singularity. The "jumps" or shifts are always in a proportionate shift or harmonic scale. This creates cubes inside cubes inside cubes. All forming a pattern or fabric called space and dimension. Occupying all that exists and expanding into that which does not exist as of yet. The sphere flow has a movement that is just as cyclic as the directional flow of the grid energy. This sphere flow or movement also cycles into replicated form, of scaled reproduction of itself. Like the cube, the sphere has no randomness being partnered to it, as it follows the movement and scaling with the cube. This difference in scale is referred to as frequency or harmonic scaling. Thus harmonic vibration is God flowing energy. Nothing is more powerful than this and nothing can be created without this action or signature

from origin. The very "beginning flow" or harmonic is the power and the father/mother of all that rises from it.

Due to its origin and its connection to the larger outside source power, its creative force is totally unlimited in this environment we call the "Universe". In orderly fashion, harmonics scale into existence providing flow patterns that express themselves in all directions. As energy or harmonic flow goes inward it becomes finer and appears smaller. This finer vibration is referred to as a higher vibration than the outward expanding one, which appears to be a slower vibration. The outward expansion appears slower because of the very nature of expansion as compared to contraction. In actuality the movement is at the same rate or speed but the perception is different from our view. (I will speak more on this later.) Do not try to visualise the part that describes inward flow and expansion in a no space or time concept for it will be confusing. To truly understand it must be felt with your inner consciousness, feel with recognition. This is your inner knowing or inner sight and it will help you to understand, allow it to sink in. Try not using too much intellect in the process. To talk about no time and space to a physical entity is not easily translatable. Simply talking about no time, contracts the word time, for time is the lineal sequence of events. How can you say that everything is going on at once? The truth is that everything is happening at once for it is just a matter of perception, in reference to one's choice, in the flavor of their creation.

There is one more part of this subject I must mention, and will try to repeat it as a reminder throughout the book. I will be referencing to harmonics as the driving creative force of the physical universe. Although this is true, it is not a complete statement. Like electricity and magnetism it too is just a physical three-dimensional creative event. All three of these energies have much higher level sources and expressions. As the energy filters down into each dimension it is the environment of each dimension that translates it. On earth in the 3rd dimension
electricity is seen as such. In another dimension or vibratory level it could be just as easily translated and witnessed as magnetism. (There is a reason for this but it will wait until further into the book.) Harmonics translate here in the 3rd as sound and vibration, on higher dimensional levels it is much more. I will refer to harmonics as the source power in this physical dimension simply because it can be "followed back" as a complete translated energy from Source Power.

The entire universe is composed of harmonic patterns. The basic pattern is the cube and the flow that creates the cube is cyclic in form, at which time it is called the sphere. This cyclic movement is the completion of the two projected expressions. Thus the sphere and the cube are one by nature, forming each other, and supporting each other in existence.



Start by picturing the grid or cube pattern with spheres occupying the centers. This again is still the basic structure of "All That Is". This entire universe is constructed with this basic "Completion in Movement" form. From our perspective, it ranges from the most microscopic levels to the universe as a whole (one) structure. For the entire universe will be in this basic cube and sphere form as well. As above, so below, the pattern it always replicated and this is also true to our universe for it too is but one of many similar sized creations in its grid. All harmonic flavors or energetic strengths have their own structural differences. Structural differences are different dimensions regardless of size. In every pattern there are larger and smaller identical structures and these too are different dimensions. This is how the same structure can exist in the same space and time without interfering with each other. All that is needed is a slight variant or difference in strength or a harmonic vibration to separate one from the other.

In the case of the cube structure, there are cubes within the cubes, within cubes and so on. In the same level or dimensional harmonic, there are also parallel structural dimensions that are not of the same shape.

To understand more of this, let me place you inside one of these cube structures. This cube is adjacent to another cube of equal size and similar vibrational state. You are at one of the edges or walls of your cube structure and another person is in the adjacent cube near its boundary. The boundary as I mentioned, is of source power and thus in the highest vibratory state. By virtue of this higher state or vibration it separates the two of you in such a way that you cannot pass or see through this energy wall. That is unless you moved into the vibratory state that the walls have. It is at this point that you would have the "power" to see in all directions and throughout "All That Is". For at that level you are "All That Is" at this particular dimensional level. This is not impossible for we all have this ability. There are many levels of cubes in this structure. Each cube has its own specific signature vibration, regardless of its position. Matching the cube separating edges (dimensional walls) is the process of transcending dimensionaly and the capacity to travel outside our reality. For true transparency is not about seeing through something, it is about moving through something. Movement (as you recall) is flow or vibration, and to do this we need to match the vibrational level or state of something to become it. In the case of "All That Is", this requires a state of balance. The more balanced we are the more we will vibrate towards perfect source

power and thus become source power. Complete balance is the state of vibrating as Source Power does. It is at this level that Source Power completes itself. It is in completion that balance is a state of two vibratory flows that cancel each other out by recognition and fulfillment of purpose. It can be compared to the preverbal negative charge that connects to the equal positive charge canceling each other out in a balance of each other. This is the ambition of every consciousness that exist, to find balance and unite or to become part of the original balanced state of "All That Is". In this union of balance, all is understood, and is revealed by virtue of becoming "All That Is". There is no separation or need for individuality at this point for we become individual in a universal reality.

From The Beginning - Further

Unified Multidimensional Consciousness

Consciousness is the prime catalyst. Awareness of process gives consciousness more ability and creative force.

As we expand consciousness we lessen our density.

If you wonder why I shift back and forth between God and "All That Is", it's because I do not like titles, for they conjure up cultural definitions. I have found there is little in this modern cultural belief system that is accurate enough to describe "All That Is". That is, without having someone define it in the way they might have learned in Sunday School or elsewhere. This book is not about repeating these lessons, it is about expanding the human awareness of Source Power. (If this flipping back and forth bothers you just substitute the phrase that fits you the best.) This book is not meant to change your beliefs, but rather to expand on what you already know. In every culture past or present there is a truth in every understanding.

The chapters are divided in a second part mainly to give those that need more information a chance to learn. Some of these "Further" chapters are more technical while others are more experiential and instructive. In this chapter the experience may be more than necessary for some, while others will run with the information and apply it to their practices. This book is a guide and there are many different people that will use the information. It is up to the readers to decide what is relevant to their own needs.

As previously stated, there was one "creator" consciousness that designed this known universe. We as humans understand some of the physical universe but in an extremely limited nature. As we look into the heavens and see stars and galaxies we are not aware that what we see is not what is happening. We think that we live in the same environment or one physical universe without realising that we are actually viewing many similar "small universes", beside other small "universes", all in this present known one universe. I will explain this further in other chapters when we explore how everything is divided into its "parcel" the cube-sphere. As mentioned in the prior chapter, this God expression originated from another level of creative energy. I'm not attempting to degrade the concept of God here, but rather show how much more expansive this entity really is. This universe is but one part of another cube-sphere universal aspect, for there is no end or beginning, simply because it continues to cycle into itself, at the same time expanding from the experience. I understand you may think if this, our universal God expression, is but a spawned off aspect of a greater one, then is this one just an insignificant force? The answer is no for it does not work that way. Later in the book I will explain more about these levels but understand for now that it is just a matter of where you stop in your definition of God!

There is a perfect example on a smaller scale, and it is you, yourself. You are but one focused level of a greater self. In a higher state of vibration unseen by us is another higher vibrational self. An entity many times more expansive than our current physical forms. This is so because of its higher vibratory dimensional level or environment, which allows its form to be supported. Above this level is another level much more expansive and powerful. This continues on and on until it is not recognisable as having anything to do with the human creation. This is not to say that it is not connected, for it is. It is to say that definition can only go so far until it is something else. When does steam become water only to become ice, which as we know is composed of hydrogen and oxygen? You see it is all connected but our scientists would say water is water and oxygen is oxygen.

As I have mentioned in the beginning of this chapter, vibration is the key and like different musical notes, it is different in frequency from one another. Vibration is frequency, and changes from one level to another in a complete shift. Harmonic scaling is a series of shifts and not a transitional movement of one into the other. If you looked at a piano the scales on the left end are very deep and heavy in vibration. This piano also has groups of notes that are similar in vibration called octaves. The keys of the piano compliment each other but are of different frequencies and groups. The right high side of the piano has notes that are still variants of the left end but in different scale.

Understand that I'm separating God not in importance, but in level of scaled focus. The connection is always there but in different forms of awareness. I have personally, in an out of body experience, travelled and communicated to the higher aspects of myself. (After all, that is where this information is coming from.) I am able to visit two levels up to find the gap between this aspect, the higher part is so stretched that very little direct communication takes place. It is at that level, more energy transference takes place and just knowing without communication is the order at hand. Going beyond this second level is still easy but the ability of this level of human consciousness has little capacity to translate, other than colors and moving energy. I have found out through my journeys, methods around the limitations of visiting higher vibratory states. One of the best ways is to take "ambassadors" with you, or in actuality, tag along for the ride with them.

This "ambassador" method is mainly for those that have had practice in connecting to their higher aspects. If you are very

experienced with spirituality and OBE's, the best method I have found is to solicit higher aspects of yourself. It is imperative that they be higher aspects of your soul group. If working with the named "ascended masters", "archangels" or any other such titled entities, the translation will be distorted because of the "nonresonating" purity of the energy between the two sources. If you are aware of how to connect to deeper aspects of yourself and have had practice with OBE journeys, then it is just a matter of putting the two together.

The method I used in my journey to the edge, and beyond this universe, was first connecting to the second vibrational level of myself. Experiencing this stage in the higher vibratory states was the last level of my vibration that is translatable, in human understandings. After connecting to this level, it was just a matter of stating my intentions. I asked if I could experience the highest vibratory level possible. The experience was much different than a typical or defined journey. With their help I was moving at a speed that cannot be determined. On this journey, I witnessed bursting through many "walls" of energy (dimensional spheres). It took only a matter of moments to travel through approximately 10 to 12 levels to this journey's end. It became one of the strangest and yet most interesting experiences of my life. The last "wall" or sphere that we left was much thicker and different from the other thinner dimensional walls we had just travelled though. I can speak for the higher aspects of me during this journey simply because they are me (I will explain this is the Soul Chapter).

What took place, was my three levels of consciousness, found themselves in total awe and somewhat taken back (to the level of shock) by the difference in vibration and energy. We were just outside the wall or sphere of this known universe. There was a pause by the three of us, the other two higher levels were there as confused as I. Although I did not have a direct visual of them I could feel them and their surprise by it all. We had journeyed outside the "Source Power" sphere. This placed us into a larger

sphere that would be part of a larger aspect, of what we would call God or the creative force of this universe. To do this type of journey I needed all the appropriate levels of guides. As we went through this major veil-wall, we hovered just outside of it, not able to recognise anything, including the energy. I could detect that all three levels of me were in an environment that was not definable by anyone of my three levels. I cannot tell you what was in the thoughts of the other levels or how much of a difference it was for each individual level's perception. I can say that I was way over my head at that point. It was absolutely amazing to know that this other, higher universe, was so different of an environment (in feeling). What was also amazing to me was the fact that the higher levels of me were just as disoriented and had difficulty translating it. The experience was valuable for having entered this environment meant absorbing some of the vibration for translation. I was not able to hold this vibration, for I would have to be of that vibration to carry it for any period of time. I experienced, for this brief moment, enough to start me on a larger quest. What came from the experience was information of how the other levels of creator perceive. This is part of what was downloaded into me at the time;

God expressions in this universe (physical and nonphysical) are, **<u>Time, Space, and Exchange</u>**. In this triad of titles are:

Exchange: being defined as having the capacity to observe in knowing it all at once with no limitations to "Consciousness". Consciousness in this level is defined as having limitations that are relevant to "<u>its</u>" environment or its dimension. The third expression that creates "God" to be "All That Is" sees, understands, transverses, and creates in all the different universes at once or in singularity. Being capable of connecting to and knowing all realities in <u>one thought</u>. It is completely aware of all its parts, in all levels, and size. Defining God, as in respect to this universe, would have the same properties and power as any higher level but its creative "level or encompassing sphere".

Consciousness is perception, and perception defines the level of conscious awareness. In our human level of awareness we can stretch to understand "no time" and "no space". To work within this awareness, in all levels at once and still preserve awareness would be beyond human ability. To put it into perspective great civilisations like the Maya only saw and understood two levels of God. To them God was the giver of "movement and measure" or "time and space". To them, without clocks, there was only the movement of the heavenly bodies to pace out existence. After all, movement is time and measurement is space.

Every universe has its highest level of consciousness. This could be referred to as the God or driving force that created that level or universe. Many universes, many levels of God, all being a part of the overlaying expression that created it. The reasons for different levels of universes are in the same respects, the reasons for all the different flavors of spirituality. This reason being to understand and explore all expressions of itself and the knowledge that can be gleaned from this. In other words, all these universes do eventually collapse into the core energy, creating completeness, and amalgamating all the energy of selfexperience. Did this already happen, is it taking place now, or in the future, or is it both, we will never know. Simply because we are not capable of understanding. As humans there is essentially only one thing that matters, we are aware and are conscious of it!

Harmonics and the Grid

The one thing that is consistent in "All", is that laws of nature are observed on all dimensional scales. From the largest galaxy to the smallest particle, the same rules apply. The expressions "as above so below" and "micro - macro" have never been truer. In my mind the most valuable scientific work ever done is the work that Hans Jenny did in the 1960s. His work outlined the basis of all structures in this reality, but no one in the scientific field has picked up on this. All fields of science could benefit if only awareness to harmonic structure was adhered to.

In a summary, the field of Cymatics is the study of wave phenomena. It is a field of science pioneered by Swiss medical doctor and natural scientist, Hans Jenny (1904 - 1972). Dr. Jenny's writings are pure "left brain" science with many of his experiments using simple substances like sand, common liquids, and powders placed on a metal plate. The plate was attached to an oscillator. A frequency generator controlled the oscillator, which was capable of producing a broad range of vibrations. Almost all the photographs shown in this book have been taken using the Schlieren method. In this method, the light is projected from underneath and passes through the liquid and the camera looks down on the process taking place therein. By adjusting the length of the lenses they can observe the phenomena at various focal planes within the vibrating liquid. At first, a drop of water is excited by sound and concentric rings are formed (see photo on next page).



If they increase the same tone, there is an abrupt change and a quite different pattern emerges. The configuration is entirely different. If there are not any changes in the experimental conditions, the phenomenon persists. If the volume of the sound is increased, then another configuration appears. The transitions are always abrupt. In this way it is possible to obtain a whole series of structural patterns by keeping the exciting tone (the frequency) unchanged and varying the volume (amplitude). Below is a series of vibration activated mercury. Figure "1" was excited by a frequency of 150 cps and figure "2" at 300 cps. A figure (triangle, hexagonal) is already apparent in figure "3". At the same time, currents become evident in the drop, often in the form of twin vortices.



The experiments were performed with the most varied materials (ether, alcohol, water, benzene, turpentine, paraffin, egg white, etc.). In principle the same basic processes take place whatever the material involved, although, of course, individual factors vary the phenomena. In the experiments presented, only audible frequencies are used. This is important to remember for the subject of this chapter is about vibration and harmonics. Cosmic or vibration of Source Power (All That Is) is too high and multidimensional to be totally represented in the photos. As said in an earlier chapter, the source vibration of God is expressed in this dimension as sound or vibration. On higher dimensional levels it would be closer to actual structure. In this reality, using Jenny's work, we can still see a part of this whole. His work gives us a "peek hole" into what source power actually looks like, in a structural context.

The work done by Hans Jenny can be seen in his book "Cymatics" (ISBN 1-888-13807-6). These pictures presented are actual harmonic images of what sound looks like. Sound is not a wave or some singular little snake bouncing up and down through the airwaves (an image we have because of the limited design of the oscilloscope). Sound is three-dimensional in shape and has form that can clearly be seen in these pictures. The sound wave that science refers to is merely a slice of sound created artificially by projecting an electron beam through a vertical and horizontal set of plates onto a florescent screen. The results of this type of analysis are just one small part of what is actually there. It is the science version of sound that measures amplitude and strength. The amount of research that science needs to do in this field is endless but it is the answer to understanding their proverbial "Theory of Everything".

Follow me through the basics and draw your own conclusions. Even in a curricular chamber excited with vibration you get cube or square forms appearing. On the following page is the typical sequence that you would see, in the basic structure is the quadratic lattice "#1". This lattice is the basic harmonic structure of source power and is the foundation of the physical universe. The two directions of God.



In the above experimental series, you can see that all the figures have different patterns, yet all are common in frequency. While the same frequency (the same tone) is maintained, these structures emerge abruptly one after the other with increasing amplitude, and in some instances the patterns are quite different (bilaterally symmetrical, tetrogonal, pentagonal). If the amplitude is increased still further, mild turbulence is set up and disrupts the picture "4". All the harmonic vibration patterns shown have come about as a result of this abrupt change. This proves that nature follows a set of laws and that nature really does make leaps. Remember these patterns do not flow into one another. They are complete in their vibratory state and pattern.

In sacred geometry and other disciplines the cube and sphere are the basic shapes that form all creation. In the photo on the following page (an actual harmonic structure of nature using the Schlieren method) you can clearly see the grid structure that is nothing more on the surface than a series of smaller harmonic structures in a row. This row aspect is what creates the shape of the universal grid.



Hans Jenny also found out that the pattern replicates itself into a mathematically smaller sequence. (see picture below) In this picture from left to right is a magnified look at the same structure's corners. When placed under a microscope, smaller and smaller patterns appear with magnification. The edges of the pattern support the structure but the edge is also the grid line.



Now that we have established the grid as the basic foundation, we can see that these grids are actually composed of threedimensional structures. They have width, length, and thickness or depth for they are a series of cubes in line. Below is more of Hans Jenny's work showing a water drop that is being excited by vibration. Note the cube shape with a protrusion coming from the center "2". This is the third-dimensional direction or depth forming into its cube pattern.



Below is the continuation of this element with soap added to the water in "2-3" so the harmonic can expand into its actual threedimensional structure.



In this grid/cube are two opposing directional flows of energy that create the cube and the series of cubes called the matrix or grid. These two opposite flows of energy are created so that balance is achieved at all times. Without balance no structure will endure very long. In Hans Jenny's work this can be seen in the pictures below represented again by natures flow of particles excited by vibration.



In this above picture you can see in "1" the two directions of flow. Looking on end "1a" you would see the spiraling effect that they have in opposite directions of each other. Everything is in balance in the natural world or it would fall away quickly. So four directions are in opposites, back and forth and spinning clockwise and counterclockwise and thus capable of creating a four-sided cube. In "2" you can also see the energy on end and with the magnification an exchange of energy (shown with the particles "c") helps in the separation and the connection at the same time. This exchange area "c" is the veil or "wall" that is created between the grid wires or lines of energy "a" and "b". This "wall" doesn't belong to either structure, but is the boundary forming the structures. Thus it becomes a wall of transference energy or an interference boundary. This interference is what separates the structures from one another. To go through a dimensional wall you would need both energies, the energy signature of "a" and that of "b". It is at that point you can be in common with all the aspects of that "wall" or veil "c" and thus pass through. It is that simple, but in any dimensional wall breach you would have to have the vibration of both "worlds". A multidimensional personality or an artificially generated device can only accomplish this.

The opposite, but totally independent supporting structure of the cube, is the sphere. Every cube of any size will have a sphere as part of the whole structure. One supports the other in a symbiotic co-creation that will always resonate with other vibratory structures of the same size and vibration to create the grid.



Again, the best way to show the structure of the sphere is to give examples that are found in nature. There are more harmonic images that Hans Jenny photographed many years ago, and are a classic example of this structure.



In "1" the orb is still in early stages of forming, with "2" being fully formed. Number "3" is a magnified view of this "1" center energy showing how it wraps around itself as two opposing energies meeting in the center of the orb. Below is a magnified

picture of the complete orb (or at least a two-dimensional slice of one). You can see that it too is composed of four smaller orbs that in this picture appear as separate chambers. Understand that this is the best that our technology has provided. If this medium were not being held in a container and allowed to free float without restriction you would have the perfect orb. If this structure continued beyond what this technology can provide, you would be able to see the same results as with the cubes. There will be larger orbs with smaller ones inside and in them smaller ones again and so on.



The sphere has the same properties of alignment in sequence as the cubes, after all, it is one and the same. I have personally seen this orb alignment in an out of body journey. These orbs were all lined up as far as my vision could perceive. On the next page is a drawing of what I saw, but remember it is a perspective of only that part of the grid structure. I'm not describing a new structure but only one focused level of the whole structure. In this same journey I was also shown how they group together or collect together from energetic input.



I will take a break here from the basics to show how some of this is fitting into the past as well as the present. It is important to understand the basics before going on to the relevant and creative parts of this information. I have not been alone in this field of research for others also understood it thousands of years ago. I, as well as others, have seen the diamond shape and cube shape aspect of this same structure. Based on archeological evidence these structures and dimensional levels have been witnessed by humans for over 70,000 years. What has to be realized here is that different people's consciousness will perceive different layers of the same structure. This is due to resonate tuning or their own conscious vibrational frequency meshing with the layer's frequency. If your consciousness were flexible enough you would see this whole structure in its many different configurations. As we progress through this book, I will break this down and show how this all fits together. Below is a diagram from one of the world's best at Out Of Body Experiences (OBE's) Robert Bruce. This is a very typical vision of the dimensional grid as you fly over it in an Out of Body State. These diagrams are from his book "Astral Dynamics" and is in my opinion the best book to purchase if you want to learn this ability. This is how Robert Bruce describes his journey into the layer just above the physical called the Astral Level:

"Each astral plane appears two-dimensional when its surface is approached. However, a fully three-dimensional environment is experienced when it is penetrated. The atmosphere above the plane, surrounding the projector, is faintly color-tinted, as if consisting of thin vapour radiating from the astral plane's surface. This color-tint is not apparent when looking directly down upon the surface, but can be seen misting all horizons. The corners of each square contain small but distinct dots and splashes of color that look like yellow, green, orange, and red paint. Each of these appears to be an entry point into a specific internal realm or kingdom."



In the above diagrams you can see Robert's artistic version of this grid structure. His drawing shown in "A" is a more detailed harmonic center of this structure and can be demonstrated in a close approximation in one of Jenny's images shown in "B". Understand that they are not the same vibration and thus will be different in shape but you can see the flower depth and complexity of both of these images. With this description remember that color is a specific vibratory level.

On the next page are some images from our past. The images are from shamans and mystics ranging from 77,000 years ago from South Africa on the left to a few thousand years ago on the right. They are maps or experiences that these people had in their journeying out of body into the grid. In their journeys they saw this grid and were impressed enough to take the time to record it on stone. They could also be maps for apprentices to follow. There are so many of these images from all corners of this world that I could fill a book with them. I have picked a few to show you their common ground with my teachings.



Unknowledgeable archeologists ponder what these ancient images represent but it is just a matter of not being interested enough to do the real work. It is much easier to sit back and describe these pictographs as fertility or astronomical charts. To really find out what were on the minds of the artists, you would have to have the same tools as they did. This means being trained in the shamanic practice and having many years of experience with this tool. One of the best researchers in this field is a practicing shaman and anthropologist by the name of Dr. Hank Wesselman. He has experienced these states and writes about them in his books. From his book "Vision Seeker" he describes the grid in one of his journeys:

"A sense of movement began, and I found myself ascending rapidly, rising along a luminous fiber through a long series of nested curves or arcs of light that converged towards a brilliant body of enormous size at the zenith of the sky. As I looked toward it, my vision seemed to darken, and its luminosity deepened into a rich golden-orange hue. My attention shifted away from the beautiful misty-golden field. All around me were other fibers or lines of light, whizzing by. I was traveling through the grid, along the aka web." He goes on to say: "Far above me and slightly to one side, I perceived a shape that was roughly circular. It looked both reflective and opaque at the same time, constantly shifting back and forth between one state and the other. I noted that the fiber I was following was headed right for it. As I began to move across a bright, misty region, it seemed to resolve itself into units- into uncountable numbers of lights, looking somewhat like tiny, glowing bubbles or globes. As I got closer, each took on the appearance of an elliptical milky orb within which a brilliant "X" or cross formed a denser, central core. My perception abruptly shifted, and the plan appeared to me like a great matrix composed of endless numbers of luminous bubbles, each enclosing a neon cross, all fitted together intro a definite, composite whole, like endless cluster of tiny grapes."

On the following page is another shamanic pictograph (shown in white) from Canada, I have super imposed it over the R. Bruce diagram. The pictograph shows a shaman hovering over this grid. Note the outline of two top parts of squares and center orbs, in comparison to Bruce's diagram. The artist-shaman even shows the corner aspects of those Bruce details. For those familiar with the Out of Body experience the line extending from his face is known as the "Silver Cord". The other line at the top is a 53-degree angle that is extremely important to this book and will be discussed. For now, all I will say is that this shaman was using an ascending angle of 53-degrees to get were he wanted to go.



One last picture before going on with the basics. The picture below is an actual spiritual orb caught by my camera in a B.C. forest. No, it is not an insect, dust, or an optical reflection. The blue color is the actual color and is significant to its spiritual level. In the box marked "A" is a magnified perspective with the color changed to show off the curvature.



The picture below is another Jenny harmonic image showing the cube structure forming in layers. This picture provides a great opportunity to see at the harmonic's edge how this structure is manifested as the vibration comes into completeness.



In the above picture you can see the edge of a harmonic stack with the different layers of cube/sphere structures "A". Arrow "B" shows the basic outline of the square and circle profile. Using this harmonic image as a guide for explanation both the cube and sphere represent two spiritual directional aspects of "All That Is". The cube or straight line is the lower vibratory state, with the sphere or spiral being the higher vibratory state in this physical dimension. But it is in the corners of the two that the actual physical world manifests (above photo "C"). These corners were outlined in Robert Bruce's diagram as well as in the shaman's pictograph. The balanced state of the lowest and the highest vibration exchange energies in these corners creating a shift into the physical, and a shift leading out of the physical dimension.



Both movements of "All That Is" are shown and accomplished in the grid structure of cubes and their inner spheres. The cube is created out of a straight line of energy from "All That Is". The sphere is created out of the curricular energy flow or a spiral flow. So the spiral is an incomplete sphere. This is important to remember for we will be examining the spiral's importance later.

The spiral is an incomplete sphere just as the lattice form is an incomplete series of cubes. Spirals and lattice have individuality, which they lose by voidance in the oneness of sphere and cubes. The one centering axis or line of both spirals and lattice is the shaft upon which the dynamic universe rotates. On a universal level it is called the "Anisotropy Axis" or the axis between the constellation Aquila and the Sextans. All motion rotates and revolves upon centering shafts, and all shafts are two-way extensions of points which lead to and through centers of spheres.



In the above diagram, the horizontal lines represent the axis or grid lines of energy/harmonics. It is around these axis or lines of flow that the spirals circulate or spin off. This is shown in "A" with the two bottom inserted pictures being actual harmonic photos of both sides on overhead angles. In "B" the spirals come to completion at the next grid line (remember these are edges of cubes) at which state they unite with opposite flowing spirals and create an interference of both energies. This combination of two incomplete flows of energy (spirals) create a sphere or the completion of a flow shown in "C". In "C" it is shown as two different colored spirals of energy, red and green. Opposed pairs of spirals gradually expand in centrifugal planes to meet at static equators to complete the unfolding half of a cycle. They then contact as the opposite of what they were to complete the other half. This contact happens at the grid line with structure alternating with dynamics creating structure out of interference.

The opposed pairs of spirals gradually expand through centrifuge at the grid line or plane (edge of cube structure) to form event horizons. Below shows a simple sequence for this action.



It is at the event horizons that the physical plane is generated. Below are examples of event horizons in nature. I'm sure you will recognize this with the planet Saturn shown on the next page.



Below are more examples from astronomy showing Saturn and actual galaxies that are demonstrating what is taking place. The bottom insert photo shoes what is called the "Warped Galaxy". It is not warped in the true sense but is just following the field of energetic flow or spiral energy of its harmonic structure. I have drawn a red spiral onto this photo insert to demonstrate this.



To drive this understanding home, I will show another collage of photos that clearly show the different planes of event horizons that are taking place. These events and planes are there regardless of being detectable by "our" physically oriented instruments. Astronomers claim that these are colliding galaxies. Human nature loves catastrophe, and gloom and doom scenarios! In these so-called doom galaxies there is no reason to believe that destruction is happening. In the physical universe, there are many variations of harmonic or vibratory states, with manifestations that are not necessarily compatible with one another. All that needs to happen to create in the same space is to be out of phase in vibration from one physical plane to the other. This happens everywhere in the universe and at the same time, in the same "space". This physical universe is not what we are actually witnessing or observing from our own "Orb" reality. When we look into the sky we perceive through our own "lens or solar orb" into other orb structures. These orb structures are part of our universe but are not part of our physical reality. This is why it is impossible for science and mathematics to calculate the 'known" universe. In our Solar Orb there is only our concept of time, and this has nothing to do with the rest of the universe. In fact we are in a different vibratory phase from the other systems in our own galaxy. This will be explained further into the work. It is very complicated but important to understand. Below to the right are two galaxies (the bottom one is NGC3314) that are inserted over the Saturn model.





There are too many pictures to show them all but that is direction to look if astronomy is to understand. The main thing to keep in mind is that we are not part of the universe in all strict senses of the physical understanding.



Above are more demonstrations of astronomical features replicating the work of this book. To the right is the Pink Nebula. You can clearly see the spiraling energetic lines of the vortex funnel shape. The appearance of brighter lines is a creation of an individual spiraling vortex crossing points of the two directional flows. The insert diagram at the bottom (prior page "B") is the current view of science of a galaxy or black hole structure. All galaxies have a "black and white hole" regardless of whether it can be detected with our instruments. In this picture "B" you can see an incomplete understanding and why there is no room for expansion. This is due to the limits of physical scientific instrumentation and current beliefs.

The picture below shows a horizontal plane, an event horizon within a galactic sphere (called the physical galaxy). If you look into a galaxy you can see it descends inward. Where does it go? If viewed from the side this and other galaxies appear to be thin and complete as a disk. This is because it is the physical plane and this is a plane that we as humans can perceive. It does not mean there is nothing else there, for most of the galaxy is outside our visual and instrumental range of detection. It ascends and descends onward into the band of the semi-physical.



The physical plane is shown in the prior pages diagram as "A". The galaxy is "B", "C" points to areas of physical that are just outside our instrumental and visual ranges. These areas are not

just energetic structures but house creation including life forms of different vibration.

Descending out of the heaven, this can still be demonstrated as the expressions "as above so below" and "micro - macro" have never been truer. In our past the Maya understood this and have shown it. In the artwork below is an example of this knowledge. Diagram "A" shows the vortex spiral shapes while "B" is getting a little ahead of things but I wanted to show the complete Mayan picture.



The Mayan Cosmos



Picture supplied by Crawford County Illinois Ghosthunters Society <u>http://www.crawfordcountyghosthunters.com/</u>copyrighted by Jason Snider

On the previous page, picture "1" is from the 1940's ruling out flash and digital issues. Pictures "2" and "3" are the same vortex but in "3" I have changed the color to highlight the cube aspects of the internal workings of the vortex. The basic cube structure is not changed but it is warped into a multitubular shape. The cube plane is bent into distorted tubes called vortices. From Robert Bruce's book "Astral Dynamics" comes a good description, this is from a person familiar with traveling nonphysical realms. This book is a must if you want to understand more on this subject.

He goes on to say:

"Projectors can perceive two basic types of structures when they enter the astral planes through their surfaces:

Astral Plane – Type Structure – a flat, two-dimensional plane of infinite proportions, usually first seen as if from a great height, with the plane surface seen below extending to all horizons. The surface is covered in thin, black, neatly spaced, horizontal and vertical lines, making for a neat, checkered appearance. These grid lines outline squares that cover the entire surface. Each square contains a single, identical multicolored geometric pattern, repeating endlessly in every other square.

Astral Tube – Type Structure – a more complex tunnel or tubelike structure, containing internal grid lines and geometric patterns, often brightly colored. The grid lines and patterns are internal, thus are not as easily viewed in their entirety as with the astral plane type of entrance structure. Projectors will often hear a rushing sound, musical notes, tones, and other sounds as they move through the astral tube. Moving through the tube usually produces a rushing sound; each exit point passed often produces a change in sound or tones and melodies or a series of complex musical notes. I further suggest the seeming differences in these structures are caused solely by the angle of approach, the energetic perception angle, used by different projectors. These different angles of approach show projectors completely different aspects of the very same astral entrance structure. The tube-type astral entrance structure can thus be thought of as something like a rolled-up astral plane-type entrance structure, but whether rolled up or unrolled it is one and the same thing, just perceived differently form different angles of perception."

The key word in his statement is "angles" for they will be the answer to all. Getting back to the above picture one can see in "4" two funnels of vortex energy passing though the same point of entrance. Each funnel of energy is going in an opposite direction to bring balance to the spot. In picture "5", I have applied a filter to the picture to highlight the edges of the internal and external funnel energies "A" and "B".

Below is one of the best examples of an energetic dimensional connection being captured on film.



These series of pictures were taken on the West Coast of Canada with the picture to the left "1" showing a distortion taking place in the left upper portion of the picture. These three pictures were cropped to show just the areas of interest. The camera angle has changed in this back to back series of pictures with "2" not showing the foggy distortion area but the tube energy is appearing. In "3", the distortion can still be seen as well as a

descending energetic vortex of energy. Below is the full picture with the woman's face being blotted out for anonymity.



The curved nature of the energetic flow is from an effect called ratcheting and I will expand on that much later. Ratcheting is the path traveled by energy from one state or level to another.

Although as far as structures go, the cube-grid is the glue that holds the physical universe together but it is the orb that allows creation to take place. When this spiraling conscious energy comes into completion it is called an orb. As you can imagine, this can be at an incredible small-scale to the largest or this universe's own orb. I know of people that can see semi-physical orbs smaller than a pinhead but the largest one that we as humans have detected is the Solar Orb. This orb is the sun's orb or the orb structure that surrounds the sun and the solar system that encompasses it. It is called the Orrt Cloud and has been recognized for sometime now. It is literally the edge of our solar system. Theorists cannot say why our solar system comes to such an abrupt end but the space capsule Pioneer has raised some disturbing results for science. Pioneer 10 is now about 75 astronomical units away from the sun, or 75 times the distance of the earth from the sun. When Pioneer was 5.2 billion miles away, it was knocked off course by a mysterious gravitation tug. At least that is the only thing conceivable in scientific ideology. Voyager 1 and 2 will also soon be venturing out of the Orrt cloud or heliosphere (shown on next page). It is currently believed that this bubble or heliosphere is created by the solar wind.

A quote from current science:

"Anomalous trajectory - the Doppler shift of radio signals bounced off the Pioneer 10 and 11 probes indicates the craft are decelerating, but no satisfactory explanation for their anomalous trajectories has yet been found".



These earth reality objects are simply reacting to their environment and in accordance following the laws of creative force. In fact they should continue on, although they are mysteriously slowing down. The problem is that they will curve with the Solar Orb's edge. I have much more to say about this but I need to continue with the basics first. It is only in understanding the basics that a clearer picture can be seen.

The orb itself is not a static structure but has a continuous flow of energy that supplies and preserves the structural integrity of the sphere itself.



These flows and their direction are important, and their place in our lives will be revealed as this work continues.
Harmonics and Grid - Further

Orb clustering is the act of creation, whether it is that of simple CU or EM units. In larger masses they still create formations that retain their basic orb shape. Below is an incredibly beautiful example of this information. I have seen and have been shown in Out of Body journeys this orb clustering or grouping. Most authentic pictures of orbs are singular suspended orbs. In 95% of the others they are very fast moving orbs that create a series of overlapping crescents. This is because it is just one orb moving faster than camera photo speed. In the picture below you can clearly see individual orbs and clusters at the same time. The pictures below are a composite of two separate pictures. They were forwarded to me so I have lost the source but they still provide a great example of the orb chain or clustering.



The orb structures that are created are extremely complex to the point that they cannot be readily shown in picture diagram form. This is obvious when you add into the formula multidimensional structures that occupy the same "space and time". The only way I can deal with this dilemma is to break it down into the simplest forms. Even in this simple form it becomes impossible, as I start to build up the complex structures that are associated with the more complicated vibrational fields. As I go on, visualizing all the structures together in one field, will be your greatest asset. I have been shown this material over a seven-year period and in states that allowed me to expand beyond just observation and twodimensional pictures.

Below is an actual harmonic orb created with Cymatics You can see the energy flow, and in this flow there are distinctive separate "chambers" being created, shown by the directional pattern.



Because this is a two-dimensional photo, what can't be seen is that there are actually eight chambers. This structure is threedimensional and spherical in shape. There are actually eight spheres in any one sphere itself, as shown in the example in the upper left corner of the picture.



In this cluster of eight orbs there is an affinity to their position in the structure and their individual energy profiles. They also pair off, so to speak, into balanced states and reflect dual natures of this position. This might not seem important right now, but it is crucial for understanding the larger picture that will come later in this book. I need to take this extra time to show this, so it is clear to all. Remember the orb and the cube are both part of one another. If you divide the orb into its clusters, they fit evenly in pairs. This division can be seen and demonstrated easily by dividing the cube into these proportions. Below is the division. This is also the divisional plane of the "event horizons" of the orb structure.



Each "plane", "lens", or "mirror" (as Walter Russell refers to it in his book "The Secret of Light") is a plane field boundary and is needed for the structure to remain in balance and in completion. As you can imagine these boundary planes also have connective energetic or vibrational differences. They are influenced not only by their inner reaction to one another, but also by the outer boundary connections to adjacent cube/orb structures. The picture is very complicated in energetic understanding, if you were to try to see it all at once.



I will come back to the planes later but for now I need to focus on and into the corners. It is in these corners where all physical reality exists and is created. In the diagram above you can see where the arrow is pointing. This pyramid shaped part is where creation phases down into a slower vibratory state due to its influence to grid vibration. This "condensation" of energy or vibration is a result of focused denser grid line encasement. As shown in the picture below, energy radiating from the center of the orb "thickens" as it nears the slower aspects or perimeters of the orb. It is in these focused areas that this energy becomes even more condensed into a slower state. Eventually creating different states of the semi-physical. As this energy slows and is focused into the grid line corners, it turns into the physical frequency that we are currently focused in. It becomes dense enough for our perception to pick up.



Remember this is not a two-dimensional structure but there are definite layers. These layers are the "notes" or dimensional levels of harmonic structure. As said prior, harmonic structures do not blend into one another. They shift or transform into a different structure once the vibration reaches a critical phase. There is a completely different structure created by the shift in frequency as shown in Hans Jenny's work. Below is a diagram that will help to see the relationship with other corners. The edges of the spheres are shown on the outer corners with the layering or banding in gray to black and the grid lines or cube edges in light gray. This layering will be referred to in this book as "Banding". When looking at all of this keep in mind that the sphere is an incomplete spiral. It is actually composed of four spiraling energies that quicken through centrifugal force at their apex or smaller end. This combination of four spiraling vortex energies focused into the center is what makes the sphere center the quickest in movement, thus a higher vibration.



If you put this into a three-dimensional structure what you get is a shape similar to an octahedron. Below is another diagram showing this relationship with the other eight orbs. Some channels have called this spot the "L" gate with gate referring to the dimensional ability to shift into another reality or structure.



I have made many journeys, and have traveled extensively into these structures. My partner Joanne recalls a state (in another dimension) where she was instructed and practiced creating these structures. I believe this is a lesson that advanced entities take part in. This is where Joanne's experience from other dimensions comes into play. I can, and do run, everything past her for her opinion, especially if there is a gray area or something new. Below is another detailed vision I was shown. It shows the edges of the orbs and the "octahedron gate "in the middle of it.



This material can be a handful when trying to see all the different structures at once. My intents are not to overwhelm the reader but they are to show that designs are all related. Each structure is independent to the others and yet they are connected to all in a cocreative way. By definition the design is a true harmonic structure with different vibratory states. The basics, as stated, are the orb/cube structure but all other forms of geometric variants are possible. I have seen in books and on the internet that some would like to concentrate on one or two shapes. They see the grid as being dodecahedron, icosahedron, or a multitude of other shapes and try to pattern human spirituality and geological topography to their grid patterns. I'm not saying that they are wrong, I'm merely stating there is much more to the whole picture. In my earlier days I tried to fit other's grid patterns into the ancient sites and found there were many that did align, while others were completely off in alignment. When relating this to ancient sites I knew the ancient shamans were aware of their needs and choices so something else was missing. I did as others, trying to adapt new grid patterns for the obvious ancient site alignments. It was not until that bigger picture unfolded that it all makes sense. I will finish this statement with an expanded understanding further on in the book.

So for those that concentrate on Harmonic Grid structures, you will see them all in the diagrams below. For those into Sacred Geometry your understandings are also there. All disciplines can be demonstrated and seen in the diagrams below including the Templar Cross, Mandalas, and other religious symbols or icons. It will appear to be overload but I want to show the relationships for those interested in how their material relates to others. It is all related and yet can be separated into different disciplines. My purpose is not to destroy disciplines but to show larger pictures of the understanding, in other words to break down the walls of the preverbal box. To expand more into the disciplines that were previously mentioned would take an entire book in itself.



The octahedron shape in the center of the eight orbs connects the three main planes or event horizons. It acts as a bridge to hold the core together. It is also used as the traditional "L" Gate or door into another reality or in this case another orb. Entering the octahedron and then turning 90 degrees sends you in a direct connection and path into another orb structure. UFO's are classic examples of this movement. Many reports of UFOs tell how they speed forward turning 90 degrees and disappearing. The walls or shape that make the octahedron are also energetically supported and created by the spiraling energy coming into the sides of the main cube structure. This spiraling energy is passing thought in both directions, on all six sides.

As seen below the event horizons are also the space between the eight internal orbs.





In the above picture, "A" shows the focused crossing of this energy and the "secondary event horizons". The shape of the spiral cones intersecting with one another form this secondary line of concentrated energy.

Below I have displayed another harmonic structure that was photographed by Hans Jenny. No structure has been added or modified. On the left side I have outlined the energetic lines. To the right I have left the original picture to use for comparison. Understand that this is a three-dimensional structure and it is flattened onto a two-dimensional media. You will be able to see other lines but these are background structures or vibratory flows of energy that cannot be represented in this two-dimensional field.



In the prior picture you can see the center octahedron or "L" gate. Event horizons are shown as the curved outlines of their rims with the third horizon being the round disk of the structure because of its onward facing angle (see below "C"). The grid structure is obvious with the orb and its secondary inner eight orbs. Secondary 45 degree angles "B" are interference boundary contact zones from the spiral energy or inward and outward flows. These are the edges of the spirals themselves coming into contact with spiral energies with their individual sides. They create distinctive zones of combined energy. I have traveled in an OBE state down these spiral edge boundaries without even knowing at first what I was doing.

I placed a picture below that clearly shows these spiral boundaries. Again this is an actual harmonic pattern photographed with a light source placed below it. The letter "D" points to the corner cocreational zones that create our world and its adjacent "worlds". If you look closely you can see in the harmonic image (at these squares) bands or zones of density I call dimensions of the physical. In this picture below there are clear spiral energies at work.



Not to get carried away, there are also "nonphysical" dimensional patterns in this cube structure. They too are cube structures, which have cube structures inside them, and so on into an infinite "size" in both directions. I have shown this in a series of pictures below and will leave it with a brief description for now. From "B" to "D"

along the spiral edges are harmonic vibratory levels caused by the centrifugal scaling of the "spiral tapering" into its pointed shape. Along this edge of vibratory energy there will be "points" that coincide with their counterpart spirals. It is at these key crossings or junctions that the right conditions will be met for a different "tone" to be created. Thus these points become anchors that support the "smaller" cube perimeters that exist inside the larger cube structure.



Perception, Energy, and Physical

CUs and EM Units

Light represents only a portion of an even larger spectrum that we perceive in this reality. Investigating the properties of threedimensional light is only investigating that part that intrudes into this reality. For instance, in other realities light can be perceived as sound. This is why some people now, in this modern time period, are starting to report seeing sound and hearing color (or light). Our world and species is in the beginning stages of a revolutionary change. Science will have a more difficult time keeping up to this change. Science will need to take one of its own "quantum leaps" if it is to keep up. Mathematics will fail if science continues to look for the "Theory of Everything". This will especially show up as science continues to adopt the multidimensional concepts. Basically it cannot be done, for all the realities cannot be mathematically deduced within this limited three-dimensional plane. Light is but one interpretation of harmonic vibration. Light entering through stained glass into a room, will illuminate the room, in the color of the glass. As in this colored room, universal energy (harmonic vibration) entering this reality will be divided into the flavors that need to be expressed by the "lens of our reality". An energyvibration entering this reality can become sound, light, magnetic-electrical energy and so on. The environment and the conscious construction of this environment will dictate the format not the mathematics of it.



For instance, there are entire universes that are composed of faster than light particles, these universes can thus share the same "space" as our own without interference. It is only when in contact with our physical universe that some of these particles slow down to speeds that are recognised in this reality. These faster than light particles usually begin appearing in cyclic fashion with the center vortex moving faster than the outside rim of the movement. It is at this slower outside edge that we can perceive this energy as mass. Cyclic action will be mathematical at this point because it has entered our space. The formulas thus will show Fibonacci series, Phi Ratios, Golden numbers, and so, all being expressed in nature as proof that this is the "only process". It cannot be understated how much or how little is in common with this reality as compared to "All That Exists".

The faster center of this cyclic movement is source energy, be it "All That Is" or the conscious thought of an individual entity. As this energy, known as a "Thought or Creative Impulse", comes in contact with the slower environments it gathers smaller forms of universal consciousness, that I will call for a reference "Conscious Units" or CUs. CUs were first introduced by Jane Roberts in the Seth Material and is very fitting as a description.



These CUs are the basic energetic force of the physical universe. In fact they are the universe, the building blocks, and impetus behind its formation. CUs are source energy or vibration and like any powerful vibration it permeates the entire environment that it resonates through. CUs are consciousness in a singularity of capsulated expression or energy. All "living consciousness" initially enters our plane of awareness by means of a capsulate energetic form. For lack of a better word I will call this energy "physic energy". As this physic energy enters this environment it encapsulates itself preparing to enter the physical or lower state of vibration. This capitulating takes on the form of a cube in shape. Each cubic capsule has its own defined boundaries or limits and size. The cube shape is the schematic shape for the physical or lower energetic state of Source Power (I will explain more in following chapters). This physic energy enters the cubic capsules in waves or energy pulses. This pulsation of increasing, to decreasing energy flow can be witnessed in atom levels. The pulsation builds in intensity until it overpowers the capsule and bursts forth into the physical forms we can perceive. This bursting forth into reality and unseen retreating (as the energy builds again) can be witnessed in atoms pulsating, in and out of this reality. As consciousness grows and expands its cube selfboundaries, it explodes into a larger expression of cube form. These pure self-contained units are physic energy from source power. As they come into contact with the veil or wall, of this

reality they are expressed out of one side into a vortex of energy that flows into this reality.

If you had a strong vibrational field and placed into it thousands of small particles they would take on the environmental shape of the vibration or harmonic field. Streams of flowing particles are being forced to move in certain areas or pathways. As these streams of particles move they eventually meet one another and cross paths, creating patterns. Now, in this vibrating field of particle streams suspend an object and watch these particles gather to this object's interference. Their natural flow is interrupted and the object will tend to collect some of the nearby particles. This example can be likened to our physical universe and what we call our world. Consciousness of any level "interferes" with the background vibration and creates a collective grouping we call form.

There are millions and millions of these CU units in one atom. Each conscious unit is aware of one another at its level and all probabilities are experienced singularly as like kind group together in common vibrational attraction. These units do not have human qualities nor are they incipient points of latent energy. They are aware, thus are a consciousness, in a very basic and intrinsic level. They are not bound by time or space, thus can occupy two locations at once and be everywhere at any given moment. All matter is composed and formed by these basic units. They attract together in groups of like kind and nature. This basic grouping is the beginning and the creation of particles that make up the atom, the basic structure of the physical reality. Being the smallest point in existence makes them the finest point of consciousness of "All That Is". They are the very basic aspect that group together in like forms, gathering in packets through attraction, following that natural background flow, lining up to create the different grid structures. This organised pattern is called the Universal Grid Structure. Weaving back and forth throughout this universe, it creates the channels, the very conduits, that energy can flow from. They are

the "Super Stings, or the black and white holes that astronomers refer to. It is all relevant to the size you are observing.

As consciousness "interferes" with this natural background flow, it amasses in slower vibratory states, the physical threedimensional reality. It is in this slower state of vibration that forms emerge and are then co-recognised by other forms of consciousness. This is the basis of creating a dimensional structure in a common theme environment. This starts with the most basic form that can be created and is called the Electromagnetic Unit. Electromagnetic Units (EMs) are formed spontaneously from the emotional creativeness of consciousness. EM units are thus emanations from consciousness with the intensity of the thought or emotion, which determining the characteristics of the units themselves. In this spiral cyclic action movement, certain slower ranges are achieved to form matter or atoms. They might, at times, be too small to be detected in this reality and thus remain just outside the reality awaiting like vibration to collect to. The faster than three dimensional particles still exist and do form other realities (semi-physical to us) which are not perceivable. There is a complete rainbow or band of different speeds creating their own realties. These other, higher vibratory state particles can be perceived by us in dream states, hallucinations, OBE's, drug induced states, and so on. This ability to perceive them also shows us that we too are capable of creation in these other higher states of "semi-matter". Dreams show us that our consciousness exists there, thus it has the capacity to create there. We can with our consciousness, move faster than the speed of light for consciousness is a part of the original energy signature.

All specifications of consciousness and all phenomenal appearances occur when the basic units of consciousness, the CUs, emerge into EM units, and therefore into the dimensions of actuality, in our terms. They are indestructible, being capable of forming into any level of energetic form. The EM units are simply embryonic forms of reality that in different stages of birth, form into specific vibratory realities that conform to their speed. It is at the peripheral edges that the physical begins to take form into denser and denser fashion until it is recognised by us as a three-dimensional physical form. The picture below demonstrates how dimensional planes reach down into lower vibratory states and thus at this reduced speed, the physical is formed as it shows up as denser recognisable energy (shown in the darker shades).



The EM units represent the emergence into the physical reality. Electrons are very slow in comparison. In a multidimensional array, consciousness mentally learns to form itself into EM units, atom, molecules, electrons, and the more complex like nonphysical DNA. It mentally forms the patterns through which all physical energy can flow.



The CUs being forms of consciousness are aware of all other types of consciousness and thus are aware of individual expression. All consciousness being an individual entity, like a human or a nonphysical entity, will attract the forms of CUs to co-create with. The CUs will be attracted to versions of their own flavor and because of their multidimensional aspect will exchange and be in all places at once. They have no form and thus are interconnected to "All That Is". It is in this exchange with other "personalities" information is shared.

This is how species of like vibration communicate to others without them ever being present in the other's environment. This is referred to as the "hundred monkey syndrome". Some lessons learned by one species are transferred to another from the nonphysical to the physical expression. This is the foundation of instinct as one particular experiment in consciousness may be pursued by more than one species at a time. From this, the species can use the lesson into its own particular design. Prey teaches hunter and likewise responds through awareness to evolve into more elusive patterns. Life is a complete symbiotic co-creation in all levels and in all environments.

Evolution did not happen in a single line of development from one species to the next. There were parallel developments. That is why you see Neanderthal and Cro-Magnon occurring in the same time frame and the reason almost fifty species of apes appeared in the Miocene period, all to disappear just as fast. All this can give the appearance of lineal development of a species, but it is just a small slice (one perception) that creates an illusion. Because of "no time", individual frames of consciousness know what genes are applied to create a species, all being accomplished in "prior time" aspects of awareness. Evolution is a past and a future awareness that occurs in the nonphysical realms before physical form appears in the present. Thus information and design comes from the future as well as the past. Due to the freedom of information and the total awareness of the CU units, changes are made from species to species in conjunction with co-created physical land environments. Birth and extinction of a species is not haphazard or random, but happens in relevance to landmass changes, magnetic shifts, disasters, and so on.

As time goes on science will need to concede that consciousness comes first in creating physical matter. Chemicals will not give rise to life or consciousness. It is the other way around. Every atom, molecule, and cell has its own form of consciousness. This consciousness is a collective of many smaller forms of consciousness. Each atom owes its form to its specific collection of like vibrating awareness forms. Each molecule is but a larger collection of this atom consciousness. Each cell has by its formation collected a large enough format of conscious energy to be called a life form. Thus all cells in the body have their own individual awareness, but are still part of the whole's awareness. This larger collection of consciousness allows for a greater capacity of experience and thus greater fulfillment for all the parts, in this form of "being". This greater fulfillment is what drives the evolution of consciousness toward to more complex forms of experience. This continues "body until the consciousness" has been created.

We all have individual souls that operate independently and yet in conjunction with the body. The body is the physical translator of this reality. The soul cannot operate in the third dimension without it. Thus a co-creation is born. The physical body has its own form of "soul composite", a translation in the physical. It is a translation that is a combined effort of the billions of conscious forms (cells) that interpreted and create the three-dimensional body form. The higher soul, the "soul" that is commonly referred to by culture, is thus an independent soul aspect, and from a higher vibration. This higher vibration allows it to "see" a more expanded need than the physical soul level's needs. All of this is so much more involved and complex than described in this brief text. Unfortunately, there is only so much that can be examined in the confines of this book's purpose.

All these billions of conscious units retain their individuality, but in co-operative fashion co-create to experience a larger expression of themselves. As these billions of energetic filaments enter into this slower vibratory state they start to translate into matter. This translation is not instant but is similar to fog in appearance. To use the analogy of a fog bank, as you enter the fog bank you notice the light and objects have a white hue to them. As you go farther into this fog bank, everything turns white and becomes obscured by the fog, to the point that all you see is fog or a white mass.

Matter is the translation of physic energy slowed down. Thus matter is not real, for it is but a perception of our five senses. Our senses translate matter from their specific formats, each format being recognised by its individual corresponding sense. Typically, olfactory sense will smell, visual nerves will see, and tactile sensory nerves will react to these specific energy signatures translating to cold, hot, soft, and so on.

Matter does not age or deteriorate unless its energetic source is weaned or turned off completely. Matter is not solid, but vibrates and flickers off and on being recreated over and over again as long as the source power gives it energy. As in the fog description, small currents of air can disperse the fog, but as the current subsides, the fog returns as a complete blanket of fog. Matter thus only survives as long as sufficient currents of energy are projected into that point in time and space. If the energy weakens, the form becomes translucent eventually disappearing from view. Remember, this is all in relevance to the observer, or the one that is perceiving this matter. For you can still have a human form in a higher vibration, it will just not be perceivable in our worldly senses.



Physical matter makes consciousness effective within this dimensional reality. As individual energy approaches your visual field, it expresses itself to the best of its ability and design. Not only does consciousness project into this environment, it also is the projector of source. In other words the projected form is the perceiver and thus the one that is now translating the projection, onto itself for itself. If it sounds complicated that is because it is.

We are our own projectors in this level, and we do so under our own needs and beliefs. Interpretation of our perception is the individual experience, and thus all matter that is created will be created by the consciousness that is projecting. Environmental landscapes thus will be individual creations. They are perceived by the projector, but are in collaboration with other individual projectors. This includes other life forms and levels of conscious creations. Because of the CUs common link of source power, interpretative understandings are shared. Thus a human higher consciousness, in this three-dimensional environment, will be aware of the other human's needs and experiential creative desires. This is co-creation on a planet wide level. The world we live in is an illusion, that we all share through awareness of each other's projective needs. Everything alive here will have its own individual perception of what it is experiencing and its own understanding of what they see and feel. Currently there are six billion human projectors alone in this world, each walking through their individual soup of beliefs.

Now to get even more complicated, you project your human form here, but others will have to project your form to see you. If there are ten people in a room, then they are projecting a total of 100 projections at once that is if all ten are looking at the group as a whole. It starts with you and your projected energy of yourself into the environment, from there, it is interpreted by the others, to form their version of you. This is why you can look different from one person's view of you to that of another's view of whom you are. Your energy will react to each person, as they filter it through their own belief system, to form you into a cocreative image. All objects in the room are created individually and as a group in relevance to the environmental background.

This co-creation with others into "projected space" is also a matter of agreement on all levels. If one person's needs or desires are less desirable than the another's, then there will be no co-creation between them. All co-creative acts are that of agreement on one level or another. This includes violent acts as well as passionate acts of expression. I will repeat this; nothing can happen in any level unless all are in agreement, in one-way or another. Most actions on this plane are not recognised because of the lack of higher connective awareness. Thoughts and images are formed into physical reality and become physical fact. They are propelled chemically and begin to reproduce themselves physically at the moment of their conception. Thought is energy, and this thought is a mental catalyst. (A catalyst by nature is that which acts to combine two separate chemicals into a new form or chemical.) These mental catalysts connect energetically to the pineal gland, and through body chemicals, are the physical propellants of this energy. The five physical senses form the format for perception and the interpretation of it.

All physical expression including illness and growth are the end of the production line of conscious decisions. The chemical signatures found in the body are simply biological expressions, produced by energetic thoughts, manifesting into the physical world. To completely understand, say an illness, you must understand the energy behind its creation. Behind all illness is a hidden or a known thought, that is being projected by its energy, into this reality to be expressed.

Perception - Further

Unconscious Reality - A Selective Awareness

 \mathbf{R}_{eality} is a divergence of time and space in conjunction with need. As time in different realities mix, they create worldly creations that find validation in fulfillment. This fulfillment is what life is all about. Life is an expression of value fulfillment in affirmation. Awareness of all this is the expression, and the value of it is the result of fulfilling the expressional needs towards completion. As far as reality goes there is no reality other than the perceived event of the moment. Moment sequences are life's flow and expression. The worldly realities that exist are expressions in natural environments. These expressions can number in the thousands and millions of worldly forms. As desired reality expresses itself into a physical world, it finds that it must co-create with the environment so the expression can be achieved in balance. This co-creative act is the glue for the reality we call planet earth. As co-creation takes form, all that have decided to express their needs are bound by the rules of engagement. These rules are also within the boundaries of what the environment can achieve. It is impossible to express that which is outside the realm of the environment. This is why some that are born here find that it is too stifling for their expression so they move on to environments or realities that are more conducive to their needs.

Co-creation between two or more entities requires a similar vibratory state and common requirements to be expressed. No co-creation will happen between two or more unless this primary vibrational requirement is met. An incompatible vibration cannot be forced onto another without this other's agreement, on one level or another. On higher nonphysical levels an entity first projects its needs to understand and explore with these desires. This desire to express the need is projected out into the universe on all levels. On entering the physical realties it is expressed in the physical environments that are presented. These physical environments are a collective of common vibrational frequencies. They gather together by the process of "resonate tuning". There are many physical dimensional environments and many layers in these realities. The expression is interpreted into the dimensions through common vibratory resonance. In other words, if the desired need is not of a vibratory frequency that is compatible to the environment of the dimension, it will not find a place to "root". In dimensions that are compatible with the desire, a meshing of common frequencies will take place.

Thought is literally a "seed", which can only be expressed in "soil" that is compatible to its growth. There is no way this expression would find "seed germination" in an environment that was not accepting of this expression. Whether conscious or subconscious, when groups of like vibrational thought gather, they create the environment for the expression. All realities are expressions of value fulfillment to the extent that they become populated into landscapes of expression that are "props" for thoughts to gravitate to. Thought in essence is creation, and will be attracted to like thoughts or similar creations. This gathering together is referred to as condensed formulated creation. As these thoughts penetrate into the individual vibratory states they are expressed over and over again in each of the different vibratory expressional levels and environments. This projection feeds back unto itself so that validation and fulfillment can be recognized and expressed. This will result in a cyclic pattern, which builds upon itself, and builds momentum with every cycle completed.

The adaptation of reality awareness is that of focused intent and desire. There is no actual definition of reality, for it is defined as what an individual entity desires. This desire is an aspect of its evolutionary process and will be directly influenced by this.

Awareness is defined as the field or range of observational requirements. To bring this into perspective, you need to define more of the reality of the observer. Consciousness in the physical is defined as a gradient of awareness. Spiritually the energy translates into the physical realms from thought and desire. As this energy progresses into the physical, it intellectually understands and thus becomes part of the physical environment. Further into the physical, this energy has transformed into the emotional needs of feeling life. Direct translation of purpose, and environmental influences are perceived at this time. The final stage of the energetic injection would require all aspects of prior definitions to combine in a balanced format together to create the physical body. So the physical is the end result of the emotional, intellectual, and spiritual energetic forms. They form a gradient of denser energetic translations.

Different states of human consciousness will dictate the perceptions of an individual. The perceptional aspect of the higher spiritual aspect of the individual will always have a broader field of view but this would have to translate into its human physical form. Translation is filtered by the current momentary needs of the individual. Just like you, when you are in a very physically oriented level, you will not be perceiving semiphysical objects or entities.

The problem can be addressed by simple deductive techniques. Start with a view of an object and its position in relevance to the observers needs, let's say it is a ball. The energy that produced the ball was injected into the environment. As this energy travelled into the focused level it left behind a trail of varying energetic forms that were needed to accomplish the creation of the ball. For the observer it would be a simple realisation of, what its intent was with the ball. If the observer was only interested in playing with the ball then that would define the projected state of the ball (very physical), its density in other words. If the observer was interested in its composition, shape, color, or design then it would be focusing into another level. If the observer now wanted to understand its purpose in life and its meaning to all that shares its environment, it would be accomplishing another level of observation. If the observer was to move into the energetics of the ball and how it affects reality and its surroundings, then this would also be a level. To observe this level would be to see all that is in the ball's range of energy. The ball is physical and so are recognised life-forms like a human. The physical human will perceive itself as physical as long as that is all that is desired in the moment. Its loneliness or need to interact with others will change this translation of moment. In other words, the observer would be expanding their field of view. This is the definition of field of view.

I shall finished this chapter with a message from a tree, for in this message are many understandings that have been expressed in the prior pages. I was in between homes and had taken up residence in a ground floor apartment. There was a huge old cottonwood tree that grew just outside my window. One day I came home to find that a crew was cutting it down for reasons I never learned. I was very disturbed that something so magnificent was destroyed, no matter what the reason. After the loss of the tree, I decided to take a journey into other realities to contact the essence of this tree. I was curious of its reasons in this co-creation to end its life. This is what was said in the communication:

The Tree

The aspect of me that is focused into this environment will be moving on. I was aware of the time I wanted to spend here and this is perfect. We share CUs as you call them and they are both of the same time frame. There is no difference at certain levels. This creation has given me an opportunity to co-create with you and both of us have learned. You do not have to feel sorry for me for I need to go as you will when you decide.

I see things in perspective of form and vitality that escapes some of your senses. These aspects are of interest to our needs. It is from this approach that you need to connect, for there is nothing else when it comes to understanding perception. My needs are to experience the co-creative life force that connects me to all the other plants in the environment, and the background energy connection on the whole planet as far as that goes. We work in harmony together, just as you human forms co-create your world. We are aware of the animal realms and their individual essences. They are quite different in their needs or requirements. This alone sets us apart. There is no evolution at this level, it is just a matter of conscious needs, and thus it resonates to the environment and the species that will bring the fullest experience of this. In my world there is connection to all on a very deliberate and unimpeded way. You appear to need individuality and thus need a certain disconnection to arrive at this experience. Animals are a cross experience, to a degree, and in a very basic understanding.

My leaves are your hair and are a part of me, but not a loss when they depart my connection. In some ways they are smaller more immature consciousness that are working toward the seed plant itself. Everything needs a basic start when in this environment (earth). This is because it is so unique. I will do my best to help you with your project before I'm gone from this environment. It is not to say that I can't still connect, it is to say that we have this in common "now".

Yes, my roots connect to the earth energy and its form of consciousness. They deliver and bring into the world this aspect of God. There is nothing mysterious about the communication between plants if you put into the bigger picture and relate it to vour human world consciousness. Insects and attacks are not unknown to us before your awareness of them. There are systems that support one another and they are vital to insure the millions of years that have past. We functioned very well prior to humans being aware of these attacks. As you know I'm a tree of a certain species but I have been many species in time all over this planet and others. As one species is complete in its understanding we create a new one that has not been tried, one that has different requirements and symbiotic relationships with animals, insects, bacteria, and yes, climate. If you add up the combinations of these elements you will see the great experiential room there is here for us.

In a sedimentary life-form, there are not as many distractions and functions to keep track of. This allows us to remain in a constant connective force without disruptions. It might not be obvious to you but we have an incredible power here. This can be easily demonstrated by our ability to grow anywhere we choose and by our numbers alone. We merely adapt to the environment so the plant can survive and reproduce.

We are aware of your entrance into our fields of energy. In fact, if your intentions are not aligned with ours we are aware beyond this field by others that feel your intent. We are a mass consciousness and in a collective basis.

There are those of us that have been in this environment from the beginning. They are of the highest vibrational level and the ones that are capable of creating the new life-forms. The knowledge basis is based on what has not been tried or experienced and what has come before. This is also in connection with other life-forms in this galaxy. There is a trade off between individuality and mass collective. Each is validating and totally needed in the whole picture. Humans, in the sense that you refer them to be, could not reincarnate from plants any more than you to us. The separation is in the <u>focus requirement</u> not in the spiritual aspect.

To understand perspective in life force awareness you only need to see or feel the needs that are being projected. It sounds so simple but it is very expansive. There are physiological fields of understanding that you are not aware of and probably never need to be. You translate your understandings into cultural and human focus.

Ancient Sites

The Introduction

 ${
m T}$ his book and my recent spiritual path all started from visiting some ancient spiritual sites in 1998 and 1999. What I was taught, and the information that I received is too vast to place in a single book. In order to introduce you into this world, the chapters relating to ancient sites will have to be as brief as I can make them. Many people have their own truths and beliefs about these sites, so I will not enter a discussion or debate about others work on this subject, nor will I debate or defend the gifts of knowledge that I have received in regards to these sites and their purpose. I respect that there needs to be choice, and that everyone needs to find a place that is comfortable for their own beliefs. The ancient sites around the world have been an enigma for hundreds of years now with many theories and proposals that have come forth. Some have found solace and comfort in the ones that science has offered, and this is their choice. My knowledge does not come from modern "templating" or intellectual speculation. The guidance and the information I have received was from outside sources (not this reality). Through my prior training using OBEs and shamanic journeys I have traveled back and consulted with the past shamans and mystics in a common multidimensional continuum. In my tool kit I have excellent Remote Viewing abilities to peer into the past and the universe itself.

I asked for help in writing this introduction to the ancient sites from an "outside source". My purpose being that I would not be swept into debate and comparison with and by other writers. This is a direct message of guidance that I received, I will use it as a rule to follow:

Truths:

You must be using the methods, training, and knowledge of the ones that built the sites. If you do not have all of these tools at your disposal, then you do not have the right to make a comment, much less give an explanation for these sites and their use. There is no relevance to your modern cultural training.

The people that created these sites were just as intelligent and aware as you are.

They have the same spiritual background and pedigree as you.

Boxing the sites into your beliefs will not change their purpose of existence.

It is not a voting matter for academics, nor relevant to how many people you can muster to support your beliefs for the sites. To be respectful to the creators of the sites you either know or you should remain silent about the subject.

Do not assume the people from the past would tolerate or work so hard over so many years, for something that gave little or no results.

I believe that part of the harshness of the above statements was influenced by my own energy. This is due to a completely exasperated feeling with the ludicrous ideas that are part of the academic and metaphysical worlds. I must also quantify this statement by saying there are exceptions out there. Not all is lost for there are professional scientists that are totally committed to making intelligent and ethical choices. The individuals I speak of are by trade anthropologists, and truly want to know their field or profession. They, like I, seek the truth and don't dictate what they intellectually think or want. People like Michael Harner, Sandra Ingerman, Hank Wesselman to name a few know that if you want to be a true scientist in your field of study you need to walk in the shoes of the ones you study. Standing on the sidelines, taking notes, and reciting your opinion is not an ethical practice and is quite disrespectful to the subjects being studied. The anthropologists listed above are not only practicing shamans they are also teaching this beautiful form of spiritual connection to all that are ready to listen. Their understandings and research is truly on the <u>cutting edge science</u>.

My first introduction to the ancient sites was with a Mayan shaman from the Yucatan peninsula of Mexico. His name is Hunbatz Men and is a carrier of ancient knowledge that was handed down to him through his family for generations. He like his father and his father before him, going back for generations, were separated from the rest of the children in the family to learn the "old ways". Hunbatz Men is one of twelve children and was not allowed to go to Catholic school so his teachings would remain true, and in honor of his position in life, and his ancestry. He is known in his culture as a "Day Keeper", the one who holds and carries the past knowledge. I had been actively involved in archaeology for years prior to this meeting even having my own Federal Government grant and project, so my interest in ancient sites came naturally, at least that is what I assumed. Hunbatz Men opened my eyes to a world that science was not interested in. Believe it or not some refuse to believe an ancient source of knowledge preferring their own theories about the Maya. I cannot imagine anything so ridiculous and arrogant. The time I spent with Hunbatz Men was one of the most valuable experiences of my life.

Prior to the ancient site introduction I had become very proficient with energy work, channeling, and the energetic healing arts. With years of this work and extensive training in energy awareness and practice I was very aware of any subtle energy in my proximity. The Mayan site experience was incredible. On entering the sites, you can feel the resonate energy that still exists, after all these years. The more sensitive you are to energy, the more dynamic the experience will be. The energy was so noticeable that I had the good fortune of witnessing the experience in others that were there as tourists. On the top of the Chichen Itza pyramid is a stone building with two square pillars extending from the floor to the roof. I was guided to place one hand on each pillar and focus on the horizon through the open door. The energy that travelled down through my body was so powerful that I had trouble standing and found myself kneeling to continue. Five minutes after this experience I noticed what appeared to be one of the locals, showing his daughter how to experience this effect. He took care to place her in front of the door and get her to focus on the horizon. This was complete validation for my own experience. In this first trip to the Mayan sites I had many incredible energetic experiences from Coba to Edzna and I was extremely grateful for them all. Below is a picture of the actual energy that flows between the Chichen Itza pyramid columns.



Not knowing it at the time, this Mayan experience turned out to be just the introduction to what was available at these ancient sites. It was two years later that I found myself visiting an ancient site in a local Provincial park, on the southeast side of Manitoba, Canada. The area is known as the Whiteshell Provincial Park and there are at least 30 known ancient native spiritual sites located within its boundaries. The first site I visited at the time was Bannock Point. I had been there five years prior to this particular visit but I was apparently not ready for the introduction. On entering the site, this time I noticed I was experiencing certain energetic responses in my body. I will not get into these body energetic centers in this book for it is too extensive a teaching. Ancient sages and now science is just starting to recognise these centers, which are called chakras. The fact that there was enough energy to activate them, and that certain ones were activated in different parts of the site, drew my interest.

As I continued to return to the site, complimented with further training in shamanic journeying (completed with one of Michael Harner's instructors) I began connecting to the past in ways that I never dreamed of. The experience deepened with each visit, to a point that I found myself unable to communicate the teachings to others that had similar interests in these sites. You may have experienced this yourself by being so involved in the subject that you become isolated in your own knowledge, because of the complexity of material. Not that one is unwilling to share, it is a matter of not knowing where to start especially with a limited amount of time. This book is providing a small sample of this knowledge and experiences. It will provide an entry into my world for those who have been asking.

It didn't take me long to start researching into other Whiteshell area sites and their locations. Having an archaeological grant many years before provided me with the documentation and reports of these different sites and their locations. With these documented reports, I was able to locate the different sites and upon visiting them, expand my understanding. Each site provided new information and other people's interest in this work allowed me to do limited workshops with the sites, in the same time period. At this point in my life I had training in the Monroe Institute Hemi-Sync techniques for OBEs as well as shamanic training and Remote Viewing experience. My workshops for the public were introductions into two different methods of obtaining an Out Of Body Experience. I wanted to give people a choice so I provided methods that might suit them on a personal level. People will gravitate to one method over the other. Teaching a broader spectrum allowed people to choose from the subtle workings of Hemi-Sync method, to the more dynamic shamanic version of journeying out of body. There are basically two directions of spirituality and each person will gravitate to their own rhythm and direction.

The world of shamanism is far more complex than anyone that I know understands. It has been part of humanity for tens of thousands of years. Much has been written on how to do journeys but few if any understand how and why it works. What exactly is the lower and upper world? Why is it that you can go so far down in dimensions that you pop up into the upper world (higher dimensions)? How do different drugs affect the journey? Many teachers will tell you about animal guides and lower level worlds. There are too many questions for someone like me to accept without investigating. All these questions and many more explained and there are reasons for different can be interpretations of what is seen in a journey. Cultural beliefs and individual fears will surely dictate your experience on any level of journeying. It has been recognised that starting a journey in a particular angle of descent or assent will take you to a specific dimension. What is not understood is that all drugs will have their particular dimensional experience associated with them.

Shamans that use or need drugs to assist them in their journeys will be limited to the vibration of the drug itself. Although it is true that one drug may be of a higher vibration than another it is also true that a drug will have slightly different effects on different individuals. The fact is, individual shamans will also have different vibratory levels in this physical plane. My reference to drugs is strictly with natural or plant hallucinogens. It is not commonly known, even in the metaphysical world, that plants can be of different vibrational levels. There are individual plants (I'm not referring to species here) that are of a higher vibration than some humans. There are also parts of every plant that vibrate at different levels. The compounds that result in hallucinogenic effects in the humans are of these higher vibrations. All of this is relevant to the individuals vibratory level, and that of the vibrational level of the drug itself. Their vibration co-mixes with the vibration of the plant hallucinogen. With some people this can also lower their vibration, giving way to unpleasant experiences.

Compounding this with individual fears and beliefs it gets very complicated but very diverse. Every person has a different level of vibration. But this can also vary throughout their individual lives, and at times throughout the year, even during a single day. Enhancing an individual OBE experience with a drug can go in either direction. The drug will always be a temporary rise or lowering, for to completely maintain a vibrational level you must become it.

An individual's vibration is a combination of their earthly physical form and their spiritual "soul source". What the drug will do is magnify the expression of the individual's vibration, fears, beliefs and needs (conscious or not). This also happens in the nonphysical realities without drug induction. In the physical you create the world you know. In the non-physical realms you create it without time, so your fears will be manifested immediately, but the combination of the two can run wild in any direction. Harmonic resonance maintains individual realties into their respected vibrational states. This is part of the universal "filter system", that keeps without divine impute, people to their individual experiential levels, no matter what dimension they journey into.

Each dimension will have its own spectrum of vibrational levels that compose that individual level or dimension. But if the
specific dimension's lowest vibrational layer is still too high for you, then you will not be able to resonate with it. You may experience a brief "visit", which is exactly what happens with many profound mystical experiences. They are usually one of a kind and cannot be maintained or held because the individual can't sustain a vibration that is not them. So how do I manage to journey into vibrational fields that I cannot come close to in this human conscious form? It is very simple and yet takes many years to complete. By completion I mean a balanced state of being. To arrive at a balanced state takes years of personal reorganising "housecleaning" and of your beliefs. Housecleaning is clearing all that is in conflict. with expectations, fears, past hurts, and so on all acting on your vibrational field to keep it in a lower state. It is a huge topic and there are many self-help books on the market, but I think you get the picture. As you get closer to clearing all from this life you will inevitably start to stray into prior lives and levels for more clearing. With each level cleared a new level of connection will be gained and a new sustained higher vibration.

We all need to connect to these other aspects of us, in this lifetime or the next. More will be discussed in the chapters dealing with the soul and the Soul group. In this chapter it is important to understand the need is to connect into higher forms of you. This goes into areas called Soul Groups. The process is called "Soul Integration" and must be done on your own and through awareness. The advanced individuals out there that have been working on it will find it easy to accomplish. For these individuals all you need to do is give the intention to these higher aspects of you, then from there, just "catch a ride with them". First connect, if you are trained you will know when this happens. Then ask to journey to the highest levels possible. They will comply and take you there. That is if you are ready for this journey. If you are not ready they will know even if you don't.

How do you know if you are connecting to your Soul Group energy? One good way to know is by its after effects. In this experience it is the heightened levels of physical experiences after the connection is made. Many have experienced this. For me, it was seeing colors so vivid for the first time that I questioned how I was seeing the world for decades before. In the next stage it was hearing enhancements that were almost at a dog's ability. My hearing became so acute that water droplets falling into a drinking fountain were deafening. The famous inventor Nikola Tesla wrote about this experience when he was in his twenties. Along with this level I also found that I could not wear my eyeglasses because my eyes did not need any correction. This point alone showed me how fluid this physical body and reality was. In the right vibration all my defects of this life could be corrected instantly. Unfortunately I could not maintain this level of vibration and slipped back to wearing glasses. There is also the possibility that this level of vibration would be too uncomfortable to live in. Tesla would concur with me that the hearing enhancement is too much for personal comfort.

All of this will be discussed further, but this chapter is about the past mystics and how they also could only express snippets of the total picture. Humanity in general is of a higher vibration now than it was, 300 years ago. Because of this many are coming forward today with very profound gifts to share. I highly recommend people to try experiencing a journey or OBE (as it has become commonly known), but first you must get the training. If you are full of fear or believe in evil everywhere, than I would recommend clearing this first. Drugs can then have profound spiritual experiences if used for this purpose only, and not for entertainment. You must remember that they can also have many undesirable effects. Any drug that is not a natural drug or has been altered in someway will have a lower vibratory effect. Regardless of alteration or not they are all restricted to only one slice of the total experience. On the next page is a very simple diagram to demonstrate why. This diagram demonstrates the drug effect only. The diagram does not show or take into content the individual's vibration and other qualities that 100

influence the experience. For now let's say drug "A" is a higher vibrational plant than "B". As you go through the dimensions you can see how the drug angle doesn't change and yet the experience deepens through the dimensions. Your shaman, in the middle, experiences the different dimensions but only to that angular vibration within a drug's ability, with a small variation of plus or minus of the angle.



The diagram above can also be applied to individuals not enhanced with drugged journeys, for vibration is vibration and the limits are there to be adhered to.

The ancient native sites in the Whiteshell are called Petroforms. They consist of boulder mosaics or stones laid out on the flat exposed granite. Some of the sites are at least 5000 years old (my information says 8000) and most are still undisturbed. This is mainly because of their isolation and the general public not knowing their locations. As my work continued, I noticed there were specific areas that had more energy than others. It was also observed by the archaeologists, that some of the sites were in alignment across the land, a distance of several miles. This drew my attention to the British Ley Lines and their understandings. Leys are described as straight tracks or paths, which connect ancient and sacred sites in straight lines and cover the countryside. Today, people connected to this understanding believe that one function of Ley Lines was to concentrate and redirect potent earth energies to enable the people to live in fulfillment and plenty. The purpose of these pathways were forgotten, and have only been rediscovered in the 20th century by a retired amateur antiquarian called Alfred Watkins, in the 1920s.

Doing research and visiting the Mayan city of Coba I could not help but notice the incredibly straight paved roads did not veer off their track even when faced with a lake as an obstacle. These roads are as wide as modern highways and are level, so any dips in the terrain were filled in, then paved. These roads are called Sacbeh, and the one that connects the ancient center of Yaxuná to Coba is 100 kms. long. Coba has the greatest concentration of these roads, with a total of 45. Below is a map of the central part of Coba. In it you can see the roads and lakes that they run through (circled areas).



Throughout the planet there are examples of the ancients creating pathways with no regard to the terrain. The famous Nazca Lines in Peru are good examples where perfectly straight lines were marked out for miles on the desert floor. They were so dedicated to this cause that they even carved foot holes up cliff sides to keep the roadway straight and true. In North America one of the best places for this example are the lines that can be found in Chaco Canyon, New Mexico. In the photo below the solid lines are current day roadways. The current roads follow topography, and the path of least resistance in construction. Conversely, the prehistoric roads in dotted lines are strikingly linear.



Courtesy of the web site dedicated to Remote Sensing: http://weather.msfc.nasa.gov/archeology/chaco_compare.html

Unfortunately the ancient sites around the world have suffered the plight of guessing and "shots in the dark" methodology. Like many past scientific theories they set a belief system into action that continues to grow without any logic or understanding from the onset. A prime example of this is an astronomer named Gerald Hawkins who in 1965 published a theory that sites like Stonehenge were aligned to the stars and other astronomical events. He was an astronomer and not an archaeologist so he was working with all the handicaps that would be granted one that steps into an unknown field. There is an ample amount of information out there to show how Archaeoastronomy does not work, without me adding to it. Thousands of combinations of points can be set in the heavens, if you want to adjust the time frames to suit your needs. In fact just this year (2006) a group of archeologists created and artificial Stonehenge to prove that Archaeoastronomy works. This artificial Stonehenge was created in England, to complete size, scale, and angular placement with a GSP system. They recreated the site so completely that the missing structural members were added. These were members of the original structure that had been used in the past for more modern buildings. To their astonishment, after adding the missing pieces, they had trouble seeing into as well as seeing out of the structure, never mind aligning to anything that could be outside this structure. If you combine this newly discovered fact with the many days of the month that are overcast and foggy, the site would be a huge failure as an observatory.

Even if aligning with a star or planet was the purpose what is there to be gained by it? No one is coming forth with any real reason that would dictate all the time and effort placed into these sites. Proposals for the alignments range from gods to alien past origins, but I fail to see the fulfillment, in pointing at these coordinates with a structure. Planting corps and harvesting are also given as reasons, even though many cultures were not agrarian cultures. Another preposterous proposal was, to secure propagating in a time when there was no problem producing children, it was keeping them alive past ten years of age that was the issue. If these modern learned people cannot find a solid purpose for these sites, what chance would a group of unsophisticated ancients have? In Mr. Hawkin's defense he was probably working off intuition, being that there was some kind of alignment. He, as all of us are guilty of interpreting in ones own belief system. By doing so rather than the beliefs of those that built the sites, he had no choice but to misinterpret the purpose for them.

Without using any ability that would replicate the originators of the sites, modern people have tried desperately to think their way into their functions and purposes. With some people today, it is as if to say the ancients had it all wrong and we in the modern age are so superior we know what were the purposes. I have no problem with those that think that intelligence is the only way to understand a mystery. The problem I have is that these same people are pushing their ideas onto others as a truth, and from there it is supported by the news media, following blindly behind.

It is true there was some correlation to sun and moon rising and settings but not as the reason for creating the sites. The alignments to the sun at certain times and dates marked a way of positioning the structures in the proper earth angle or direction. The directions are not important in themselves nor were the alignments to certain stars "or whatever" of any benefit to them. No one could disagree that there must have been something extremely valuable for them to go through all this work. The next thing to consider is that this benefit was strong enough to be recognized by many different cultures over thousands of years. It would also follow logically that if this benefit were so exceptional to them then it would be a benefit to us today.

While researchers in the ancient site field are not aware of the purpose for alignment, it stands to reason they would look in their understandings for the answers. Direction is the most important thing to consider here. Today we have no difficulty determining what direction we are facing with GPS systems, maps, and compasses. However, this ability has only been available in resent times. Even the explorers that sailed from the Old-World had a difficult time navigating with any degree of accuracy. They had compasses but this tool does not work the same way at different places around the world. Magnetic north in Manitoba, Canada is almost straight or true north. But when comparing it with Prince Rupert, British Columbia to the west, which is 21 degrees off from true north, it shows the unreliability without modern charts. Following a compass that was off by 21 degrees would set you off your course by many miles. The truth is that earlier explorers still had to rely on the sun's position

during the day so they could coordinate the compasses to a real position. I don't think that anyone would say that these explorers were sun worshipers or looking toward the heavens for a god. We know why they were looking towards the heavens and that is the difference between researchers looking at ancient sites. There is nothing written down explaining the purpose of the ancient site alignments. But there are remnants of this knowledge that is woven into different cultures around the world. These remnants have developed into their own understandings and modalities to the point that they are not recognizable in connection to the sites.

As I have mentioned earlier, this book is an introduction into some of the most profound concepts ever presented to modern humans. These teachings cannot be given in quick abbreviated context without the chance of losing the bigger message. By giving a small part and stopping I would run the risk of people going off on their own tangent without having complete understanding. These teachings are not new, for they have been given to humanity for thousands of years, but only for those that are listening. No one individual owns these teachings and no one individual has brought them back to this reality. It has been done over and over again, the proof is in the fact the ancient stone sites were left behind as reminders. There are also ancient paintings and carvings on rock surfaces showing that they knew something profound.

As far as the ancient sites and their uses are concerned, I will briefly point you towards the direction of the teachings. This is so you will see that I'm not repeating another modern researcher's material. The information that I was blessed with is far too extensive and complicated to deliver in this introductory book. There is just not enough room in this book for that amount of involvement. In this book, I introduce the basics with the bulk of understandings coming in the next book. All the chapters have been preparation for the teachings and cannot be skimmed over without entering into the complete understanding. In the past there were many indications the ancient shamans and mystics have understood what I was shown. The problem was the cultural interpretation or the distance in time did not allow this information to be fully explained to the public. I can also imagine that secret sects and politics also surfaced throughout time to bury almost all the original understandings.

Again, there is <u>NO</u> correlation between the ancient sites and astrological alignments, sacrificial temples, burial places, or for sexual/reproductive ceremonial shrines. This is not to say that someone in their vast multi-thousand year existence did not leave his or her litter there in one-way or another. Nor is it to say that no one used these places for specific individual needs. What I am saying is there was a very specific objective for these sites and their design, that facilitated reason for the directions and styles.

For entertaining metaphor let's produce a scenario, for example, you are in the future and have just landed on this planet after its destruction. Your archeologists are in the process of excavating an old 21st century building. You have no way of translating the language and no historical records have survived. You are also finding artifacts that give clues to what the purpose was for a particular building. It appears the function of the building was a place for worship, a church. Along with the old rusted "religious symbols" of gods in the basement they are also finding beer bottle caps and game objects that are stamped bingo. Do you come to the conclusion, based on the evidence that on earth in the 21st century that culture worshipped gods, with the practice of drunken Bingo games as a way to communicate with these gods? Or do you recognize that others used this building, after the worship times were over, as wedding and Bingo halls. It is as simple as that in understanding the ancient sites. If you do not have the right information to make a proper informative reason for these sites then you are guessing and even worse passing it off as truth. Lumping a thousand years of use and many different cultures into one singular profile destroys any chance

of understanding. Now you may say the proof is there, and that you can show it with the imagery and shape of the sites. Or you have found a skeleton that was buried there by someone looking for a landmark that could be recognized. Maybe you have noticed the sun comes up over the horizon and aligns to a couple of stones. So what do you have, and what benefits would there be for all this work that created the site?

Let's go back to looking at imagery from an alien prospective. Shown below are two artifacts that were found in this fantasy story of a 21st century archeological dig.



It can clearly be shown that in the picture, to the left, the humans are worshipping the "Red God". In both of these images you can see the "Tree of Life". In the pictures, one of these trees is more decorative than the other, and clearly shows how important these trees are to this religion and culture. You can see on the more ornate "Tree of Life" that the candles are arranged in a pattern that obviously symbolizes the heavens and thus are star constellations. The two humans in the right picture are in an obvious altered state, used by the 'Red God" (shown on his throne), as a prelude to being sacrificed. This sacrificial 108 ceremony can clearly be shown with the severed human head in the bag that the "Red God" is holding, for his return voyage to the heavens. Body parts are also hanging from the end of the sacrificial altar, with the "Red God" holding an elongated cup in his left hand to catch the blood. I think you can agree that I don't need to go on with this, but it does demonstrate that if you are not totally familiar with a culture you are guessing.

The above scenario is how the modern world has been trying to understand the purpose for most of the ancient sites. Rather than asking the builders, they would prefer to make up things with their own limited understandings. Modern scientific tools can only confirm what can be measured. These measurements tell very little, and even then some are stretching the results to make things work for them. The tools that reach back to the builders would be the preferred way to do this. This would mean that most of these modern researchers would need to join ancient "primitive" builders in their own practices. To many this is not acceptable and in fact there are many that would be too intimated if they experienced even a small amount of this expansive state. To get to this expansive state a person first has to let go of their personality and intellect, the parts that most identify as who they are.

Without expanded techniques it has and will always remain open to what the past can teach. I recognized this and made the commitment, I joined the past workers and learned what there was to know about the universe and our place in it. In the beginning of my journey with these sites, the introduction and information became known as the Bannock Point Understanding. This understanding has since then moved into levels of information and knowledge that surpass the Bannock Point connections themselves. This is the basic introduction that I composed years ago and I would have to classify it as "Further Reading" (if you are inclined too, for it is redundant to a degree from what has just been stated).

THE BANNOCK POINT UNDERSTANDING

Throughout the ages, there have been those who have sought to explain the "Great Mysteries of Life" from information they extracted outside this reality. Some used sounds, others used symbols, astronomy, mathematics and even the written word, all in the name of sharing the knowledge. There was one obvious issue, there was no complete unified understanding. These past mystics were not wrong it was just a matter of not being complete with the understandings. They were all worthy attempts to explain the unexplainable, and as such, simply became limited concepts that offer mind-intriguing possibilities for understanding. Humans, if they desire to know the unknowable, will resort to create systems and boxes within which to put those systems, so they can feel secure about knowing the unknowable.

The unknowable is just that - unknowable. You can grasp glimpses of it from time to time. For the complete understanding you will have to exit this reality and human consciousness. Working at the Bannock Point Site, I have been shown understandings far beyond my capacity to explain, and in some cases, there are pieces that I can't fit into any concept that relates to this existence. Without filtering or apologising the next few pages will be my clumsy attempt to show and explain the gifts that were received. I honestly do not know why I was given this material. Possibly it was as simple as my commitment to share it.

If you were to view reality constructs from outside this plane, you would understand there are countless planes within planes. There are untold dimensions and limitless levels of consciousness. And each of these planes are based on the beliefs and thought forms of those who created them. It is like the blind men and the elephant story. Each of these planes are real and correct within that limited context, yet none of them are the big picture. There are for example, planes in which different geometric forms compose the reality construct. The Monroe Institute of Virginia can teach you how to access these focus states or dimensions through the Hemi-Sync program. Those who tap into these planes may try to tell you that this is the basis of the universe. Yet there are also planes in which archetypes are the governing structures. Many shamanic trips or some channelings will provide this level of contact. Those who resonate to these constructs will also tell you that archetypes are really the basis of reality. All are true, and none are true, depending on your chosen context.

This is not to say any of these people are wrong. In fact I applaud them for exploring their own divinity and the divinity of all. This is all part of the plan, or as I have been told "the game". These are evolutionary steps that we are taking to become greater than we are. The trick is not to think that every step is "it" the final solution. The "it" that we have found has always been around in one form or another, and has always been a trap for believing that we have found "it". Reality is fluid, and the "it" will always change.

The ancient shamans/priests did from time to time fall into these traps. One has to recognise that there were those from the past that unravelled enough of the Great Mystery to create what we see now as only relics of the past, modern religions. Generally humans have no patience for something that produces no physical results or involves increasing amounts of labour. Humans are much too pragmatic, and yes there are various "nonworking" religions that have been around for a long time. The truth is that religions can work as tools towards spirituality for many, otherwise they would not be here. Each to his or her own and to their individual level or needs.

One of my favourite parts of the Whiteshell Petroforms is that they cannot be subjected to many old "Victorian" concepts of the ancient world. One such theory is that these sites were used to determine the seasons so that crops could be planted on time to be successful. Anyone that would state this is more likely to have been born and raised in the city. Even modern farmers have an understanding of the right time to plant without looking at a calendar. Seasons vary from year to year, some as much as a few weeks apart from one another. Many years ago when I was an avid trout angler, I found this out through need. It all started around the need to be at the trout lakes right after the ice broke up in the spring for the best fishing. There were many wasted trips to the Whiteshell that found us standing on the shore of a frozen lake only to have the ice break up the following week. The answer was to mark the progression of spring. This was done on a calendar for convenience knowing that the dates could not be trusted. Every spring for a few years I would mark on the calendar spring changes and "landmarks". This could be anything from small creeks and rivers being free of ice to insect hatches and plant germination or buds opening. I don't live in the wilderness like the ancient ones but it didn't take long before I knew what was going to take place next as spring unfolded into summer. This type of knowledge could only be achieved through need and experience. Ancient agrarian and nonagrarian cultures understood this and did not need to develop calendars and astronomical alignments to know when to plant their crops. If you pay attention you will notice that spring and nature follows its own pattern or rhythm. So why develop the need for astronomical progression as far as the seasons are concerned? Why are certain planets or stars chosen as more important than others? Why is there a need for water moats around some of the earthworks? Why are the stones arranged in certain repeated patterns? Why is it that when the stones have been removed there is still a detectable energy at that spot? There are more questions about these sites than actuate answers or understandings.

I don't profess to have all of the answers nor do I believe the "Bannock Point Understanding" covers all of the sites in the world. There are a lot of cultural beliefs that are associated with individual sites and this includes different cultures. I do believe there was a seed understanding that germinated into a workable creation that was powerful enough to be propelled all around the world. After all cultures are colloquial in nature but knowledge is universal. There is much work ahead and will require many people to unravel this mystery. The Bannock Point Understanding was offered as a catalyst to create a new movement, with the teachings of the past.

Ancient Sites - Further

When it gets right down to it, how can we believe in anything that we cannot sense? But then you have to ask yourself; can we believe what we sense? After all, isn't that how we trust what is real. We obviously trust sight above all the senses. Our language is full of metaphors like "see what I mean" to emphases our truth. We take so much for granted so much so that true understanding is lost in the shuffle. To complicate it further, we have belief systems that censor what our eyes see. Some information is rejected and some is allowed through by our conscious mind.

So how do we see? We see because light stimulates nerve endings in our retina. Light itself cannot be seen it can only be sensed. The eyes actually "feel" and believe what our minds interpret as light. Also the eye cannot see darkness. The nerve endings, which sense motion, cannot detect motion that is too slow to "feel". As Walter Russell puts it: "Man is so accustomed to the idea that he actually sees light in various intensities illuminating from various substances to greater or lesser degree, that it is difficult for him to realise, that his own senses are acting as mirrors to reflect various intensities of wave motion, but that is all that is happening". It has been proven that light is both a particle and a wave but it is also vibration. Everything that exists is vibration. Therefore, light is the observation of motion. Motion is vibration or wave and the entire universe is a soup of harmonic motion. Thus the universe is full of light. Light that is moving away from the observer is not felt (or seen) because it's too slow to detect. This can also be said about the harmonic structure of the universe. Harmonics that are too slow are waves or harmonics that are moving away from the observer or they are vibration too slow

for our senses to detect. Standing in the middle of your creation (your perceived universe) duality is expressed by like frequencies, lower, and higher. Vibrations are recognisable by similarities or differences. Together these constitute what we call matter and space. Lower frequencies are cycling down toward source power. This vibration scales down until vibration stops. At that point it is at rest and part of Source Power. Likewise vibration that continues in the opposite direction continues to rise in frequency until frequencies cease to be distinguishable between one another. This also is a state of rest but within a higher amplitude, and it is part of Source Power. It does not matter where we are on the scale, there will be frequencies lower and higher than us. Vibrations that exceed our senses whether they are too high or too low will not be detectable by us. This does not mean that they do not exist, it just means that we are not aware of these vibrations because they are too different from our own.

Space is curved, and the curvature is the edge of the harmonic structure no matter what the size, that includes our complete universe and the atoms that compose it. "Light energy" acts as a mirror to reflect the edge or curvature of what is felt by the five senses. This spherical aspect can be explored, but only on nonphysical terms. To demonstrate this spherical aspect, many shamans including Sandra Ingerman have experienced traveling so far down into the "under world" that "you pop up into the upper world". This is a common feat for anyone that travels down into the vibrations. What I am about to state is too advanced to discuss in this part of the book, but I will give some information for those that refer back to this question. Why can't you "pop up" into the under world (lower world) by going deeply into the higher vibration? The answer is because of the structural flow of the dimensional sphere. The flow of energy of the sphere will send you deeper into the center of the sphere when traveling higher. Going down sends you around into opposites of the sphere leading to higher vibrational aspects. In my journey to the edge of this universe the "wall" or edge appears to be a

dense wavy shell of energy that has a definite and defined edge. I say defined in a loose comparison basis, in other words comparing the edge itself with the space on either side on an energetic level. To experience this you can use any size orb to travel around and through so as to experience its energy flow pattern. When I refer to the edge of the universe I'm not talking about dimensions. In this brief description I'm referring to multiuniversal concepts not just mutidimensional (in the same universe). There are multi-universes, in fact it was just recently physicists laughed at the idea of multi-universes. This has all changed now, as universities scramble to find talented physicists that are working with these "new" concepts that accept eleven dimensions. It would be advisable (if they are really serious) to take a few courses at the Monroe Institute and then to work on defining, universe verses dimension (they are not the same).

Reality can be likened to an iceberg, with one tenth visible in our air-breathing environment and nine tenths below the waterline or just past our perception. We see the iceberg floating on the water without realizing that it is being supported, held up, above the waterline by its understructure. All of reality is like this, for what we see is only a small part of what actually exists. Likewise, what is actually there supporting our world and us in this reality is not visible. There is far more structure and energy supporting us underneath our present awareness. We cannot see this understructure therefore we assume that it does not exist. This limited part of our present every day consciousness is what misleads us into thinking that this is all there is.

Consciousness is literally perception, for different consciousness is perceived differently. Thus perception supports the essence of its source level consciousness. Having different levels of consciousness means there will be different levels of needs and focus, so awareness will be provided <u>at that level</u>. The essence of any given level is supported by the conscious awareness that is needed for that environment. In this three-dimensional physical environment this conscious level is focused mainly on the five senses. One of these five senses is sight. Our physical eyes see into the environment but cannot see themselves. Threedimensional consciousness is no different from the eye that perceives the visual world. The eye can see but cannot see itself, likewise this level consciousness can perceive but cannot perceive its own origin or source.

The only way the consciousness can perceive itself is to go inward. Inward to a point that it is not influenced or restricted by the limiting aspects of this reality construct. Inward far enough to "see" a larger "picture", with you as being in the "second person state". In this physical reality both the eye and consciousness are three-dimensional structures or "tools" designed to perceive the three-dimensional aspect. The mind or physical consciousness is not a physical object but in its awareness it is, in a matter of speaking, physical in nature. By going inward the consciousness is focused in the other "direction" allowing it to perceive a much broader viewpoint. Broader in the sense that it expands into larger more expansive environments of different dimensions that do not have the restrictions of the physical.

The eye itself is but a sensory tool that is adapted to sense light and the aspects or variants of light that applies to survival in this physical world. The eye is only one of the physical tools used by our three-dimensional consciousness. It is the consciousness that determines what the eye is seeing. If the eye is picking up a vision that is outside the conscious experience or realm of acceptance then this vision is rejected before anything further is investigated.

This filter system or censorship is what maintains a culture and a reality of accepted "knowns". This censorship happens without our surface awareness because of the "lag time" between first detection of the energy signature of any event, and the actual interpretation from the eye, to what it is sensing. Energy needs to filter into the physical, coming from a higher or lower vibration. As energy filters into the physical environment it slows or speeds up (speed is relative to perception) becoming a physical object. It is at this synchronistical vibration point or rate that the eye can perceive the object. Prior to this physical entry, the energy or vibration is picked up by our nonphysical senses and this allows for filtration time to occur.



"Time" is available for the "physical" ego or "cultural censor" to be utilized as a protection device, filtering out all that is not wanted in its present belief system. Beliefs are the censoring filter and this filter is stronger in cultures and people that are stronger in their beliefs.

"Primary consciousness" in society would be the originating beliefs and understanding of this sibling culture. These seed cultures created more defined beliefs about their place in this reality. Their perceptions of reality, and the environment that they found themselves in, were established as the truth. Modern cultures are the product of our original forefathers and mothers understandings and beliefs. As societies or cultures evolved, some of the siblings brought into their culture different or marginal perceptions of the world. These perceptions were acquired accidentally or intuitively by looking inward. The gateway inwardly could be physical pain, starvation, narcotics, mediation, dance, sound of a rhythmic drum, and so on. These people became known as the mystic, medicine person, shaman, or visionary. Their only gift was being able to look inward rather than always looking outward for the answers. Some cultures that were open, ready for change, accepted the new beliefs. Other cultures rejected them and ostracized the mystics and their beliefs as heretics.

When accepted, the new perceptions changed the culture and beliefs, thus cultural evolution began. In some cultures the filter system is too restrictive and the culture eventually dies out from stagnation, or it is replaced by superior or more aware cultures. Cultural evolution is cyclic and repeats itself with regularity in a true cyclic fashion. These cultural cycles are based on spiritual evolution and are far too evolved and complex to go into at this time. The subject will be addressed later in the second book of this series. The cyclic fashion of cultures is a very important understanding that must be addressed. It is explainable from levels that proceed the physical appearance of a culture. It is the very key to understanding history and the "creational" aspects of humanity, in a historical sense.

History does repeat in an eddy of cultural "highs and lows". It is the "mystical crowd", accessing information and knowledge, outside the norm, that generates these "highs and lows". All cultures are blessed with these people, the movers and shakers. They are the ones that move the culture into new expressions of creativity, that is if the culture is ready. On a historic chronological level the world did not evolve in a progressive voluntary line of ever-improved cultures. There have been many cultures far more spiritually and consciously aware than our own present-day culture. In fact, if this modern culture were compared with a human lifetime, it would be just approaching the puberty stage.

Never assume that if a culture did not develop large monolithic structures that it was not advanced. Each culture had its own

needs of expression and ways to express it. If you were to look at this modern culture as a reference you will see the spiritually aware are the ones that are the least known. They are the ones that are behind the scenes not needing recognition and wealth to impress. There is no need for recognition and materialistic items at the higher vibratory levels. That is not to say that wealth is not good, it is to say it is not sought after. At higher levels of spiritual awareness and vibration a person is in a more balanced state. This balanced state gives a person an appreciation for whatever they have in life. There is no struggle or need for power and position to feel in control of ones life.

Remember there are no shortcuts and there is no money or power that can achieve a pure and true connection to your essence self. Connecting to your spiritual essence, your true home, the source of your consciousness must be accomplished by you only. You can hire all the gurus and mystics you want, but no one can teach you what you need to do yourself. Each teacher has their own specific path that they took and it will never be your needed path. This is why the tools of the mystic trade are used. As said before, there are all kinds of techniques that can be used from narcotics to drumming, but the thing to understand is that these are tools. All these tools have been in humanities awareness since time began. Remember they are just training wheels and can be thrown away after a balanced spiritual and physical state has been achieved.

Narcotics, pain, drumming and so on are basic tools and are used by beginners or novices to achieve the connection to other realities of knowledge. Most of these tools or techniques have their limitations in connecting to higher states of vibration. Even pain will get you out of your body but only to a level that will have some vibratory connection to that physical energy. Narcotics can achieve varying levels depending on the specific plant vibration being used. Harmonics or sound of the drum can achieve many more levels. Mediation is a skill that needs to be practiced with regularity and will always be resonating to the initial seed vibration of the person. If the person is of a lower vibration they cannot be expected to reach extremely high vibrational realities. This is simple harmonics or vibration and as shown in this book, there are universal laws that group vibrations into their own specific range of intensities or scales. In other words there are only so many vibratory levels you can access before it is out of your ability or range of spiritual vibration. This range aspect can also be referred to as a filter system, when no real filter is needed because the system is selfregulatory by design. As mentioned before there are octaves of harmonic "notes". You will be able to travel in your "octave" but to continue to the next level or octave you will first need to become that level.

These ancient shamans realized that different tools could access the different vibrational levels and at certain places, these tools seemed to be even more enhanced. They found that at certain geographical places, just being in that spot would enhance their methods of connecting to wider ranges of vibration. These places soon became known for their spiritual abilities and power.

There are places on the surface of this planet that collect or concentrate "vibrational energy". These places are vortices of energy that are a concentrated collage of different vibrational energy. Their source power, or origin is from a design aspect of this planet in relationship to the solar and universe spheres. So humans and other forms, being composed of the same universal energy, can co-create in the same "window" of common energies or vibrations at that spot. These areas are part of the harmonic structure we call planet earth. We see the physical aspect of this creation called Earth but it is still a harmonic sphere in its construction. Earth is still a composite of all the spectrum energy that composes this universe, but we can only see the surface shell. In other words all the vibrational energy above and below the physical shell that we call planet is there, it's just not physical. We literally live on the shell or physical layer of a massive harmonic structure. The mantel we call solid rock is just

a band of physical energy. The center of the Earth and the sun are not what our current science would like to think. The cores of these structures are not in this physical reality nor are the upper layers. The "Orrt Cloud" layer of this solar system is the outer harmonic edge of the sun's layers. Being a harmonic structure, the earth will have natural flow patterns called portals of energy. Like a true harmonic form there will be large main flows with smaller supporting ones. The main ones we see in the physical, due to magnetic influences are called the North and South Poles. The higher vibrational flows will not be as obvious due to their smaller size and undetectable physical flavor. These smaller flow are experienced as vortices of energy and they areas circumnavigate the globe. They are energy portals and the ancient shamans recognized this, and were attracted to them. With recognition, these places became known as spiritual sites or power sites due to their connective abilities to all levels of vibration.

Recognizing these areas was the first step for humanity. The second step was figuring out how to achieve efficient methods for others in the culture (not just mystics) to connect with this energy. An obvious step was to create "lenses" that could collect more energy than just one small point on the ground could offer. "Antennas" were created with what material was at hand. Some cultures used soil, stone, or wood. With shaping the structures into certain shapes, (purpose in second book) it was noticed that different energies were increased over other energy types. Also it was observed that placing these different shaped structures in certain directions at certain times of the year maximum effects were achieved (also in book two). The effects do differ from place to place season to season and individual to individual.

In this culture the New Age community understands using tools can increase their abilities. They have experienced this by meditating with crystals as tools to enhance their awareness and their sensitivity, to outer and inner energies. They have also recognized that placing the crystals in patterns gives more results to the energy work. A simple quartz crystal can increase your sensitivity to vibration. It, like other crystals, has a pattern or shape internally and externally that is specific to that mineral. This pattern is also specific to vibrational patterns all around us. In other words, the individual crystal is a filter and a magnifier or mini vortex to that individual energy signature. They are like vibration, lenses for that spectrum or level of vibration. As you read earlier in the book, vibration has patterns that are specific to certain frequencies. The shapes of individual crystals connect to the vibrational points of the background vibrational patterns, resulting in a connection to that specific energy. It is similar to a satellite dish that can through its shape collect more microwaves than just an ordinary straight antenna. The size of the dish also focuses and collects more waves because of its surface area. So larger ancient sites became more powerful and thus more desirable to build due to this synchronizing shape method.

Because of this crystal awareness, people have assigned different energy abilities to different crystals and their shapes. Each outer shape, corresponding to its crystal inner lattice and the type of material will reflect its signature of energy. Because this reality is a composite of different vibratory "injected" energy, it is possible to create a tool that has a connection to all the ranges of energies that make up the reality. In the past there were cultures that gained this awareness and created the tools that allowed them to reach farther into the spiritual awareness levels. Spiritual being defined here as; having the ability to assimilate with a wider range of higher and lower ranges (dimensions).

As time went on, past cultures recognized there were certain patterns that showed the greatest ability to channel in energy. While certain shapes or symbols became known for their specific flavors there were other shapes that were noticed as having a wider range of abilities. Two shapes were recognized as having the best and widest connective range of energy, that being the circle and the square. This should not be a surprise to you at this time in the book for the circle and square are but slices of the sphere and cube. These two shapes (sphere and cube) are the basis or foundation for all patterns that form in all levels. Therefore they could use these two shapes to connect to any energy source they wanted to connect to.

As pointed out earlier in this book the sphere energy is the higher or finer vibration while the square or cube connects to the slower denser vibratory states. Neither direction nor level of vibration is better than the other. They are, because of their source equal, only different as being opposites of each other. Balance could not be maintained without the opposites to complement each other's energies. In comparing it to the human body, it would be the same as left-handed and right-handed. Most people orient themselves toward one hand as being the dominant side in daily life. This choice of what side is dominant is also a metaphor of how people are attracted to their spiritual needs. Some people are attracted to the lower vibration in order to find physical grounding. Others are attracted to the higher vibrations because they may find that they are too physical in life. The ones that may be attracted to the higher vibrations could be people of lower vibratory states. There can be no judgment here, for this can happen at different times and cycles during an individual life. The shamanic practice was one such cycle in my life. I found that I needed to explore this denser realm to balance out all the work that I was doing in the finer vibratory states. It proved very valuable, giving me a wider scope of understanding. It also gave me the ability to connect to the past information on this Earth level. In fact, I have found that I end up cycling throughout the year, gravitating from one direction to another to keep balanced. The big advantage to cycling back and forth gives me a more complete picture and a more diverse understanding of spirituality.

Thus people from the past gravitated toward structures that could collect the energies that they desired. All over the globe this awareness and need surpassed the older cultures with each group designing structures they needed regardless of the shapes chosen by their forefathers. In any area of the globe you can see circular and square structures in the same area. As with my own preferences, cultures also found that they too cycled in needs, with each generation having different needs than the last. You can, by looking at the shape of these ancient structures determine their spiritual slant or need, the energy that the structure was designed to collect. In time, with more research it would be possible to see the chronology of cultures spiritual evolution.



Borobudur Pyramid

Caucasus Russia

The top diagram shown here is the design of one of the temples in Chichen Itza, Mexico. The above drawing to the right is a large medicine wheel in Russia. Yes, medicine wheels are not just a Native American creation. In fact even the famous Stonehenge design can be found in two different areas of Africa and the Amazon. There are also many massive pyramids in China, Peru and so on to show us that this was a global phenomenon and a very important one. The center picture above shows a culture that was working towards a balanced sphere/cube creation. The above drawing (left) is the pyramid of Borobudur from Java.

This book is just the first step of many steps towards showing and explaining what the majority of the ancient site's purposes were. The full picture will have to wait for the second book to be released. This also gives time and space for integration and total understanding. There have been too many "off the cuff ideas" spun into this modern culture so that I will not contribute to these theories. These sites were not just spiritual sites for they can also be used to create in the materialistic world. We are both spiritual and physical so there should be no misconception that these sites are only about connecting out of this reality. We cannot forget that we are here to also have a physical experience. Physical creative energy is also available at these vortex places. Connecting into the physical world is just as spiritual as to the finer vibrational levels. The design of some of the ancient sites can also be used as a "machine" for creating what you want in the physical. This could be a new home, money, power, and so on and can also provide another reason why this information was kept secret. I believe that there are those in this reality that still know how to do this type of work but are not willing to share it. If this knowledge still exists, it would be from a lineage or group that retained the information from the past.

Creating in a materialistic way would be a personal event. You still could not make others do want you want of them. You cannot interfere with another without their approval on any level. Creating in the physical is as diversified as you can imagine. Each of us have our own needs and desires for we ALL create our own reality. At these sites, if you were using the knowledge effectively, you could accelerate or manifest into the physical whatever you want. I also believe that this power aspect was another reason the site information became "lost". Those that were using these sites for power would have kept this information to themselves only to die with the information or be locked up in secret organizations. Once again there is a simple way of determining if the site was designed for material or power purposes but this information will come later.

The sites and their designers are similar in concept with many understandings that have filtered or survived throughout the milleniums. The fragments of this knowledge can be seen in Feng Shui and the East Indian practice of Vastu Vidya, which predates Feng Shui. As I was finishing this book I came across a book on Vastu Vidya and was delighted to see the basics were there in print. Feng Shui and Vastu Vida are proof that this information was there in the past but through time only small pieces survived. In Vastu Vidya they understand there was a grid, that directions are important, and that different energies associated to different directions and placement in the grid were affecting creation. They also recognize the tilt of the earth as having something to do with it all. I know with confidence that thousands of years ago the designers of this philosophy understood much more than has survived today. I also recognize their shortcomings in only seeing the singular plane or slice of the total information package. The grid they describe is twodimensional and is shown as a flat grid when in fact it should be a cube grid or three-dimensional in construct. Feng Shui, like the practitioners of Vastu Vidya, also recognized that building alignment and angle placements were important. This same importance was given to the ancient sites and their alignments. These alignments are in reference to a nonphysical structure that we also share with the sun and stars. However, the sharing is due to our placement in the overall structure itself and its association is more important than visual alignment.



Having the knowledge to connect to the proper elements was not as easy as we think today. Without compasses and charts the ancients would first have needed to find north, and this would give them all the other angles needed. They did this by first hammering a wooden stake (called a gnomon) into the ground (see above diagram). A circle was then drawn around it, using a piece of string twice the length of the height of the gnomon. Where the shadow of the gnomon touches the circle at sunrise and sunset marked the east and west directions. Two large circles were then drawn using these intersecting points as their centers. These were called the "head and the tail of the fish", indicating true north and south. The intermediate directions were located by drawing four large circles using primary compass points as their centers and where the circles overlap indicated the exact compass points, as in the above diagram.



The photo and diagram on the last page shows an ancient Petroform from the Whiteshell, in Manitoba. The ancient shaman that designed this one was using the prescribed method of finding north and thus his/her desirable 135 degrees. This degree has a very specific use and energy. More will be provided in the next book, but for now I can say it was to connect to the elemental or slower vibratory levels. The left picture is the actual site element and to the right is a diagram showing the ancient shaman's method, which is very similar if not exactly as the described methods form the Old-World.

How the sites work is extremely complicated and it would take the resources of a very knowledgeable shaman/priest. Once the site was built, all could have benefited from its properties. Unfortunately once the original designer was gone, the site could fall victim to others, unfamiliar with designing or misdirected in purposes, or the site was maintained for different needs being synchronized to the cultural needs of the time. The new mystics that came "on line" would obtain and redesign for their own cultural needs. Thus different spiritual or physical needs would be incorporated into the sites and still keep the original site.

People who study the sites have observed that around the world there are common angular positions or directions that the sites would be aligned to. Also noted was that a group of sites on one side of the planet would be aligned in the same angular direction as a completely different site, on the other side of the globe. Both groups of sites could not be visually seeing the same star or planet configuration regardless of the time of day. How then could this be possibly be related to individual constellations or an astronomical point? It can't but there is another reason for alignments in common directions. Some of the common directions noted around the world are; 12 to19.5 degrees, 52 to 54.5, and 110 to135 degrees. In the Manitoba Whiteshell area, archeologists have for years noticed that the ancient Petroforms (rock mosaics) were aligned at 53.5 degrees. It puzzled them as they scrambled to relate it to something. The sun, moon, and stars had to be the answer, but there was never any valid association found.

In other places the researchers noticed very accurate planning of the city structures with puzzling twisted or out of pattern buildings. Why would a supremely superior "alignment" culture like the Maya have such scattered pyramids in a complex? Below is an example of this advanced civilization purposely building on a slant to the other structures on the site. One has only to look at the statistics of the main pyramid at Chichen Itza to see how incredibly accurate the Maya could get with their alignments and measurements.



The above diagram shows a small part of the temple complex at Tikal. There is no mistake taking place here. Lower pyramids (A) are in line with north but as you can see the (C) and (B) complex is straying to the east. The reason for the misalignment of pyramids was due to time and the Precession of the Equinox, the tilt of the earth through its 26,000-year cycle. We are presently in

the Piscean Age. This is determined by locating the sun's position in the zodiac at the exact moment of the Vernal (Spring) Equinox. Every 72 years the sun "backs up" approximately one (1) degree. An Astrological Age is the amount of time it takes for the sun to move "backwards" throughout one astrological sign or 72 years X 30 degrees = 2,160 years which is the length of an astrological age. Three thousand years ago, on the Vernal Equinox the sun was in the sign of Aries. This would put it in the great Egyptian Empire days.



It was been known for years that the Mayan pyramids have older existing ones below them. In fact there are as many as thirteen smaller pyramids identified under the one at Blackman Eddy, in Belize. As noted by the archaeologists; the pyramid was taken apart layer by layer, revealing thirteen building phases. "As we dug through the layers of the pyramid, we hit 800 B.C. and kept on going down to about 1100 B.C., where we were finding settled agricultural peoples making sophisticated pottery," Below is a cross section of this pyramid.



Unfortunately they don't make mention of, or did not look for the evidence, of why they might have to rebuild in the first place. If the original pyramid was built to connect to the energy direction of choice then the earth procession would change in 72 years so the angle would be off. If it took 20 years (the period of reign) to build a larger pyramid over the older one to adjust to the new angle then it would explain why they built a new pyramid every 52 years. It would also coincide with their calendar because the connection with the Almanac year cycled back to its original start every 52 solar years. Therefore, the dates on the Calendar Round are fixed with a never-ending cycle of 52 years. With this thought in mind I would even question if modern researchers have misdiagnosed the Mayan calendar as being a Mayan "Vastu Vidya compass" instead.



Then there is choice number two and that is to just build a new pyramid. This would explain why even the smaller cities would need so many pyramids. The advantage for a smaller community would be less building material and labor required when just starting new. There would become a certain size that building over the old pyramid would be just too extensive to be worth it. It should also be noted that pyramid ages could be calculated by their angle, in correspondence with the 26,000-year precession.



In the second book I will explain why angles are not just twodimensional surface projections. The angles in three-dimensional trajectories are also important and work in conjunction with this more advanced understanding. To the above/left you can see the Stonehenge and the Great Octagon of Ohio are both pointing to 53.5 degrees, each being on different continents. To the right the standing stones call Menhirs are at angles that are not coincidental to the massive pyramids. These Menhirs stones are not leaning from time they have been placed into these angles and supported by underling rocks. The famous Alberta site of Majorville sums it up the best as far as having all the important angles. Below is an Archaeological diagram of the site.



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Almost all the ancient symbols and stone structures will be answered in the next book. Even diagrams that defy purpose do have associated answers that I can show with confidence. Remember the Whiteshell diagram a few pages back.

Well it is also in the same understanding as these symbols from a different culture and continent.



D uality of the Soul

"Where did the leaf originate from"?

Just because the leaf, like most of us, is separated physically from its source does not diminish its origin. There is no separation between our personality, the one called "I" and the spiritual part we refer to as the soul. But there are those that would try to separate the soul, so that access to it would only be through their systems. I cannot think of anything that has created more confusion and pain, past or present, than an organization taking leave of your soul connection. Probably more has been written about the soul than any other topic. In all these writings 98 % are so out of touch with the subject that it boggles the mind how the public buys into it so readily.

I started out at the age of nine being introduced to nonphysical forms that I now recognize as my teachers. At the age of 54 I have amassed an incredible amount of information and personal experience about the soul. I first considered writing about this topic by dismantling old beliefs and structures. Then I thought, "Why bother, people will only accept what resonates with their belief system anyway." The problem was that I had possession of information that was not readily available to the general public. I had to honor this information and its source, so I decided to pass on some of this knowledge. Parts of this information will be beyond anything known to this present culture, some of it will also stretch acceptable levels. With this in mind I decided to give a general description and allow integration before writing the final understandings in the next two books. There is nothing in this reality or any other reality as powerful as the soul. We see only a small percentage of this energy. If the total energy of the soul were capable of entering this reality, it would "dismantle" the human physical form. Some of us are running on only six percent of this available energy. Even at this low percentage the energy does not come into this reality all at once. It downloads at specific time periods and in increments. Our energetic system needs to mature and grow before handling greater amounts of energy, so it does this in steps and stages. This is on the physically manifested level, if more energy is required from time to time, then greater handling abilities are also needed. The body thus needs prior conditioning for this extra energy. It can be compared with a pipe system that is designed with a two-inch pipe, and yet at times there is a need to run with a "six-inch pipe energy flow". We need to adapt to the flow before increased flow is allowed. This is not as much a physical thing as it is a conscious spiritual maturity. There are many people that are forty, fifty, or sixty years old with the thirteen-year-olds. spiritual capacity of some Spiritual is acquired though lessons from consciousness different lifetimes, matched with the capacity and desire to learn from them.

As individuals, we are unique but still belong to the human family tied with its genetic blueprint. We are also connected through this blueprint like the trees in a forest are connected at root level. We are individuals, but as a leaf on a tree we are also part of the whole. We can look at a tree and say, that it is a whole plant, and yet we can also focus on its individual parts. Each part is an important aspect of the whole, for the whole cannot survive without its parts, and parts without the whole.

The soul has been metaphorically described in many ways. I will not start another metaphor, but it will be helpful for some people to visualize the explanations, so I will use the tree metaphor now and then, just as a way to define my language. Words like soul groups, soul mates, soul fragments, and so on confuse most and offer only partial understandings. The subject is too vast to deal with all the related subjects involved, so this chapter will serve like the rest of the book, as an introduction.

The first and most important thing to understand, is that the soul is you, in physical form. The second thing to understand is that after or before death the soul is still you. It cannot be killed, abducted, sent to purgatory, saved, or condemned. Nothing can destroy the very essence of what created this universe in the first place. As far as the soul is concerned it can be described by using a spectrum format, for each part has its different levels and strengths. Yet these parts described will only be at scaled levels of ever increasing greater entities. An entity is defined as an aspect that has singular consciousness with awareness of itself, and the capacity to define difference from self and its environment.

For reference I will speak of the "Soul" as the main source of this conscious energy. There needs to be clarity for there are more levels or parts to a soul, with the ultimate aspect being part of Source Power itself. This "main" source of Soul is capable of, and does through need, divide itself into parts that create individual aspects, that can also be called individual souls. It is all a matter of perspective, a matter of what level of the energy signature you are focused on. Each level is a unique individual entity but still finds its source energy from All That Is. If you say that the leaf is a complete structure and in balanced creativeness, you are right. But the leaf cannot survive without its nutrient source, the tree. If you focus on the leaf as you would focus on your human form you will see it is a complete soul aspect, it too could not survive without its source power. If you follow the leaf to its source you will find the branch that it grew on, and all around this branch are more leaves. These individuals all find nutrient energy from the branch. Humans are metaphorically the same. One soul fragment of a higher dimensional state can create and supply energy for more than one human at a "time". So the branch itself is another level of perfection and capable of supplying enough energy for many lower energetic state creations.

Each branch is connected to a larger branch, which again supplies much more energy. From there the energy comes from the main trunk, that has roots tapping into another level of source nourishment. Yes, like humans, the tree receives more than one level or source of nourishment. The roots supply elements and water while the leaves take in sunlight and air. Between the balanced state of both sources of nourishment the tree survives and grows in strength. Humans are in need of their two sources; our roots come from the physical body, while the spiritual energy provides energy for the personality. Without both there would be no humans, for we are spirit having the human experience. The human form can survive without finer or higher spirit energy, but it is then relying on the physical body's spirit to do this. The physical body draws its soul energy from the earth and physical universe. This energy is as spiritual as the nonphysical energy that supports what this culture recognizes as the soul.

There are actually two "souls" occupying the human form. Each will survive their own death, but neither can survive in this reality for very long without the others support. There is a required balance that takes place. This balance determines the abilities of the human form in this reality - the very expression of the individual. The more physical energy received, the more "basic" the personality and the skills of the individual become. If more physical energy is downloaded in proportion to higher vibrational energy, then interests of the individual gravitate towards sports, war, imbalanced power, control, and other physically oriented expressions. If the balance tilts towards higher vibrational energy, then the individual gravitates toward the artistic, gentler aspects of life, generally opposing the more concrete physical needs. This happens throughout our lives and to some extent through the year itself. We ebb and flow back and forth trying to learn how to achieve balance in our daily lessons. The lessons themselves become the fulcrum of this teeter-totter, for balance is the only state that is desirable. Individuals that are out of balance in one direction or the other, will show this imbalance in their daily lives.

Our cultures present and past, have also tilted back and forth trying to find the balanced state of energetic flow between the two sources. You can witness this by studying history as wars emerge to create a shift, with peace following, only to go back to struggle again. Souls incarnate in-groups to create their realities. Like energy or vibration attracts like vibration. If this group incarnation is in balance completion is reached soon. If out of balance the group must continue to incarnate until lessons are achieved and balance is created in the physical. Everything runs in a cyclic fashion (Ouroboros) until total completion in this reality is achieved. In some cultures the need for base energy overwhelms the human populace with extreme expression. The Mayan culture was a perfect example of this. At first peaceful in nature, it cycled out of the advanced soul fragments and into a more savage, Toltec influence (or "new souls"). It is still called Mayan because of the culture, but not of the same spiritual profile. The culture deceased in balanced soul aspects that did not need to return. So new citizens were being replaced with more basic soul aspects that found a comfortable culture to enter. On physical levels it may appear as the same people and culture, but it is not. Unfortunately the Mayan culture, like all historic cultures, gets whitewashed with the same brush. In the Mayan culture, their total history is associated with human sacrificing. From what I have been told the true and pure Mayan spiritual aspect peaked around 300 BC which leaves almost a thousand years for other less evolved spiritual groups to occupy the established creativeness. That is until the system breaks down due to lack of higher connections. In the future a complete

rewriting of history will be done. There is no other way to understand history unless you understand the nature of history itself on all levels.

Most ancient cultures started out with energetic "roots" being nurtured by base earth energy. In other words the human physical (animal aspect) was predominate. This is crucial if a species is to survive in this very corporeal environment. As the soul fragments that incarnate into this culture mature and cycle through their lessons, a balanced state is achieved. At this balanced state there is little that needs to be explored or learned in this reality. It is at this point that the entity does not return here. The key is to achieve balance in this reality so as to evolve to a point were new realities are needed to continue the lessons.

The physical reality is a vibratory gradient, with stepped levels of energy. Physical reality is a vibration of different speeds or what could be called different "notes" of this physical "octave". Standing in the preverbal center, you would have physical states of vibration above and below your current vibration. We cannot see the higher vibrations nor can we see lower vibrations past a certain level. The nonphysical gradually shifts through levels into a physical form that becomes visible to our eyes. This happens from two sides of the spectrum of visibility. Beyond this vibration the physical aspects are moving or vibrating too fast to see. This can be compared to a ceiling fan. The fan blades are very visible in a slow rotation. Speed up the fan, and the blades disappear, due to the movement being too fast for us to focus on. You can see only the physical that falls into the slower motion of the "blades" of life. If you were sitting on the fan blade itself you would see the room rotation around you. You would be able to see the room because it is spread out in a 360 degrees panorama. For you the speed is slower due to it being spread out in other words, "time". Again the person watching you on the blade will not see you for you are "concentrated" in "time".

We see the end or slowest vibration in this reality with materials like rocks, and metals, the elements that make up the earth's shell. As you progress down there is a point in this gradation when physical collapses into a different format of nonphysical. Pure energy from either direction of Source (lower or higher) is beyond recognition for us as humans.

Silicon Carbon Duality

To understand the shaman's quest and what they mean when they refer to upper, middle, and lower worlds I have to explain a new level of understanding. This understanding is difficult to write about without it being misinterpreted. Understand that there is no judgment insinuated in this section, for all are equal in Source's perspective. There is also much more to this subject than can be revealed in this chapter. There are no secrets, for all information is available to those that know where to look. Holding back is simply applying certain perimeters, of the basic subject that this book has to offer. Understand what I will reveal has been taught to me, so the information is simply a matter of exchange. Once again I will start from scratch. This is to develop a more complete picture, after all, this book is about relating to everyone that is interested and not just a certain group.

The orb in its entire geometric splendor is the basis of all that exists, as far as life is concerned in this three-dimensional world. The counterpart shape is the cube of "nonliving forms" of consciousness. Together they create the structural foundation of the physical world that we know. They are a combination that binds or glues the physical/spiritual structure of God with the ethereal spiritual aspect of God. This combination allows finer spiritual forces that cannot vibrate at lower frequencies to experience the physical world. In a symbiotic way the lower

aspects of All That Exists also benefit because these aspects can physically experience the higher vibratory states.

At the finer and denser spiritual levels there exists an infinite number of spiritual frequencies or vibratory states. These frequencies all have different needs and requirements of expression on their evolutionary journey back to Source Power (balance).

There is no hierarchy other than the one established through imbalance. There is no such thing as one vibration or one frequency being better or more important than the other. On the highest levels and the densest levels, "ALL" is understood and accepted as equal. All creative powers are understood and exercised.

On all levels, it is the choice of expression, that individualises, one aspect from the other. These different aspects of consciousness will group into common themes and desires so a cooperative creation can be enhanced. This amalgamation happens on all levels and dimensions. It is known as "resonate tuning" (like vibration attracts like vibration).

On the physical end of the spectrum, family, friends and coworkers see us in our world. We can only attract to us what we are, both consciously and subconsciously. It is impossible to attract that which is not of our frequency. We may interact loosely with unlike frequencies on the street or talk to these unlike frequencies briefly, but that is it. These little excursions away from or on the edges of our vibration are just moments of adjustment and sampling. They are a way of comparing so we may understand where our boundaries exist. As you ascend higher vibration levels, you enter different vibratory states that are separated by Universal Laws of Structure similar to musical notes and octaves. When one note ends, at a definite edge, then another note is recognised. The dimensions are not that much more complicated by basic definition.

In all dimensions, consciousness exists and has entropy, a desire to attract another. This can be with or without awareness because of the Universal Law based on "resonate tuning". If you have a pail of stones and gravel that is subjected to a vibration, the aggregate will separate into layers of like size particles. The stones will be on the top, while the sand will migrate to the bottom. It is as simple as this because of the basic Universal Law of Structure called vibration. Remember, to go finer is to go deeper inside.

Souls also group together as the vibrating sand, in vibratory "common ground". Soul groupings continue to evolve as new spiritual energies continue to be created. Within a Soul Group, the desire to create and experience is based on that which interests them in their growth. Some Soul Groups have chosen for different specific reasons, to create and co-create with physical life-forms here on Earth. This is the duality aspect of humankind. We are physical, but on spiritual levels, we are a complex composition of spiritual energies from two different aspects of Source Power. The physical body has a soul aspect that creates the physical human form. We humans are a combination of two basic souls or two "God Aspects". One is more elemental in nature, survival and reproduction of the physical form is its mandate. The second soul aspect is what is referred to as "ensoulment" - the consciousness or personality that we call "I". The physically orientated elemental aspect belongs to the lower frequencies associated with the third dimension. If so desired, our bodies do not need the higher soul to survive and can under certain conditions continue to live without a higher conscious soul in control.

The physical soul level attachment to the earth is the common source of creation. All the physical elements that go into creating a physical human body are derived from the earth's "cells" (minerals and elements). The Earth itself is a separate entity and has many layers of spiritual essences or conscious awareness layers. These different spiritual layers of consciousness span almost all the spiritual dimensions from the first to the ninth dimension.

The physical body has similar spiritual aspects and frequencies to all other life-forms here on Earth. On some levels you could say animals are of a closer vibration to us than plants, and in the animal world, certain mammal species are even closer. All that exists has consciousness, from the smallest basic atom to the most complex life-form. There is a direct relationship between genetic preference and what spiritual energies prefer to use as vehicles of expression. Complexity of spiritual energy is directly patterned here into what serves its purpose. This is how creation takes place. At the time of conception in humans, a second aspect comes into place.

The condition referred to, as "ensouling" is two different spiritual aspects combining in a symbiotic way to create a new life-form. The physical/elemental "body soul" would only act and understand in the same way as any animal. With the addition of the higher vibratory soul, the human consciousness becomes a special animal. In fact, without the second soul, the human animal would not dominate the planet. It would have a very hard time surviving here at all. Without the second spiritual aspect, this form would be relegated back to its original environment that allowed it to exist (that is pre-caveman). Ensouling allows this physical form to go beyond the boundaries of experience and reach out more creatively. In any symbiotic cooperation, both life-forms benefit and thrive better than one.

The physical form is composed of elements of the earth's crust, the host planet that vibrate to the flavors of spiritual expression of the planet's Soul Group. In other words, life on other planets would have different spiritual expression because of planetary source alone. In this dimensional expression and this planet, the dominant vibratory state is silica. Silica is the most dominant element of this planet. Other elements combine with the silica to form minerals but the main vibrational level is silica. This will be referred to as the "Silica Life-Form Consciousness".

If you look at a Periodic Table of Elements, you will see carbon and silica are almost identical in vibration but simply one "octave" off. The "Silica Life-Form" aspect is the spiritual expression of Soul Groups that work together for a common understanding. In other chapters, I talked about Source Power having a duality or directional flow. In its expression, to know itself a split or division has to take place. These two God directional flows must reconnect so a reference can be made and understood. This allows creation to compare and recognise through comparison of difference in being. The "silica" angle or physical part of Source Power is just one small expression that we see here as the planet Earth and its associated life-forms.

The elementals - animals, plants, etc.- are all derived from this "silica" or physical expression of Source Power. In this directional "wing" of Source Power there are also different vibratory levels. At the very basic level they start as elements and minerals. Yes, rocks too have a spiritual element or basic consciousness. The problem is that this vibration aspect is too different from ours to be recognised. Some ancient groups of people can recognise this, but this will be explained in later material.

This "one-dimensional" world of Source Power is the foundation of life and there is a definite, but unrecognised connection to us. From this basic three-dimensional atomic vibration, the progression continues to increase in frequency until a certain point. It is at this point the vibration is not recognised as belonging to the "Silica Force". It is here that this "silica" vibration in this dimension starts to resonate to the basic level of the other directional flow of Source Power. This other directional force was a spectrum of vibration that is lower in frequency enough to interact and combine with the "Silica Life Force". The melding of source powers continues into life-forms that have a higher vibration. An analogy of this would be the rainbow, having two colors starting at opposite sides, with a combination in the middle.

This opposite directional flow of Source Power is what I refer to as the "Carbon Life-Form". The "carbon" and "silica" labels are just names used for reference because they are spiritual expressions before they become physical. Bacteria, viruses, lichens, moss and up into the plant world form the first part of the chain. These basic life-forms start or bridge the gap between the two sources in this reality. For example, lichens absorb "silica" spiritual aspects as they break and dissolve the rock that they grow on. At this point there is a transfer of conscious energy, from "silica" to "carbon". These lichens in turn are consumed by other life-forms that take this elemental "Silica Life-Form" into their world to be expressed. This chain of events continues all the way to whales and humans, the highest "carbon" expressions that occupy this world. It is not just energy transference, but also the minerals that we absorb to form our bodies. Water seems to be the only exception in the mineral world. It appears that it alone acts as a catalyst between the two forms.

Understand that vibration is simply expressed as a scale of faster to slower frequencies. Like the "carbon/silica" label, vibration is just a way of understanding and a reference to different directions of Source Power. There is no difference as far as what is better or more desirable; they are just as they are. As with the "Carbon Life-Forms", there exists in the opposite direction a vibratory scale that increases into the "silica" expression. As you pull away from this reality and farther into the denser "silica" vibration, there is an increase in strength of this form of consciousness. This directional flow into the "silica" continues past the physical world and now enters the world of "higher aspects" of Source Power on this side of the "coin".



These aspects are known as elementals, a power animal, diva, and so on. Above is a very good photo of an elemental energy. It was taken at Bannock Point in the Manitoba Whiteshell area. Two of my students from the class that day were taking pictures and this is what showed up. The orb can clearly be seen as a true artifact due to the shadow that it is casting on the woman's face. If you magnify the orb and give it color to separate anything in the orb, a face clearly shows up.

They are at a higher vibratory state (higher in this level means farther from source energy - opposite) of "Silica Source Power". Within these spiritual worlds, there are different vibratory levels that allow a shift to occur as they vibrate at the opposite side of the frequency scale, back to Source Power. Don't get misguided by thinking the elemental world cannot accommodate evolved spiritual entities. This aspect of Source Power has the same power, awareness and creative abilities as the "higher" states of spirituality. In fact, from what I understand, this side of the "coin" is evolving faster than most of human creation. Because of this evolution, there is more involvement in our world by elementals as they are here to prod us along.

Visiting these worlds of advanced beings is what the shamanic teachings are all about. This is also where the three shamanic worlds come into play - the Lower, Middle and Upper worlds. Traditional shamans or ancestors of our species used mainly the Lower World to access understandings because of species at the time had a higher "Silica Force" than we do today. These ancient people are not the same spiritual people that we are today. Because of the closer slant towards the "Silica Force", they were much more grounded to the planet and to the animal world. This was necessary because they needed to survive in cooperation with the earth's physical energy.

There are still people on the planet today that have this higher percentage of "silica energy" and they are quite recognisable. They are sometimes judged by their appearance as slow or not teachable. This is because they have a higher percentage of opposite spiritual source than ours. They are just as beautiful in their world spiritually and physically as we are in ours. They are just focused in the opposite direction from most of us. There is also a disconnection that takes place and the overlapping confusion of their interests, in regards to modern "civilisation's" needs. They are today, providing the same service for humanity, as the lichens are doing in the plant world. They are bridging the gap between the two God Force aspects that we need before we can go on. They are truly more connected.

The shift was gradual and in stages; the first being around 5000 years ago, then 2000 years, and the latest by the turn of the century, where the spiritual energies were in motion towards more "Carbon Force" energy. This directional flow started transferring old cultures into the new direction that we witness today. From what I have been told, the indigenous people back a

few hundred years ago were a different "spiritual species" than now. Compared to the old cultures, both North American and European, there is a big difference in the make up of people from the past and the genetically identical people that we are today. All you need to do is examine the way people treated one another in the past to see the difference.

This is one of the answers as to why the ancient pyramids and stone circles were so powerful for those in the past. They were of a different directional slant and thus different energy sources worked for them more than it could be utilized by modern people. They had requirements that needed to be addressed and different from the ones we need at this time. They are not today's species, although they are identical in physical and genetic make up (on the surface appearance of DNA).

The Maya that built the pyramids are not the same Maya that live today. Neither are the Egyptians or most of advanced cultures of the past. The reason being the percentage of spiritual essence has shifted. The past was a growing process that led us to this point in our evolution. There is no room or requirement for any of the past to be repeated. Yes, there are teachings and things to learn, but only what suits today's process. Connecting to the earth and nature spiritually has to be integrated into the human form as much as the finer vibrational side for there needs to be a balance. Practicing heavily in one direction without the other to balance the energy will result in limited growth.

The spiritual swing can be likened to the pendulum. As it swings to one side it reverses its direction only to repeat the same amount of arc on the other side. But sooner or later the pendulum has to come to rest, and the energy that created this movement comes into a balanced state. It is at this balanced state that true connection back to Source can be accomplished. This is because Source Power is in a balanced state. It is only at this state that you can vibrate and connect equally at the same time to both directions of Source Power. This is pure "resonate tuning".

Being hyperactive in "New Age" rhetoric and beliefs is not the answer, any more than just living the shamanic way of being "physically grounded". It is good to know both and understand both directions, to be able to connect to both sources. It is through this connection that we can ground our spiritual aspects and needs to this reality. To live here in a balanced state is the key to physical and spiritual completion.

How do we create a balance of energies? We do so by listening to the old ways of connecting. I'm not saying to go back to the old ways for this will repeat what has been done. There is very little to learn by repeating the past. But there are valuable understandings that can be taken from the past. We cannot be what these past people were because we are not them anymore. Physically we appear to be genetically the same, but the spiritual aspect has changed and will not repeat itself. Today we are more of "Carbon Force energy", but because we are also occupying bodies that were provided by the "Silica Force", we have an opportunity to complete the exchange between the two "God Forces" in balance.

Although some of us are not "historically connected" to this planet, we are still all connected through the physical-earth body. As we evolve and look more towards the "Carbon energies", we feel the dissimilarity of the opposite energy. There is a strangeness of the elemental world because of the total difference in spiritual slant. We all understand and can recall meeting a stranger that felt comfortable from the first contact. This person would be of "like vibration" or having the same energy as us. We also can remember a time when our paths crossed a stranger of a completely different vibration, and how this created feelings of fear, separation, intolerance, prejudice, etc. How do you think you would feel if you crossed paths with an elemental or "silica" form? The strangeness of the whole experience would likely see you rejecting them with fear. The gremlins, "devils", Zeta Reticuli, and others that are not understood (all of God Source) are rejected and labeled as bad or even worse as evil. Let me remind you, that it was humanity that created evil and sin. Prior to this there was no such thing in the universe.

It is all just a perception of "Source's" choice. Outside of this reality, there is no such thing as sin or negative aspects. I know there are those of you quoting circumstances, but that is because it is from your perspective. To totally understand you must see events from the larger picture. There is much more going on behind the "scenes" than we are consciously aware. There are only free choices (we live in a free "choice universe") that are being made on conscious or nonconscious levels. By accepting all, you bring yourself into a natural state of balance. In this state, victim-hood does not exist and larger pictures become available.

Have you ever wondered why humans today are attracted to some species over others? You could probably say that monkeys and apes look like us, therefore, we are attracted to them. But why is a fish generally not considered exciting, yet a whale or dolphin is so attractive. Appearance-wise, whales and dolphins look like fish but are not treated the same. The difference is their spiritual slant. Neither is better than the other, it is just that we can relate to one over the other because we relate better to their spiritual slant or vibration.

If you study a rainbow and just look at the two ends alone, you would say the end colors have nothing in common, yet they do. To get to one, you have to progress through all the color and will end up with the opposite color. If you said the most beautiful color was purple and your whole world and beliefs were centered on shades of purple, then that is all there is. Now one day you come across a yellow. Your first reaction is that the yellow is ugly and foreign. This is because you cannot see that you are connected and that parts of the yellow are in your purple world, but yellow can be found in the composition of purple.

This is the same as an "ugly elemental or demonic looking creature". They come from the "silica-elemental" side of spirit and yet we share a common source. The ancient Shamanic orders and culture of the world understood this but today many of us only see separation. At the same time in past cultures, animals were worshipped because of the recognition of a purer spiritual energy source ("silica energy"). So much so that there was a connection that is unknown by modern minds. In times of need in the past, a North American aboriginal could call on that spiritual side for help. Animals like caribou and bison would literally walk up to these people so that they could be slaughtered to provide nourishment. For those that can read body language, watch the nature programs on TV and you will see a similar profile. Watch as the prey struggles with the carnivore, and then, without effort or thought, it becomes still and yet in full strength, it lets go and accepts the course of action. Immersed into the natural world respect is always given because these people were much more attached to it spiritually. (This process has been explained to me in further detail but it is getting off topic for this chapter.)

As for the question, do animals have souls? Yes and no, depending on what and how you define a soul. If your parameters for definition are "Carbon Souling", then you would say no. But if you see a larger picture, then you would have to say yes. This is where all the confusion is whether you can incarnate into an animal or can we incarnate from animals. All souls or conscious energies have a common source from which their energy is created. This source is referred to as God or "All That Is".

As in the higher vibrational dimensions, the lower dimensions are a myriad of structural pockets that could never be fully explored or understood. The vastness of this nonphysical universe is as infinite as the source power that created it. The only way to approach this understanding is to do it in the most simple fashion. Just for reference, I will start with one of the most evolved aspects of the lower vibrational universe. It has been pointed out to me that this is the entity some call the Dorajuadoik. The best explanation of this being comes from Hank Wesselman Ph.D. who breaks it down to the basics.

He explains: "It has always existed and it always will. It was a primal force that was, is and always would be a part of the manifested structure of the universe. It was part of the source, the creative foundation of the all. It is alive but not in the sense of form. With a tremendous power and energy field it can function as a bridge between worlds, connecting between the levels of action and the levels of introduction, a doorway into endless vastness of the great void. The spirit expresses a form of consciousness that was completely devoid of emotions. It does not understand human values, has no feelings. It experiences a state of being in harmony, in time, in a positive, growthenhancing potential. It is opposed to the condition of disconnected in a negative growth-enhancing capacity. Vast intelligence composed of pure awareness. It functions as activators and conduction of power. It has no material or physical form."



The on prior page from:

(Photo - from an ancient site called Barrier Canyon, many more photos can be viewed on the web site: http://www.jqjacobs.net/rock_art/barrier1.html)

In my teachings of this entity I have been informed that this supreme entity represents and has the qualities of the "original" God aspect. It is of pure love in a reverse way, to that of the higher vibratory state. Both aspects are pure love, both are dualities of the other. The silica lower aspect represents the opposite state, but in the total unconditional acceptance format. This is total acceptance without conditions, in mass, as in all beings, of all levels. Seeing only everything as one, individuality would be its dual opposite. Like all animals there is total acceptance that you can feel. There is no judgment only recognition of your entry into their environment. This entity's energy is of the most evolved aspect of silica direction.

The love concept on the other side of God, the finer vibrational aspect, is in individuality and acceptance of individuals as one rather than on mass. What I am saying, is that each of these dualities does have the common virtue of love understanding. It is the focus, interest, and the underlying strength of each other that is different in quality. The Dorajuadoik are the lower vibrational aspects of love, an opposite state, but acceptance in the neutrality, and acceptance that can be seen in animals.

In a very simplistic explanation, animals that are with us, in this reality, are here due to their acceptance and co-creative agreements with humans. This is in a nonphysical as well as physical co-creation agreement. We share this reality with them and are in observance of one another. Each animal belongs to a soul group aspect. I will not go into it further but all animals belong to spiritual/vibrational collectives called Soul groups. These groups are not specific to phylum or animal types, but they are of like vibration. These groups create many distinct species that may have nothing in common in the physical with

others in the same group. The group itself has many layers of similar vibration, and this allows freedom of expression. From this silica soul group level, you can place these groups into ascending layers, within the individual groups themselves. These layers are called Silica Shells and can be shown in stacked procession for clarity of description. The ancient shamans understood this and could with consistency find the knowledge and help with specific animals and their "shell level". It is not the actual animal itself but the energy or vibrational spiritual flavor that co-created this form of animal that was accessed. There is no difference in journeying to angelic realms to see angels in human form. This human form is usually shown for comfort, a recognized common ground with the person doing the journeying. Also if you go down into the lower vibrations, you are projecting without your awareness of doing so, an animal guide. Animal guides are not animals in the true sense of being a four-legged creature that has transcended realities. It is true that this entity could have at one time been drawn to a certain animal form but that is where it ends. All this may sound very foreign to some but if you want to understand the bigger picture you need to see other forms of knowledge.

In a very general description, certain energies (entities) are more adept to create into the physical in specific ways. These different become preferred due the three-dimensional wavs to environment and the entities abilities to resonate to the vibration. Energies that cannot resonate to the environmental energy will not be able to form a physical form. They will create, but in vibrational frequencies that are compatible to their own vibration. Environments in this context refers to the silica shells. As stated before, vibration shifts in jumps or specific flavors. Likewise spiritual entities from both energetic sides group into their specific environments with "rules" of the environment. In other words an entity can project into many different environments but the creations will vary in physical appearance. The same energy projected into one vibrational "background" or

shell can be a snake. In a different vibrational environment (shell) it would be perceived as a dragon in appearance. The dinosaurs are a good example of this "bird energy" format. It is much more complicated than this as the time factor is involved but it will be addressed in the next book.

Creation in three-dimensionality can only happen with what is available or at its disposal, in the sense of vibrational compatibility. This refers to all emerging entities into this environment. I understand that in the physical animal expression the closest vibration to the Dorajuadoik would be the snake. There is another that is close to this energy but I'm not aware of it ever being physical. This creature in today's mythology is called the dragon. Both these energies are favorable to those seeking a closer tie to the most evolved of the lower silica realms. I have been told that this is why past cultures, that were still emerging out of this energy into the new soul species, were so fascinated by the snake. In these cultures the snake connected them to the greatest source of this primal energy (most of it was probably symbolic). With the combination of hallucinogens, and dancing with a snake in ones mouth, you would probably have no trouble connecting to the Dorajuadoik energy level. The snake was also the metaphor for the DNA helix.

A Navajo taboo;

Snakes are an earthly manifestation of the Lightning People and related to the Thunders. They are in communication with the supernatural world. If dead snakes are exposed to the sky, it will draw the attention of the Serpent Spirits. To the modern Hopi the snake is a symbol of mother earth and human sexuality from which all life is born.

What has been taught to me, is that the only way the entity Dorajuadoik could induce its creative power in this threedimensional world, is by the "lack of features". I have been told the energy of the third dimension is too high for this pure form of energy, and that due to this pure injection here, typical features such as limbs are not possible. Anyone that practices yoga or meditation will agree there are benefits in breathing energy into the mouth. This can be very experiential when done correctly. The same is true when connecting to the lower as well as higher worlds. Below is a photo of a pictograph showing this.



The photo is from the web site: http://www.jqjacobs.net/rock_art/barrier1.html

I will not get into it here but there is much more going on in these paintings than is commonly known. Both photos from the Barrier Canyon site show the shaman manifesting into the lower world with snake energy. A very advanced shaman created the painting to the left with the blue snake in his mouth. This painting has many more messages and instructions than can be imagined. The photo to the right shows the central figure of Dorajuadoik symbolized by the icon above its head. The two objects to the sides are manifested energy emerging into this reality.

There is so much information on this subject that this book will have to only serve as an introduction. Below is a diagram that was shown to me. It shows in a very simplified diagram what is called Spiritual Silica Shells or just Silica Shells.



In the diagram the layers or curved lines represent harmonic layers or fields of energy in lower vibration ascending into this three-dimensionality. The pictograph below shows the same message but elaborates further into the understanding. Included are a spider and beetle (insect energy) to the lower left, nine lower levels (nine shells mentioned in many cultures) and mammals outside the shell with Dorajuadoik in the center.



To obtain a good hunt, many shamans would approach the game from below its existing Soul Silica Shell. It was through this approach that spiritual awareness can "sacrifice" for the good of All!

Duality of the Soul - Further

 T_{O} finish up these soul chapters I would like to clear up some misunderstandings about Soul Groups and reincarnation. Below is an article that I wrote a few years ago on the topic.

SOUL GROUPS

Excerpts from a channeling session:

June 8/03

For me the channeling started with a past life "bleed-through". How does past and future affect each other? I was shown that Soul "fragments" being projected out from the Group are not fragments in the sense of a "torn piece" but are complete unto themselves. They are smaller replications of the main soul "signature". In this explanation I saw that the Soul Group is a composite of orb structures that are interconnected (I will elaborate on it later). The system and structure builds onto itself in a never-ending way. I saw the individual creations (physical beings) connected in a triangular fashion. The people were "energetically spherical objects" at the apex of these triangle structures, and were all connected.



The above diagram was the one shown to me in my teachings. It shows how a Soul Fragment (D) collects understandings and balance in a collective way. The physical and nonphysical incarnates (B) grow and experience independently. Then at certain points in their lives, a "fork" in the road is reached and an aspect of themselves literally dies off. This is an immature or uninvolved aspect (as far as this incarnate is concerned) and is never wasted. You cannot destroy energy, you can only change its form. This energy belongs to the Group and the Soul Fragment and thus is still honored and never wasted. What happens is the undesirable aspect is adopted by another incarnate (A) that needs it and views the aspect as something new and valuable to use in its growth. In "time", all the aspects or incarnates reach a state of balance and projected state of evolution, allowing the Soul Fragment to be complete with the Soul Group's energy or vibration. Once all aspects or energies that are part of the group have reached the desirable balance, the Group ascends to the next evolutionary level which will be determined by the individual Soul Group. Apparently some Groups will join with another Group that has the desirable vibration or purpose and form a larger more complex Group that in its combined self-will have new requirements or models of growth to achieve. This combined growth continues and becomes a larger collective until the collection has to include the Source Power, at that level they become "Source".

Each of these soul aspects or physicals have the initial soul signature energy that gave them a common link and a common goal-lesson focus. Each had "tag on" energy parts or tools from various sources from inside the main group or outside the group. These tag on energies are what made them (and us) individuals and unique from each other. As the individual grew out of lessons and teachings these "tag parts" or tools become redundant and are then purged. The parts are not wasted but are adapted by others in the Soul Group or in the individual "fragment families". As one individual completes their lesson and casts off their old parts another adapts it as new to them. These new parts are the new lessons and learning for this individual in the moment. The cycle continues in an almost never-ending adapting and casting off energy parts. This is where the bleed through comes into play. As you adapt new parts, others have in turn cast them off to you. They are energetic flavors that are associated from the last owner. This can be or not be adapted by the new receiving member. This is always a choice and is up to us as individuals to decide on our own. We can if we believe in the past (there is no time or space) adapt some of the tag energies of the last owner as references to the past through placement value only. We might also refuse the tag energy and only adapt the purest part of the "tool". The best part of this is that because the last owner has finished this lesson there is also a "tag-on" answer or solution to the lesson. For every issue in our life we do have the answer. In this understanding, you cannot have an issue without having the answer. You cannot formulate issues unless you can create the part that completes the issue. A circle is only a circle because it meets at the other end.

This is also how energetic issues are passed through genetically. Soul fragments do sometimes formulate physical families that carry, adapt, and cast off parts to each other. This is ingrained into the physical gene and can create stronger workloads for certain families and the individuals in them. The future can also bleed through into the past but the past cannot bleed through to the future unless the future contacts the past first. This is because the future in "past tense" (linear three-dimensional time) has not yet constructed a path to the past. This path is constructed (consciously-energetically) upon conception of future events. It is at this time that the "future" event grounds itself into a construct of identity, which translates to identifying to past events for recognition of self.

With all this happening at once the structure and connecting energetic aspects are what makes it all work. Identification of sequence becomes evident to all concerned. The past now through contact from the future has a course to follow. Identity through structure is maintained as a seamless adventure. The web grows as others come into play. The game becomes an intricate web of exchanging lessons, knowledge, and experiences.

Soul Group harmonic structure has the same structure as localized centers of expanded beings within even larger styled structures. All centers of consciousness have a unified structure that is inherent to the vibrational signature of the entity. By its existence each entity must conform to structure that allows form to be created. Without form there is no creation only energy. The amount of energy, and the way in which it is gathered will determine the form. The flavor of the energy will determine the vibrational aspect of the entity.

This is the foundation of creation in singular form. Within the matrix of "All That Is" harmonic lines weave and cross in the ever-expanding state of the perfection of "All That Is". It is at the crossing of two or more of these lines that creation takes place. Each "line" depending on proximity to source and direction or "distance" from source will determine its flavor, it's vibrational signature, and its slant. At these nodes of creation, consciousness is born through reflection of differences between the two or more energy signatures. Reflection is comparison and recognition of difference. It is through recognition of difference

that one becomes one and others can be compared to as equally different. Difference is the definition of alive. It is the difference between physically alive and nonphysically alive. Alive is consciousness regardless if it has physical form or not.

As consciousness recognises itself, it also becomes aware of other conscious entities. This creates growth through energy exchanges and reflection. The seed entity uses the other seed consciousness to expand its own awareness. It does this through an equal energy exchange. They do not absorb each other. Growth continues in this fashion until an area of recognition exists. This area, because of its proximity to source, has its own signature, and its own shared criteria. This is the birth of a Soul Group local. It is still not a Soul Group at this time.

Through "All That Is" many locals are built small and large, singular to millions of parts. These pockets of distinct locals or communities continue to exchange energy and experiences. There comes a point in which the saturation levels of growth allows the local to shift into a new level. This happens through harmonic law. The quality and power level of resonate frequency brings the local to a vibratory state that cannot maintain its structure and it collapses into itself. This is the birth of a new level. There are fragments that continue to keep the original vibration because their proximity was at the edge of the local, and the level of vibration was not as strong there to reach a state of ascension.



It is at this point that we have a true (very simplified) Soul Group. This is the basic structure of a Soul Group, one "structure" within another. The process continues and in time you have many, many dimensional vibratory levels all within the same local. Because the original seed aspects were arranged on the original web, the structure is maintained throughout the different levels. Remember there are different levels of webs. In other words you have seed consciousness (orb) within another (orb), within another (orb), and so on. They all occupy the same "space-local" but are separated by vibration or frequency. The separation is maintained through the original structure of the web.



In the diagram above, the original grid aspect creates the joining of two energies to create a singular basic conscious entity. This grows out in spiral-orb fashion to touch others and co-creates with them. As the creations become more complex different dynamics come into play. These dynamics are what is experienced as "other selves". "Other selves" are a blending of different energies to create similar expressions, but in different flavors of the "same". Thus these different flavors have a contact and a source energy in common. They can and do intermix energies and experiences although they are not always conscious of it. They can remain conscious, and some do, or can remain singular in focus, and just exist. The process goes on regardless. There is also an aspect of the source energy that is in constant recognition and awareness. This source energy is what propels the whole operation into being and is the source of its energy. Reflection comes into play through contact and exchanges with others of the same expression or other sources of consciousness.

It is at the different levels of vibration where similarity in frequency all takes place. Two different frequencies could not cocreate simply because they do not exist in the same environment or dimensional state. There is still bleed through but not direct access. As the orb energies mix with each other, there are different degrees of the same common frequency. This is where other selves of the same creation exist. As you walk through life and follow your path, there are different forks in the road. It is at these forks that one conscious level continues and another stays behind to continue the original road. One becomes two and yet they are the same creation but separated by vibration or "road". One may die and or be recalled to the source energy while the other goes on. With the many roads that are forked in a given lifetime there could be many different lives all living parallel bleed-through continues, and existences. The as some individuals die off, the appropriate selves reabsorb parts of their energy that is needed or conducive to them. In "time" the "expression" has run its course and all are reabsorbed but not lost. Both aspects are experienced at one time. If love and experiencing love is the goal then there will be parts of that same creation that will be experiencing the total lack of love as well. No "time" or energy is wasted when spirit explores the expression. It is at the point of reabsorption that all is known and experienced through comparison.

You as a consciousness have the free will of what you need to feel and experience. This can change completely in the next lifetime or not. The essence of spirit must understand and can only do this through comparison via difference. There is no bad, ugly, demonic, or negative experience because it is spirit looking at itself. It is spirit recognising duality and different "charges" or polarities of the same expression. Pain and love are the same expression for without pain we would not fully understand love. Pain brings our awareness to a higher level to be examined. Through pain and discomfort we tend to always see clearer through the virtue and expression of that which does not need to be repeated. Nothing is repeated, it only changes through virtue of perception. Perception is the only thing that stands between seeing it "all" at once. Without perception you would see all. It is the only filter in your environment or dimension. Perception divides the "selves" from one another. If our perception is hurt, fear, insecurities, and so on this will be the one that continues the original path. If on the other hand you perceive the famous "full glass rather than half glass", you go through the fork and maintain or retain that perception.

Different orbs of different vibrations exchange allowing different mixtures to exist. As these creations become complete in understanding they also come into a balanced state. It is in this balanced, higher vibratory state that one ascends into a new or deeper orb level. The gate only is available through balanced states and cannot be achieved any other way. Since the highest vibration is in the center of the orb structure, the implosion or gate will be located there. Going into this gate will allow you to exit into other realities or dimensions. Without space or time this allows an infinite amount of inner orbs or dimensions and levels.



In the diagram above, Source Energy expands into larger but lower frequency orbs. Co-creating and sharing with other Source Energies are seen in the diagram below. The octahedron is the gate and the orbs are created along the edges of the energy crossings that define the edges of the gate (or octahedron) structure. In the diagram " Soul Group" at the top of the article, you can see the larger collective of the orbs creating a Soul Group. The lines are just energy connections and part of the God Force structure.



The diagram above shows a simplified map of a Soul Group and its projected Soul Fragments throughout the different universes, dimensions, and time. In the center is the core collection of like

frequencies and desires composing a Soul Group. The Soul Group is a collection of like vibrational aspects or energies that have common vibration and desires. This Soul Group (apparently) can consist of a few parts or millions of parts. Soul Fragments are dispersed out as energetic combinations with purpose. These Soul Fragments with their specific purpose seek out the dimensions and worlds that would exemplify their needs to complete their purpose. The diagram to the right shows junctions or forks that represent major directional changes that take place along the path of a person's present lifetime. For these splits in your lifetime do not mean that one ends in favor of another. Both aspects of you continue on in totally different, real existences. This can get very complicated. If you need further understanding, I would recommend that you read the Seth material for more information on the topic.

Time exists only in our physical perception, therefore on all other levels it does not exist. Due to the fact that there is no time. but only a perception of it, all incarnations are simultaneous. In each of these reincarnation existences, you are faced with the same relationship of probabilities. Also, in each case the nature of the conscious mind sets out its own territory-of-identity that it regards as its own. This provides a clear focus in which "present" action can be considered. A death is but one night to the Soul Fragment. The Soul Group of which your Soul Fragment is a part of follows your progress as easily as you follow your own through the day. You wake to each day in the same bed, home, country, etc. and in the same century. In those terms the Soul Group "wakes up" as a different person each day, in a different century, each life seeming like a day in its level of experience. The Soul Group carries the memories and simultaneous experiences of each of those selves. The Soul Group is obviously not physical. If you have the experience to see such a part of yourself, it could only be perceived in a form that would be supportive of your current system of reality. So the entity in its own way possesses what you can think of as future neuronal structures.

Within the vast form of a Soul Group is your own form which is not lost or limited and does not predetermine your corner of the universe. Each part is vital, and in one-way or another there is instant communication between the smallest and the largest part. The atoms that compose your cells as well as the cells themselves constantly die and are replaced. The internal organs change and yet they always retain their form. Their identity is intact. So is your own identity secure in the midst of all these births and deaths of which your conscious self is unaware. The memory of all those experiences is retained. Each cell remembers its past though all of its parts are being continually replaced. Every cell has a soul that is aware of the cell and its soul next to it. Combined, they as a group form your body that has its own consciousness. My intent is not to confuse the reader with this, but just allow their imagination to give freedom to this concept. This "body soul" is the species aspect of the physical form but is not your specific consciousness. Your consciousness comes from an induced Soul Fragment which increases in strength as you age. It develops as your energetic and conscious "bodies" open and mature for readiness for higher understandings. This is an evolution and growth that transpires as you go through life.

Everything in the universe exists at one "time" simultaneously. The first words ever spoken still ring through the universe, and in our terms, the last words ever spoken have already been said. There is no beginning it is only our perception that is limited. "There is no past, present, or future, these are perceptions that allow us to exist within three-dimensional reality. There is also a part of you that is not imprisoned within physical reality and that part of you knows that there is only an Eternal Now. The part of you that knows this is the whole self. For example, if I tell you that you lived in 1634, this would make sense to you now. We live all of our reincarnations at once, but we find this difficult to understand within the context of three-dimensional reality. The various reincarnational selves can be superficially regarded as portions of a crossword puzzle, for they are all portions of the
whole, and yet they can exist separately. We are forced to think of reincarnations as strung out one before the other. Indeed, we speak of past lives because we are used to the time sequence concept. We have dominant egos that are all part of a Soul Fragment and dominant in various existences, but the separate existences exist simultaneously. Only the egos involved make the time distinction.

A thousand years in our past and a thousand years in our future, all exists now. Since all events occur at once in actuality, there is little to be gained by saying that a past event causes a present one. Past experience does not cause present experience. We are forming past, present, and future, simultaneously. Since events appear to us in sequence this is difficult to explain. When it is said that certain characteristics from a past life influence or cause present patterns of behaviour, it becomes subjective to what you (the dominant personality or experience) believe or need at the present to validate your own expression. The whole self is aware of all the experiences of all of its egos, and since one identity forms them, there are bound to be similarities and shared characteristics between them. So the concept of - "I have a physical problem now in this lifetime and it is related to what happened to me in a prior life" has little or no validity. Researchers like Caroline Myss will admit that after thousands of medical intuitive readings she has only come across one incident where another life existence was bleeding through as a physical problem into her present client's reality. This squashes another New Age concept. In other words, when a person is blaming their present physical problem on a past life they are using this other life as a crutch and excuse so they do not have to take responsibility for their creation. Basically what is happening is the person has sent out a search through its other existences and has cross-referenced a similar problem in another lifetime giving credence to the creation. Your body is the basic product of all your creativity on a physical level. You create it on a daily basis changing it according to the incalculable richness of all your multidimensional abilities. Conscious beliefs focus your

attention, channeling and directing your energy so you can swiftly bring the ideas into your physical experience. Beliefs also act as blinders, throwing aside data that cannot be assimilated whole, preserving the integrity of the belief. Belief systems are necessary and natural. In fact their purpose is to help you direct the functioning of your biological being. This is why you can always change the picture of your life by changing the image from all the portraits that are available to you. The abilities, strengths, and variants that you may want to choose are already latent in your terms and at your disposal (refer to first diagram of this chapter).

The scenario above also applies to the present time and dimensional spiritual experiences that people all over the world in the present and in the past have had. They interpret an experience based on their beliefs. The Christ, Mary, Buddha, etc. forms make themselves present because of a person's own flavor of understandings. The actual energetic aspects probably do not have or need a form. They are expressed as a physical form to create comfort and inspiration.

In terms of personality, the individual chooses the abilities he or she will have and the life challenges. In the present, each person has unlimited opportunity to draw on the different Group Fragments or the very Soul Group's energetic aspects. The interactions are constant. In your present incarnation you consistently draw upon other aspects (fragments) of knowledge as they draw upon yours. This applies to personalities that you may consider in the future. You have a gigantic pool to draw upon, but this will be utilized according to your present conscious beliefs. If you understand that the point of power is in the present, then you have an inexhaustible realm of abilities and energies at your command. Have you ever wondered how some people can be so talented or have the ability to pull creative works or thoughts out of thin air? Listen to the next time an artist is asked how and where they get their creativity. Some will say it just comes to them, others will say they don't know. Still

others less knowledgeable or disrespectful of their own being will give it away by saying something like "It came from God". They are not wrong in saying so, it is their perception that is off. The source of creativity is God, the God within us and "All That Is".

This also brings in partial understandings of multiple personality disorders and where these completely different personalities originate.

For the final part of this chapter I will go into some advanced understandings about Soul Groups. This information is for the ones that will work in this direction in complete balance. Each soul fragment will experience the dual directions, this is to gain complete balance on all levels. In this experience it will connect in one-way or another with the "lower" complimented or "higher" flavor of itself. Directionally it also flows to balance with higher aspects of itself at any level. The level is as you can imagine, all-relevant to the observer. The examination of the lower vibrations is an advanced level of acceptance of our higher aspects and thus conducive to complete balance of the fragment on all levels. Each Soul Group is an orb and thus creating in both directional flows of vibratory energy. This is one of the reasons why more than one lifetime is needed to maintain balance. Each vibratory level will have its opposite mirror expression. This expression will be utilized and exercised in the environment of that individual's essence vibration.

Levels of vibration congregate through harmonic resonance and react to each other as a group. Pockets of dissimilar energy in the same vibratory scope or level will also pool together with the two collections forming a kind of background for each. Even though the two opposites are equal, they are still in the same "octave" and will form a collective called an Environmental Soul Group. Like all spiritual collectives, they will still have an outward appearance of the sphere or orb. The more basic the aspect is in the Soul Group, the larger it appears in densityspatial appearance, within relation and in perspective of the observer (viewed form physical space).

Soul Group size is relevant to the needs of fragments desire, to experience individual levels, of the physical experience, and is measured in the number individual entities. This size, in numbers of entities is also relevant to the "age" or experience of the Soul Group. The more experienced the group, the more advanced it could be (this is also relevant to a group's purpose). The more evolved the Soul Group is, the less the need to explore, due to relative experience and knowledge from combined learned experiences. The dimensional level will define the amount of experience that is required to understand all there is in that particular level. In the lower levels the slower time/learning ratio requires more lifetimes to achieve the same experience. In these slower vibratory states, the expression is learned slower and thus needs repeating more frequently. So in these levels more individuals are needed for the same spectrum of learning. This is the basic understanding and requirements of the animal and plant world, on a spiritual level. In the larger scope of the Terrestrial Soul Group this can be demonstrated as a massive orb with regions or pockets of common vibration. Remember the human form is animal first with spiritual ensoulment (finer vibration from outside this Terrestrial Orb). The shared experiences are all connected and life on planet earth is still a collective agreement of experiences between many vibratory levels. The resonate frequency that brings human physical form together with virus, moss, animal, or plant is due to this common collective orb.

The final understanding of this chapter is that all Soul Groups have both directional vibrations. The nature of the sphere accounts for this as it inverts onto itself and this enfolding creation allows for another level. All are part of the same sphere, just inversions of one another. The higher vibrational aspects of the Soul Group will have their corresponding balancing opposite vibrations. From the highest to the lowest vibration the Angel and the Dorajuadoik are equals, and possibly in the same Soul Group.

The Metaphysics of It All

The Translator

Mysticism from the Greek (mustikos) "an initiate" meaning "initiation" is the pursuit of achieving communion or identity with, or conscious awareness of, ultimate reality, the divine, spiritual truth, or God through direct experience, intuition, or insight; and the belief that such experience is an important source of knowledge, understanding, and wisdom. – from Wikipedia Dictionary

 ${f N}$ ow is the time to reveal to the world what countless mystics and shamans have been expressing for tens of thousands of years. The understandings and information have always been there. It was available, and attainable for those who could connect and translate the knowledge. Translators have always been the "media", the messengers for cultures. They have also been a barrier for succeeding cultures that developed independently from past translators. Messages become lost and confused within new cultures independent interpretations. Every culture past or present has their own interpretation of any single event or piece of information but as the culture dies off so do the icons or symbol* interpretations. The level of consciousness that created the translation shifts and creates its own format. Consciousness is a variable that differs from one human to another. So much that our understandings of each other, our very existence is dependent on a "bridge" of common symbolism that translates from one to another. To understand another human in your own time and culture relies on common

beliefs and knowledge. If you replace any of these beliefs or understandings, communication breaks down.

To be an effective translator, you must have the capacity of merging with the communication first, then without attachment to your own beliefs, create the words that are capable of being understood by the listener. Because of extensive training and exposure from childhood to adulthood, Bill Dayholos has become the perfect modern day translator. With many tools at his disposal and a complete ability to connect to universal knowledge without interference he becomes a clear source for the available knowledge.

People asking for answers to their own needs, perform the biggest misunderstanding in spiritual or nonphysical searching. These needs are usually off balance or incorrect in the first place. Asking with an imbalance for an answer will usually filter an unbalanced result. A pure translator is one that doesn't look for answers to their own questions. They are not seeking validation of what they know, they are simply asking why. Asking why, rather than is this correct, creates a filter system for the information coming in. People's beliefs and current understandings will always filter pure universal knowledge, translating it into a cultural known or parallel understanding. To connect effectively you must let go completely and in this state of innocence ask to be taught. Your subconscious desideratum will be the steering wheel for the experience.

Language is a series of symbols that connect concepts to form a common understanding between the speaker and the listener. Changing one symbol or concept that this symbol represents can effectively break down the common understanding between the two. The more change that takes place between the communicator and the listener's symbolic understanding the less is understood in comparison with each other. This can reach a point were communicative language is still taking place but the language of the speaker is interpreted differently by the listener. The words are the same as each understands them, but the message is completely different. This is how easily messages from different nonphysical sources can be muddled and interpreted into a new format. Unfortunately the format will be in the listeners understanding, their representation of the symbols. You can say; *"This is what I was told"* but can you accurately say this was the message?

There is only one-way around this impasse and that is to have the translator directly absorb the concepts into their integrated understanding of the information, all this needs to be done before it is put into a language. In other words, one that absorbs the concepts first as a known understanding, then translates them into their language.

* Symbols are objects, characters, figures, sounds or colors used to represent abstract ideas or concepts. A symbol, in its basic sense, is a conventional representation of a concept; i.e., an idea, object, quality, quantity, etc. In more psychological and philosophical terms, all concepts are symbolic in nature, and representations for these concepts are simply token artifacts that are allegorical to (but do not directly codify) a symbolic meaning, or symbolism.

Channeling, Mysticism, and Whole Consciousness

There are many books and internet articles on metaphysics available to the public. Some are even offering workshops to teach the basics, but unfortunately few of the above are worth the effort or money spent on them. At the end of this chapter I will offer my opinion of some of the best authors. Remember this is only my opinion and it is based on what I see as a <u>balanced</u> teaching effort. I do not condone fear teaching or teaching that

tries to corral someone into only one-way of thinking. Metaphysics in general has been condoned and praised throughout the ages and survives into this culture under the label of New Age.

As science and religion evolve, they find themselves closing the gap between their opinions. This is not a very comfortable process for those with the most invested in their respective fields of expertise. Metaphysics or Integrated Spirituality will be the bridge that eventually closes this gap in the two subcultures. The reason metaphysics will be the catalyst or bridge is because it is the realm of the most open-minded people. This openmindedness is and always will be the translator, arbitrator, and the interpreter of conception. I must admit that I'm not impressed with the way New age has gone. It too has become a religion with more falsehoods than truths. This is not to say that it should be discarded, like most understandings it is a personal commitment and must ring as truth for the individuals involved. As in science or religion there are many in metaphysics that want recognition that spin a half-truth off another half-truth that eventually equates to a total truth. Truth in this case has its basis on a halfway effort by someone, which is picked up by another, and then another until eventually all agree, this is the only way it can be. This process happens more than anyone wants to admit or believe, and it does permeate all fields of research. This is in fact, the basic process of many established sciences and religions. This process is so meshed into all cultures and social understandings that there is no way any of it will be untangled. In fact it is not worth the effort to try. What is worth the effort is to separate yourself from all beliefs and redefine your own truth. I'm not suggesting that you abandon your life, only to separate yourself into a daily functioning level and real reality level (the actual inner you). Becoming a mystic is separating yourself into two personalities. One that interacts with all the people in your environment and the other that treads its own path. Many would say that this is dangerous and there is a chance of you losing yourself through complexity or confusion. This is

impossible unless you are already coming apart at the seams. If you decide to become a mystic, you will quickly find out that you are not, just this "one", that thinks, and interacts with others. You will discover that you do not end, and that you are more than the sum of your parts, physical or nonphysical. You will learn more about yourself than you could possibly imagine. In fact, you will begin to see larger pictures of what is actually going on, including behind the "scenes". After recognition takes place you will also discover that there is another picture that is even larger behind the first.

Being a mystic, channeler, shaman, or whatever you want to title it is all about connecting outside this modern culture's accepted "norm". There are thousands of different degrees or levels of connections possible, all being relevant to the individual themselves. Most people have experienced something in their life that was not quite in sync with what the culture could say as being normal. Normal in this case is defined as what the majority accepts and agrees upon. What is accepted and agreed upon determines "normal", and formulates a common belief. When people commit their beliefs to certain fields, they invest heavily into these beliefs and only accept material that supports these beliefs. In that way it becomes a truth to them that defies contradiction and only seeks confirmation. This chapter is then directed to those people that need more evolved understandings and are bored with the limited New Age and cultural teachings. The fact that you are reading this material should show you that you are ready. The soul can be investigated from two directions. In this chapter I will look from the physical perspective or direction inward.

Anyone can be a mystic, remote viewer, or channeler. It is all about how much time and effort you are willing to put into the practicing of the art. There is nothing more mysterious about it, you just need to practice. Even naturally gifted people (having spontaneous abilities) need to practice in order to refine and become efficient. There is little difference between those that are born with ability and those that need teaching and practice first. The only difference is in the timing. Some of us need to accomplish certain goals in life before being distracted by the mystic world. You may for instance need to raise a family and provide in a focused way towards this physical goal. Once things become more settled then abilities start to kick in. Others with the gifts at birth are making this their priority in life first (a decision made before birth). The only difference is in choice of creative expression and purpose.

The brain is capable of interpreting and translating far more inner information than it appears to be doing. It is the ego's idea of what is possible, the ego's concept of reality, that determines in a large manner whether the brain will interpret any particular data. Now some inner data cannot be perceived or translated by the conscious part of the brain. What happens is, as consciousness expands into new levels of awareness, new pathways develop to accommodate the new information, into a translatable matter. In other words, the more a channeler or mystic works with the material, the more clear and complete the information becomes. Basically there is little difference as to the manner in which normal perception or extrasensory perceptions are received. Both originate in the nonphysical, it is our choice as to which one or both we want to perceive in the physical.

Even in the physical, there is a highly intricate web or field that reaches out from us as an individual self to all the persons we perceive. The people that are part of and are in agreement with our co-creation are knowledgeable at one level or another, for nothing would be visible otherwise. This web is connected to our nerve endings, as our nerve endings do not stop at our body's edge. They continue out and into the nonphysical aspect of our human orb structure. Nerve pluses travel outward past the nerve endings, going along these nonphysical pathways connecting us all together. Communication with others is as fast as communication happens in our own bodies. The pathways are carriers of telepathic thoughts, impulses and desires that travel outward from each of us, altering and changing in a symphony of co-creative experiences. In a very real manner, events or objects are actually focal points where highly charged psychic impulses are transformed into what we physically perceive as matter. It is along these pathways, at junction points or crossings where these highly charged psychic impulses collide creating matter. Matter is focused consciousness in one point and period.

We are literally hypnotized into believing that our feelings arise in response to events. The truth is that our feelings cause the events we perceive. After this we react to the event, which brings it into the experience, thus being translated as the only perceived part of the event. The feelings happened ahead of time because it was the feelings that initiated the event to happen. You can clearly see this using hindsight. In other words after the emotions and the event settles down you will see how much your feelings have cleared up, allowing a less troubled life around the subject. Letting go and the art of releasing pent up emotions is a major factor here. The more practiced we become the more efficient and effective we are at this process, which allows for objective understanding. This an objective understanding or perspective creates fertile "ground" for learning and growth to occur. The key to recognizing is through hindsight, allowing enough time to transpire to see clearer. Bigger events can take years to look back upon for this result to become obvious.

To become a channeler/mystic, your intents, concerns, interests, needs, desires, your very characteristics and abilities all directly influence the material. Making contact to these other realms is not an adventure into the dark lonely chaotic realm of alien existence. These realms are ever-spiraling states of existence in which different kinds of consciousness meet and communicate. They are not impersonal realms, but are involved in the most highly intimate interactions. For these realms are all around us and are part of us, because they are us, on one level or another. We as humans do not stop at the physical and mental form. We

exist simultaneously on many levels or vibrations all day long! We are many different layers of awareness and stages of spiritual development. An analogy would be; consider the knowledge that time does not exist, and with this in mind see all your present life stages all at once. Remember when you were five years old, now recall memories of an older stage say 16, then 25, and so on. Now holding the memories of these different stages all at once, realizing there is no time separating them, see how they still all exist. Each stage of your present life still exists and will always exist on one level or another. You see, we are only focused on the point of time (growth stage) that our lessons are concentrated in. No time, but yet every year that we existed still exists so what is the separator? Our lessons and awareness level separates us into stages of development with cycles that repeat and expand into new levels of learning once each is accomplished.

This is exactly what is happening on all our spiritual levels. The definitions of spiritual are the levels that we cannot access completely in the physical. No more possible than the five-yearold accessing the body of its future self at the age of 20. Both bodies exist, with the "story" being written, it is just finding the sequence of "pages" in the "book" that we are ready to read. All our levels of development are here, all existing at once, but being dependent on our point of reference or focus, this will determine the level you see. Seeing can only be accomplished with awareness that is capable of interpreting the energy or vibration. We must be of the vibration to experience it on any level with any great understanding. If we attempt to view a vibration too high for our present state, then we will only understand components of it. Many mystics that are not prepared to enter higher or lower vibrational states of their current level, will usually extract "unusual" messages from these other realms. This is how the misinterpreted messages come about. The bookstores and internet are full of channeled material that is so uncoordinated with this state of reality that it can be called invaluable or inaccurate. This is not to say that they are lying or

misleading the public, these people don't know any different. If you were five years old and you were connecting to a future age of yourself, decades older, you can see how knowledge from this future period would be misinterpreted. The understanding is as simple as realizing the five-year-old would be unable to understand that future level of development without going through the lessons to get there.

All spiritual experiences fall under this rule of vibration. Vibration is directly relevant and directly in correspondence to its own frequency range. Any attempt to access a frequency different then a person's current one will result in only a partial absorption. For accuracy in understanding this other frequency level one needs to become it or be of that vibration. The exception to this is duration of access (the time period). Some mystics can with or without enhancements (drugs, pain, etc.) attain entry into realms that is not of their vibration, but it will be for short experiences only. Experiences in this statement being defined as the capacity of accessing enough information that is translatable, to bring back to the conscious mind. Most channeling is the process of a channeler connecting to other aspects of themselves. This also includes future or past physical lives. The connection could also be completely out of this realm and species. Most of the time the channeler is but accessing a level of themselves and nothing more mysterious than that.

Yes, you can tap into outside sources but this is not as common. Great levels of practice and focus must be applied to bring a different vibration in as you can well imagine. What may appear to be an alien introducing itself into your realm is more than likely just an another aspect of you that resides in this other form. Retaining this understanding will produce a very open and expansive learning process for us that will bring balance to the exchange. It is common to read narrative statements of alien abduction interviews that find the abductee complaining to their abductors that they do not have permission to do this. In fact they more than likely do by nature of being one and the same, having a co-dimensional experience.

This is a very important understanding, for most channelers out there are not aware of their connection to the source of the information. Most do not understand that the information is coming from another aspect of themselves at another level or creation. This is due to being compartmentalized in our own experience, therefore we automatically separate ourselves from such understanding and knowledge. We must realize that compartmentalization is a necessary phase in our development in order to first comprehend oneself in this reality, and then expand from there.

Fortunately, creativity does not deal with compartments for it throws aside barriers. Most people that are involved in creative work become so compartmentalized in their creativity that they fail to see how it could be applied to other aspects of their life. Most artists, writers, craft people, etc are all channelers in one way or another. Some are directly "plugged" into the ability or they are just accessing fringe levels of what they know and practice in other dimensions or lives. We are very immersed into all of our essence awareness and in total connection with all our other levels. It is only our ego that has forgotten this. This aspect is a part of what defines us as an individual but it too can define us in such a limited way that it becomes stifling. It maintains much of its stability by looking backwards, so to speak, into the experience of its past, and finding something of itself there. We can witness this in less creative people by their need to remain in the past clinging onto old ways, music, memorabilia, and so on. This is also where many of us repeat lessons by maintaining a pattern of behavior, which supports an outcome. Creative people are the ones that are always expanding outward into realms that are new to this reality and their own individual realities. In fact this is what defines them as "creative"! Creativity is connecting to Source or Essence, the expanded state of self

When the ego becomes a mere observer rather than a controller, and momentarily suspends its rigid judgments, then inner direct experience is given some freedom. When it is completely (or nearly completely) subjugated, as in sleep, then there is direct experience through the inner senses, without conscious awareness of it. The reason that direct inner experience is often cut off and rarely sustained is due to the ego almost immediately clamping down to examine the phenomena. It is at that point that most of the communication is cut off due to its analytical nature, so it can ascertain whether the communication is a threat or not. Due to lack of experience or understanding, perceived from the past, there will be little or no reference for the ego, so confusion leads to fear, this creates the blockage, thus the communication is severed. After all, fear is the lack of understanding and knowledge!

First of all there must be abstract knowledge and concepts before there can be any applied understanding in real terms. We cannot know perceived events unless we understand who perceives them. The most important thing is to learn more about the slant of our own consciousness, so we can achieve a position to ask pertinent questions about our own reality. Our ego chooses channels of reception with great care and discrimination, censoring anything that it feels is a threat to its own dominance. It does get support from this reality for any information entering this reality will be somewhat distorted because of its vibrational density and limited filter system. Between ego, dimensional law, awareness, and spiritual development it is truly remarkable that anything gets through from other dimensions. Add to this soup of confusion, one culture, and stir. Culture must be considered one of the most important determining catalysts of all. It can stifle or encourage mystic development. This can go as far as some cultures seeing people with mental illness or disability as being blessed with a gift of second sight. The truth is they are special people but their conditions and connections are usually not suitable for the culture. Again it comes down to the source's ability to translate the information. Seeing demons and evil

things for instance are not an insane person's lie. It is an observation of ones own fears being manifested into their awareness. These are real entities, to that individual, and only relevant to the one that is creating them. That does not mean that you or I could not meet these entities, for they exist on another level, it is that there is little growth that can be accomplished by doing so.

Understand there is NO such thing as evil or the devil. The devil can, has been, and will always be, created but only for those that need the experience. Fear will always draw more fear to support the emotion. Emotion can and will always create the experience for the ego needs confirmation of its thoughts. There is no level of existence that has a resident evil force or devil, other than the ones created by unbalanced individuals. This entity called the devil is a creation of humanity. Prior to humans there was no so such thing as evil. It has been mainly used by some to control the actions of others through fear. The only way we can experience this aspect when on a journey or OBE is by bringing this fear aspect of ourselves into the journey. It will never be there waiting for us unless a part of us is seeking it. Shaman or mystic instructors that teach fear in journeys should not be teaching, rather they should be reaching out for help themselves. There is no difference between experiencing a fearful event in the nonphysical than there is in the physical. If you hear of those experiencing fearful creations in their journeys, you will also witness them creating the same in their physical lives.

The Dream State is not what this culture understands. These are connections to realities that we exist in and are familiar with. The stories that unfold in a dream began prior to our sleep state and continue even after we are awake and carrying on our day's activities. A recurring dream is one that you have tapped into in sequence from the night before. It is like turning off the VCR and then continuing with the movie the next day or week. Dreams also connect us to future and past aspects of yourself. They have been a source of knowledge for thousands of years. Many cultures saw the benefits of recalling dreams. Many ancient cultures found the knowledge of how to use the environment to their advantage through dream recall. Plants and their medicinal properties were extracted through dream world research. A person interested in herbs and plants in this reality would find themselves in nightly dreams mirroring that daytime preoccupation. Shamans needing to know where hunting game was or what was on the other side of a large body of water would journey out of their bodies and bring back this knowledge. Dreaming and OBE states have one important thing in common, that is we need to learn how to recall the experience.

Those that do not construct a system cannot perceive it. In other words, we must contribute somehow to a perceived system in order to witness it. This doesn't mean that an alien or apparition is part of your system. For them to be perceived by you they would have to be in communication in some way or another with this level. An alien or apparition is not always a part of our system but it can be perceived if the "need" arises. Physical matter is not as focused a state as we imagine. There are many graduations or degrees of the physical, just like there are many graduations or bands of light, for light is an extension of the physical.

Some bands or frequencies of light are called the visible spectrum. We know that there are infrared and ultraviolet spectrums of light that cannot be seen with the naked eye. Physical matter has the same properties, with our perception being capable of seeing only a certain range of physical. There is physical matter that is higher and lower than our perceptional band. The apparition would fall into this category. It has form that can be called physical but the form can be just on the edge of our perception. For the average person this can take place just at the edge of their visual perception, at the corner of their eye. To others, vision can be aligned to a more central focused area of the eye for clearer interpretation. These people literally can see a wider band range of the physical spectrum. This is the problem for those that cannot relate to the mystic, for they will not experience anything outside their narrow vision unless they loosen it. To most people this is too frightening a concept for them and their ego to allow. For others they have too much invested into their arguments to surrender to the concept that they were wrong. Some choose to mask their fears by using relaxants called hallucinogenic drugs, anything to separate their ego from this reality so communication can take place. The true mystic is one that can literally see a wider range of the Electromagnetic field we call physical reality.

Channeling is the process of downloading energy into the reality of the individual. This energy can come in the form of pure energy, information, artistic abilities, guidance, support, and experiential participation. The medium or the human receiver will determine whatever formats come through. Regardless of the projected energy, the medium is always the one in control of the energy. If the energy is in the form of information, it is still the medium that decides what and how the information will be downloaded and interpreted. The source energy is pure, as far as what it represents and its level of origin. It is the medium that will translate the information. If you are looking for channeled information, it will be only as "good" as the channeler. The intellect of the channeler, their fears, insecurities, strengths, knowledge base of subject, spiritual evolutionary level, and culture will determine the outcome of the information. Information guite literally must be sifted through the layers of the medium's own personality. Unfortunately nothing is neutral, for the nervous system reacts to the information even as it translates it. The energy must enter, travel, and be translated into the physical to be interpreted. The translation thus becomes part of the nervous systems structure or perception. Observation of any kind instantly alters the electromagnetic and neurological system of the perceiver. In physical terms, this is what perception is. It is the observing mechanisms themselves that change and are changed by that which they perceive (in our

physical system that is). Any perception immediately blends with the entire system of the individual.

As a channeler, to be completely clear or objective is impossible. The vibration level of the person will always attract to them an equally resonating energy. If the channeler is fearful of the future, then information that supports this fear will be attracted to them. The information might be for another period of time or physical reality, but since the channeler is looking for information to support their world, this becomes twisted into a personal future probability, and the fear is fulfilled in the information. Each person alive today is in himself or herself, a reality. When creating these realities we have to choose how we want the reality to turn out. We are not victims of a reality unless we chose this format. There are many of us that need trauma and drama to learn or express ourselves. A channeler or mystic must not choose for others what they deem or think is the right way. It is not their responsibility or duty to project into a culture what they are receiving about probable future events. Unfortunately promoting trauma/drama and possible future events is already a full-time occupation being fulfilled by our news media. There is no need for more promotion of these insecurities. The power each one of us has cannot be measured, for it will always be our choice as to what we want to experience in our reality.

To give an example of communication breakdown between realities, let's look at one that actually exists, where relying on external perception would be impossible. Communicating with this system would have to take place under our normal perceptional ability. In this system, verbal communication is not a basic method (nor is it in other forms of consciousness, be it higher or lower than our own). In this selected system, sound associated symbolism is not used and seeing visual concepts as a form of communication is not required. This is because many systems never adopt reality, for it is too restrictive. In this selected system, colors are used as the prime method of communication. These entities send out telepathically gradations of color variants and hues to support communication of their emotions and needs. In this system, as real as our own, communicating with us is limited for them and impossible for us. They can see our intellect and emotional states through frequency of colored vibration and can through this extrapolate information. It is not complete by any standards, but they can perceive us. We on the other hand only see colors and hues coming from them that are in general, to our normal state not definable as a language or exchange of information. This is just one small fraction of the universal creation and you can see how impossible exchange can be with just this one alone

Intellect forces us to interpret data in a highly specialized way for the use of the physical organism, and this has to be in a timeoriented structure. Emotional aspects of the intellect are far superior in fact than analytical intellect. This is because the emotional side of us does not rely on time and the pure intellect side does. Unfortunately, the emotional side does not make sense to the physical brain. The physical brain finds it highly difficult to assimilate any information not time-oriented, therefore it labels it as meaningless. Emotion itself, for most people, is the results of information and deductions already made, of which we are aware. Because all this new information is not available to the brain, it sees the emotion as a sudden appearing within the brainscape's thing, reach. often unexplained and therefore to some extent threatening.

Going through these understandings also brings up the question; are alien beings superior? It would depend on your definition of alien. Most nonphysical entities project to you what we are comfortable seeing. This could be Mother Mary, angels, aliens, or demons. The finer the vibration, the better the projection is maintained. Lower forms like deceased humans can only project their view of themselves (as we all do). Mainly due to the nonrestrictions of being in the third reality, most entities are freer to see larger pictures. This clearly gives them an advantage and thus a superior stance. There are also many different species and thus should not be grouped together in any aspect. Like the species on earth, there are many levels of intellect, all based on need, but evolution is not just about physical and intellectual progress. In fact, it can lead to the opposite as far as the true evolution of soul.

Another misconception is that enlightenment means the completion of a spiritual journey, the end of a long spiritual "road". Nothing could be farther from the truth. Enlightenment is but that, enlightened to one current level of understanding. There is no end to the spiritual levels that can be achieved physical or nonphysical. Each layer needs enlightenment to complete the process and move on to the next. Many so-called enlightened individuals have a long way to go to find balance and understanding that exemplifies this reality. The proper term would be <u>Whole Consciousness</u>, meaning a balanced, full spectrum connection to source.

We are, as individuals, and as a species, working towards whole consciousness. We cannot pinpoint the location of consciousness any more than we can find our dream's location. We, as a species were just as real and aware before the physical properties were incorporated. In terms of the beginning of three-dimensional reality, we were lingering in the "Dream State" long after plants and animals had manifested into the physical world. Other creatures had awakened into this reality long before humanity. They were well established here and had gone through many phases of existence. Humanity became the extension of our spiritual growth into denser vibrational states. This evolution into the physical is still going on today. Each generation of expression is learning more than prior experiences. Progression is not in lineal order as you can image, with no time as an aspect. It is more like an explosion of consciousness into the third dimension with many lives all at once. Whole consciousness is to complete this expansion into the physical. It is not to abandon the physical all together. As higher vibratory states will be integrated into the physical, it will become less dense.

In the theme of this book, my desire is to bring understanding to anyone that is ready or open for the information. Also this book must be done in the simplest and most basic way as not to segregate anyone from the information. It is that important and valuable, for everyone has the ability to achieve the skills they need in their creation. Using an analogy I will attempt to demonstrate our spiritual reality on a common roadway.

As you leave the city on an eight-lane highway, you eventually reach roads that are only two lanes. Going farther out into the landscape, you find yourself on a gravel road and then a dirt lane. We are living on the side of this dirt lane. Beautiful lush greenery all around us but a much slower traffic flow. Whole consciousness is having the ability of choice; to open the dirt roads to four lanes, all at the same time, or restore it to the beauty of one country lane. We are here, as "they say", to have a physical experience, not to abandon it for the spiritual experiences we are still currently occupying without remembrance.

Continuing with the road analogy you can see that there is more than one country lane coming off the larger road. In fact there are hundreds of lanes shooting off in all directions and into many different terrain and habitats. For the analogy we can see that you live off one of these lanes and are very familiar with the region. You know that when you need firewood or some other supply you head off to the habitat that contains the resource. Each resource being down a different lane only means turning down this appropriate lane, to its source.

This is the definition of channeling, or it can be referred to as connecting to one aspect of Whole Consciousness. There are many of us that do this by simply deciding to use abilities that we have not used before. Others will reach a point in their life where they are just going to do it, without the proper training. There are many like me that take up a hobby for the first time, only to see the results turn out very good from the beginning. Our culture calls these people talented without even knowing were this ability came from. They try to intellectualize it by rendering it down to genes, God's gift, social rearing and so on. Others define it by saying that the talent probably comes from a past lifetime. Well, that last comment is closer to the truth than anyone understands. The problem with the comment is there is no past or future life. They are all happening at the same moment, because there is no time or space, there can be no past life. There can only be individual lives that are connected. These individual lives are the lanes in the highway analogy. All lanes are connected to the larger branch road or the larger road has access to all lanes by virtue of connection. It is as simple as each life or "lane" is an individual but a part of the whole. Whole Consciousness is having the ability to access any part of the whole at will.

The "lanes" in the analogy would be our physical bodies with the larger "roads" being our nonphysical aspects. You can see there is no secondary road connecting the lanes but access can be granted by traveling up to a main road and then back down the "lane" of choice. Upon death, the "lane" may be turned back into a field and its material used as fill for a larger road but the memories of the lane's resources will still be part of the road structure. In other words, even after death the information that creates us can be accessed, unfortunately only to the point where we left off in our individual growth as a physical. We can and are accessing the other lanes right now and every day that we exist. Simply by being, we are part of the structure that is our soul structure. This structure does not end in its source path for it goes back to its very creation. Like the road analogy driving too slow in the faster main highways will not work. The limits are kept as to what we are capable of connecting to.

The carpenter that lives on one lane can reach out to the musician in the other region for help. Together they will exchange information and skills. This goes on with or without people's awareness. By being more aware of our composition and ourselves, we can take better control over what we want. We can connect to other lives of our own soul composite. Even animals connect this way to their collective. It has been witnessed and called the "hundredth monkey syndrome" due to observations of this process in action.

Through this process of connection we can tap into the masters or even the masterpieces that they considered, but never had time to create. The term master in this case refers to the ability of an individual to access higher states of the subject that is requested. In essence we as individuals are composites of many "personalities" and "parts". Some people are aware of this in a wakeful state but all are in their dream state. It is in the Dream State that total connection is achieved and results are procreated for the physical side so we can act on the decisions made in this creative state to arrange our future.

I have found in the last 30 years that connecting outside this reality was the easiest part. Staying connected was the learning part and the part that needed the most practice. It is through trial and error that we must first hone our needs or interests. It is also hard to extract information on topics where we have little or no prior knowledge of the subject. By not having prior knowledge we cannot understand the language that was being projected to us. An example would be; if you were to try and connect to information on subatomic particles, you would first have to learn something about them. The trick is not to learn everything that is available. The reason being, that too much "wrong knowledge" only stifles our capacity to accept new information. To start a new project or adventure in creating, first start with buying a book on the subject and reading the basics of the subject. Take at least a couple of weeks for this. Think throughout the days, in-between the reading time, about the subject as often as you can remember to do so. All this is to increase your appetite for this ability you have chosen to access. If it is art or craftsmanship go out after your short study of the art and purchase the supplies. It is important to stay focused as much as daily life will allow. Try a simple project first and while

doing so say: "It will turnout as it will, but I know the next project will be twice as good as this first one." Know this, believe this, and it will become fact! You will find that if you continue this in a steady daily practice you will access and keep accessing the source's ability. If on the other hand you get sidetracked with another project for even a couple of days all your prior work will have to be repeated. It is important to choose a time period you know where you will not be interrupted. As you get better at this you will be capable of being interrupted with the mundane chores of life for longer periods, without loosing the connection.

Channeling

Channeling is similar to artistic connections. The difference being, the less you know about the subject (or information), the clearer it will be, from an interference level. I have found for myself, that years of studying subatomic theory only helped in widening my view. In hindsight it was a great subject to have started with, for it is all theory and very little of it unified into a complete understanding. This allowed me the freedom of not knowing and the ability to accept the outside knowing. Channeling can be started with a process called automatic writing. The purpose here is to train yourself to let go and still feel that you are in the physical. When first starting into channeling, it is very important not to talk to anyone about what you are doing. Even people you trust will indirectly or subconsciously doubt you. This subliminal doubt will have a disbelief effect in yourself, shutting the process down for you. Automatic writing is simply allowing your hand to scribble down the words that come to mind. Do not try to understand the words, mistakes in grammar, their direction of thought, or their composition. As soon as you focus (even in the smallest way) you will lose the contact. Scribble at first allowing the odd word to come out. After many attempts you will see short sentences 196

being created. Only look at them after the session is over. A pen in hand or a computer keyboard will do.

Channeling offers us an incredible tool to access parts of this universe that cannot be achieved in any other way. It is important that not all channeling be regarded as your truth. This may or may not come as a surprise to some of you, but just because an entity or being is not physical or not of this reality it does not necessarily make them spiritually evolved. Most of you are familiar with the story of the alien species that has so much contact with our species, they are called Zeta Reticuli or the Grays. This species, credited, as being our universe's most intelligent species, is also one of the least spiritually evolved species out there. This is an extreme example but it does show that death or existence in different realities does not preclude or include spiritual evolution as a prerequisite. The same can be said with the "hierarchy" or Archetypal Kingdom (archangels and such) and all its levels. I'm not saying the more evolved aspects of the hierarchy are not spiritually knowledgeable or evolved. What I am saying is that any entity proclaiming placement in this "angelic hierarchy" structure still has their work cut out for themselves. The fact that it is referred to as hierarchy should say it all. In other words, these entities still need higher understanding of unconditional love, or what I would call unconditional maturity. As one group of entities once said; there are basically two paths you can take to Source. One is a direct path through yourself. The other is a filtered path that relies heavily on the judgment and perceptions of someone or something else. Remember this statement when channeling outside sources.

With channeling, what source or path do you think would be the most balanced? If you read a lot of channeled material you can easily spot the difference between the two "source paths". One will be very open and nonjudgmental. The other one will have a lot to say with very little substance in the message, and with a constant repetition of the same old message. If you are channeling in a part of the hierarchy or some source that is vague on what they are saying or reeks of themselves (as can be found in the less evolved ones) you may consider another option. I do believe that all channelers are doing a great service to this planet because they are planting seeds of truth to various levels of understanding. Always remember to consider the material, its source, and message to establish your own truths.

As channelers we have the talent to bring in anything. We can also ask for a different slant to the material that is coming in. My intention here is not to judge or criticize, but to bring people's awareness to a more knowledgeable state. Please understand that I'm not condemning certain types of channeling. I would never try to judge another person's needs or expression. I'm attempting to bring awareness to the process as well as to the probable sources of the material. There is also no reason to meter out the information, as this reeks of judgment and control. As far as the basic information in a channeling, the exception would be to exclude anything that could create potential discomfort for someone else. Information can be out of timing for a person and this type of information would be withheld. I have in the past asked questions about the future or my purpose or missions only to be told that "You will know or understand when the time comes." This is important to know that an evolved entity will not prescribe your future, for this is interference of free will and personal creation. It is similar to the horoscope in the newspaper. It prescribes in its naiveté what your day will be like. Not realizing that we are the only ones in control of our creation, the last thing we need is someone else's understanding of reality to inject positive or negative aspects into ours.

Another important thing to consider in a channeling session is if the material has little substance that you can use, do not just lay back and leave it at that. The source of the channeled information is <u>always</u> proportional to the consciousness level of the channeler and or the person that the information is for. This level can be raised if you insist on it. If the channel cannot provide this then it is up to you to ask for another source. This is <u>very</u> important to remember and is the key to creative and advanced channeling. There is no social status outside this reality, so do not be intimidated or worried about insulting an entity. If they are capable of being insulted then they are egobased and not something that you need to connect with. I have experienced many times in a session where the highly advanced entity was questioned outside their knowledge base. If they are in balance they will send you to a clearer source for the specific information. They would make the statement when approached with some questions *"if you want more complete information I would suggest that you contact the source"*. This statement allows you to go more into inquiry. It expands your "network" of contact possibly leading you to come across something that is very exciting and beneficial to you.

A good example of this is how a friend of mine and I started into channeling as a couple. Her first, second, and third attempts at channeling were "quite humdrum" and although I did not say anything, I was a little disappointed in the channel that came in. Without knowing the difference or just the luck of the draw in the following session, there was a shift. The entity that came in had a completely different demeanor. This personality became our main contact and the one we started with faded out of our existence. When asked who was the first entity that came in, we were told that the first one and the present channel were one and the same. We were told that the first one was perceived to be all that was needed, but with my level of questioning and the need to know, it was decided that a higher level would be required. In other words all these more evolved entities have many layers or aspects of themselves and you as a channeler dial in the layer that you need.

If your question to a channel is simplistic, it will be dealt with by the equal amount of mirrored simplicity in an answer.

As I have said, I'm not attempting to judge, but would like to question the purpose for the channeling session. Does the question need the highest understanding or are you only interested in information of any kind. If we ask a channeler to channel in an angel that is what you will get. If you believe the White Brotherhood holds your truth and you need to talk to a member, that is what you will get. I'm not saying that this is wrong but it is directed to these areas, and will only allow information to come through their understandings. The universe of spirit does not judge, it only mirrors back to you what you are. If your intentions are to obtain the highest reflection of truth for you, why would you want it interpreted or filtered through a source that is not you? The so-called "hierarchy" has its own truths and if their truth is yours that is fine. They can be extremely evolved as far as a working process and yet are always evolving towards a higher Soul Group level. The bottom line is the only limitations in channeling are our understandings of who we are and what we are and what we require.

To those who do not want to be a channeler but are looking for one, I highly recommend that you research the person first. By this I mean for you to ask them what channels do they bring in? Do they have names that are recognized as archetypal names? Are they capable of channeling in other sources? Try to get a general sense of their level of understanding. This will be directly proportional to their ability to help you. Also remember the information will be specific for your level of understanding, even if it were to come from a finer vibration of you.

My purpose here is to break down barriers, not erect them. To that purpose I cannot judge anyone or anything for their ways. I don't have to look back very far to see myself standing quite convincingly in areas of belief that I could never entertain now.

"There is no such thing as evil, good, bad, negative or positive. These are only perceptions based on your limited understandings and beliefs. Failure to see the larger pictures will always lead you to a very limited experience and understanding. When faced with the fact that everything that is in your field of creation is filtered through your beliefs you are faced with the option of accepting a desirable or uncomfortable creation or to change your beliefs". -- Seth

Shamanic Journeys "Psychonavigation"

Shamanic journeying is as old as humanity itself. Our understanding and direct "inheritable" ability to recognize that we are more than our physical bodies has always been with us. In fact most children can feel this and are aware of it too, at one level or another. Maturity being the only limiting aspect for children, and their parent's beliefs being the other limiting aspect, on a retention basis. In freer traditional societies, children grow up in relationship with elder ceremonial leaders and mystics who are able to access expanded states, intentionally for the benefit of themselves and others. The traditionals know that virtually everyone can learn how to access sacred states of consciousness to some extent or another. The traditional people also know a great secret: any human activity or endeavor can be enormously enhanced through utilizing and eventually mastering this sacred technology. Their "toolboxes" vary as much as culture itself. These tools can range from: plant-derived psychedelics, stone placements and structures (energy work), controlled body positions, musical beat, physical pain (included in this is fasting and self-flagellation), and exposure to extremes of temperature: sweatlodges and icy rivers. Also in the innovatory is sleep deprivation (on vigils and spirit quests), prolonged anxiety and emotional stress, and dehydration (abstention from liquids). In the past West Coast natives used hypoxaemia, or hyperventilation and light-headedness caused by deep diving and prolonged underwater swimming. A modern example of this is the Kalahari Bushmen, where up to 50% of men and 30% of women can shamanize when the need is required. This need was constant in ancient days when communication and exploration was necessary for survival.

Survival came in many ways, with the need to find game and resources such as medicine, all being a "daily ritual". Exploration came in the form of defense against enemies and finding new lands or just land if lost at sea. Most land and island discoveries in the past were found by using shamans to scout for land using Out of Body journeys. This includes the discovery of North America by the Solutrean Culture during the last ice age. There are documented cases of shaman's exploration to seek the unknown on the "middle world" level (the physical). It should not be surprising to researchers that humanity could find a faroff land without maps. All they need is to open their acceptance of traditional culture's abilities and to allow them to explain this to them. Many researchers have documented or heard the stories but refused to understand how this is possible. If a researcher is not willing to be taught and to allow the experiences, then they are wasting everyone's time including their own. The only serious or complete researcher, is one that can play the part, and experience the expression of the part. To understand the ancient cultures and their spiritual practice a researcher must participate in the practice. Otherwise, they are not in a position to comment on any of it. Without this direct experience, it could be likened to asking a five-year-old about sex. This is no exaggeration for the total experience of an OBE is usually way beyond human understanding, never the less what part could be recovered into an organized, translatable, story.

In the past, as today, shamans know more than they can translate into an understanding. Yes, they can come up with descriptions and even cultural understandings but there is much more that they just keep to themselves. Most experiences need reference points in understanding. They also need symbolism that can be used to form a concept, creating the language of description. Shamans overcome this by using ceremony and imagery to partially allow others in the tribe or culture to join them in their understandings. The ceremony also gets others to actively accept, by being part of the ceremony or dance. In the process, the energy and subconscious recall of the shaman is 202

downloaded into the others, usually on a subliminal or telepathic way. It would be impossible to teach the others in the tribe what is known and so simplistic elements and basic symbolism are used. Patterns seen in different dimensions represent a property and energy profile of the dimension. This also applies to colors and geometric symbols. All these have energy signatures that are downloaded at the time of the journey. The result is that the basic patterns are more retrievable than the vast majority of information received on the journey. For the shamans to decipher or translate the information to the others they can use dance and ceremonies as a method of transference. Through their dance or instructions, they are demonstrating the body language that is needed to facilitate energetic connections. In this way, channeling can be referred to as a modern shamanic method of connecting people to understandings, even if they don't consciously get it. As shown in earlier chapters, the patterns and geometric forms are observations of nonphysical structures, and environments that are being visited. It is through colors and patterns that one could determine approximately where these shamans visited. The second book in this series will go into more detail showing and explaining this. It is unrealistic that some people still try to find their truths in the ancient art by coming up with ideas that fit this cultures acceptance. Some are naive and arrogant in their approach, considering that they have never experienced a journey for themselves. It is all about them and their need to corral the journeys into something that they can digest. To these it is too much for them to consider that there is more out there than they can comprehend. Trying to explain the patterns end up as ridiculous theories that will never amount to any satisfactory explanation. In total desperation, they have even insisted that described patterns are part of the brain architecture. You could say this to a certain point, but this is not an explanation, simply due to the fact that they are trying to define consciousness. Consciousness cannot be found in the physical brain, but it is the brain that translates to create words and organise concepts so that communication can take place. Most

resistance comes for the need that some have to control their environments through fear of the unknown. For in fact fear <u>is</u> the unknown. Once one has the understanding, then the only control that can be achieved is that of self!

Pictographs, petroforms, and petroglyphs serve a different purpose. These forms are used as testimony for the individual shaman and also as teaching tools for initiates. Their placement and solitude should show this especially in the understanding of their environment. Part of the testimony would also be in reference to creating an atmosphere of concentrated energy in one place. This concentrated energetic spot becomes a sacred "vortex" place. This is similar to a modern church. Energy and focus will build up as latent layers of signature energy, which facilitates easier journeying for future attempts. Each spot will be directly influenced by the individuals that work there through resonate tuning. This is why it is so important not to do ceremonies or worshipping in these spots. You will without exaggeration pollute the spot. You will never be one of them, no matter what your heredity is. If you honor these places you need to attend as an observer only.

In these sacred sites you will see "road maps" to the dimensions that they achieved. These "maps" are not conventional maps but are usually symbolized in paintings, stone arrangements, building shapes, and carvings. These "maps" also depict the directions needed and how to find these nonphysical areas. Of course if a person is not experienced in the art of nonphysical journeying, it will not make sense to them. This is the beauty of the system, it keeps out those that are not ready. One of the newest pioneers of this understanding is Dr. Felicitas Goodman. She discovered that certain works of nonwestern art, such as figurines and rock paintings are not simple expressions of creativity. She discovered that they are ritualistic instructions that automatically replicate similar experiences for the journeyer. If a specific posture, represented in one of these artifacts, is combined with rhythmic stimulation, be that by drum or rattle, the body temporary undergoes dramatic neurophysical changes, and visionary experiences arise. These will also be specific to the particular posture utilized. In other words if the same body position is assumed then the experience is repeated as far as the framework of the nonphysical environment pertains to. Testing this understanding on a group of students demonstrated that the majority of them had similar experiences in dimensional environments and contacts. We can literally dial in the entity of choice if we use the "appropriate settings". This research can be found in the book "Ecstatic Body Postures" by Belinda Gore. (ISBN – 1-879181-22-3).

For the last two years I have been actively instructed on the energetic relationship between body positions and dimensional connections. Every body position has a specific energetic format whether we are aware of it or not. Thus far I have received so much information on this subject that it could fill a small booklet. I know now that when I see many petroglyphs I can tell what the experiences are being expressed in the drawings on a rock face. I know that they are maps or instructions for the experience to be repeated by those with the understanding. Each position shown in the pictographs will have a very specific energetic flow. Below are a series of pictographs that show body language that represents specific multidimensional connections.



Looking at the arms you can see the differences and this alone will produce a different energetic connection to elements outside this reality. Energy is always moving through the body and it is this body movement and placement that affects the way it moves and to some extent the speed of movement. In fact you can see in the middle picture the artist has drawn arrows at the root of the subject to emphasize this connection. There is much more to this understanding then just body positions. In fact the art of Yoga understands this component, to a certain degree, unfortunately today mainstream Yoga has lost the reason why it works. There is an entire universal structure that must be explained before any of it can make sense. This will be a large part of the second book's information. Below is one more example of the middle position mentioned above. This will be the first of three examples I will give on what Goodman and Gore's work had reported.



In Goodman and Gore's research, they describe the results in the above position as: "This trance is best used for asking where to find something. This could be geographical position or an object. It is a difficult posture and was used by ancient hunter gathers to locate game. Your perceptions during the trance may be affected by the knowledge that this posture was used by hunters. Its purpose is so deeply linked with finding game that even city dwellers have experiences that are relevant to the life of the hunter. People see wide landscapes and herds of running animals. Others speak of being very watchful. Spirals of wind, sound, or energy are common, and the spirits that come to help are sometimes in the form of a large black bird". It is
little wonder that the above artist placed the human position in the middle of the game animal he was seeking. The second position is shown on the next page followed by the explanation.



"The Venus of Galgenberg posture is 32,000 years old and the most significant discovery was that we humans help keep the Earth in alignment with "the patterns in the stars". Students reported being taken to a very complex multidimensional matrix....an extremely complicated pattern. (and without drugs –there goes another theory!) I was traveling along lines and then between spaces.....Then there was a point at which I exploded into a seed of light....I wanted to make a sound at another level to help direct and move myself as light. It wasn't a continuous sound, but a sound that would come up and increase and decrease every once in a while. And when I did that, that seemed to help make shifts or turns or connections between parts of the matrix that hadn't been connected before."

Another student reports: "I found myself in the counsel of trees. I tried to stay focused but the counsel meeting was at a deep level – down to the depths and into the stars – and I realized the trees were trying to align to a pattern in the stars, and that I could flood through. I said "is that all there is?" A somewhat surprised and stern voice said, "What do you mean?" This is all there is – this aligning in greater patterns for energy to move through – <u>that is the meaning in it all."</u>



The final picture and example I will give from the Goodman-Gore book is shown above. In this common position the arms are bent at 15 degrees with fingers pointing from 0 - 30 degrees. This is very important and will be explained in later works. The "Ecstatic Body Postures" book describes the experience as; "Everyone commented on hearing tones from high-pitched humming to drums and bells. We became sending and receiving stations, and so we became portals or doorways: this would give some of us the ability to fly into space or to the edge of the cosmos. This expressed so well the reality of a spirit journey, in which we could learn to leave this reality and travel through doorways into other places in the multidimensional universe. We were all hot during the trance, and most of us described bright light and energy. Bolts of lighting or blue-white shot through us into the ground as we aligned with higher levels."

I have been told it is the complete melding into the grid that has influenced some of the human figurines that have been shown with triangle bodies. In this experience human and grid are inseparable and are thus diamonds and triangles are one in the same.



In the information I was shown that they see themselves as being directly nonhuman grid-consciousness. The angle of the pictographs is also as important as the direction it is pointing to. All these angles were considered and it is no mistake in choice of site location and angle of the stone face. These paintings and chiseled pictures took much effort, just in the making and preparation of the scaffolds and materials alone would be an effort. With this amount of work in creating these images, it would be too important, to just haphazardly place the elements in the pictures in random arrangements. Below to the left shows the actual angle of the pictograph. The artist was capable of getting it straight if that was his or her choice. The picture to the right shows a gallery of positions, the instructional sequence, if we are interested!



Associated with these ancient art forms are the comments that these pictures represent aliens entering this past reality from other worlds or dimensions. To consider this comment you would have to define what is an alien? Did you as a human originate spiritually on this planet? I don't think so! Nothing is as it appears and this will be the final agreement of humanity. Researching these ancient pictures are not as straightforward as it seems. Interviewing modern tribal customs to find out the real origins and meanings are about as futile as asking someone on the street were Santa Claus came from. All cultures more than a few hundred years old will not have the original designer's thoughts or understandings. The originators of the understandings have moved on leaving the others to fill in the gaps until there is little of the original understanding left. If you are clear and have a keen sense you can read between the lines of mythology and speculate what the real message was. Unfortunately you will only be speculating. There is another way and that is to learn the techniques of shamanic journeying. Then go to these ancient places and lay down do a journey and listen to the fathers and mothers of the sites explain the understandings. This is the only true way to do it.

Remote Viewing and OBE's

Many people struggle between defining the difference between Remote Viewing and an Out Of Body Experience (OBE). They are basically one in the same, however there are differences that can be defined into advantages and disadvantages. Both allow you to seek other realities and other frameworks of space and time or dimensions. There is a great deal of information on both subjects including the two "godfathers" of this modern approach. The two that are classified as the godfathers of RVing - Ingo Swann and OBEs - Robert Monroe introduced their abilities to the general public. There is no reason for me to repeat what is readily available in text and on the internet. Both of the mentioned individuals were and are the best in their field. There are others alive today that are just as proficient as the two "godfathers". I will list some of the best at the end of this chapter.

Remote Viewing is literally opening a portal in your "inner sight" and simply observing your target. The target being what you have chosen or defined prior to the exercise. In an OBE, you are leaving your physical body and journeying wherever you are drawn. An OBE is a total commitment allowing yourself to let go

enough so that you exit your body. The actual part that exists is your consciousness for it is not attached in the first place, other than the original agreement at birth. Because you completely let go, the driving force will be your consciousness. The "steering wheel" can be your inner and conscious fears, your needs and methods of expression, your questions and requirements to know, and so on. In RVing you appear to remain in you body but allow your consciousness to peer into your target's realm. In RVing you open a porthole and through detachment, observe. This can be a visual as well as with other sensory experience. It depends on the person doing the work and the subject in question. The ability like other abilities varies in the person's capacity. It is therefore not consistent in regards to demanding results or expecting completeness. Like OBEs our present physical and mental energetic state will give different levels of clarity. In a balanced state with good energy levels I can see into the past or present environment clearer than if I were there in person. The sharpness and depth of color are all in perfect harmony. In contrast to this, there are many times I can only see the scene in its energetic form. This can appear as a black and white image where gradients of white and gray show different "hues" of the energy that composes the observed landscape or individual. In periods of low energy, I will see very wispy images or just parts and edges of the subject, or I will not see anything. It all takes time and many attempts if you are researching a topic. You will need to try many sessions to build up a complete understanding of the target. Due to different daily cycles and distractions this can take weeks of sessions, depending on your life style. The one thing that was very noticeable to me in viewing the past was how much more physical the world was. If you go back hundreds or thousands of years it is very noticeable how much more rich and clearer everything is. Observing this notable difference is proof to me that this world is not as physically dense as it was years ago. In other words this reality we currently occupy is vibrating at a finer or higher level than in the past. We would appear to them as ghosts, as I once observed in a journey to a ceremony taking

place at the ancient site of Tie Creek. It is only through comparison that this can be recognized. If we six billion "semi physicals" try to compare differences, to each other, it would not be observed, for we are all basically of the same vibration.

Remote viewing is as it suggests remote or removed. There is less commitment to the experience. This is one reason why it allows many more people to experience and work with the ability. As far as having the ability or tools for this, we are all equal, but fear, insecurities, and beliefs usually shut down many experiences, especially for the novice. This usually is to our benefit. Gradual growth of ability allows for integration of the teachings and more complete understandings can be attained. In RVing there is less commitment so less fear and more experience can come with the exposure. Unfortunately in an OBE experience where the individual is completely letting go and floating out of their recognized body, it is less forgiving. Thus most of the ability is shut down due to lack of mental and energetic preparation.

Advantages of RVing a subject or target is that very specific targets can be chosen as compared to aimless wandering throughout the universe that most OBEs result in. RVing creates a practice tool for the researcher. They are dialing specifically into what they need to know. The disadvantage to this is a limited understanding of the subject being targeted. The limitations are ourselves, for if we don't know what to look for, how can we expect to find it?

Contrary to RVing, an advantage of the OBE state is being capable of experiencing more of the realm of the target. Due to your complete commitment to the nature expressed in an OBE, you are being submersed into the subject itself. You are thus more capable of observing and experiencing the realm in a more complete way. The disadvantage is that it can be overwhelming in some experiences, especially for the novice. Overwhelming being defined as uncomfortable or comfortable (in other words having an emotional expression to it). It is the uncomfortable expressions that you hear stories about people battling aliens and demons in their journeys. The truth is that these stories originate from journeys that were generated by the journeyer's own expression. They are battling with their own fears and insecurities, for if you feel that you have nothing to fear, that is what you will be shielded from. Their physical lives will also show you this expression, for we attract to us, that which expresses us the best, in accordance to our own beliefs.

The opposite to total submersion is RVing or just dipping your "toe into the water" to check the "temperature". When you immerse yourself (as in an OBE) into an environment you become part of this environment, adhering to its laws of nature. This can influence your judgment and the teaching because of an overabundance of information. Too much information all at once leaves you needing to single out what you feel is relevant. Thus the information becomes limited through our understandings, and not that of the source of the information. Many alien experiences are created this way. The individual is not prepared for the exo-cultural protocol, but RVing the same subject allows you to recall the event in a more detached manner for interpretation.

As stated above, in the shamanic section the angles of projection are very important. To the novice it is a must, but to the experienced technician, angles can be and usually are chosen subconsciously or automatically. With experience you automatically go through the angle that has the best results or vibration for the target. This is similar to the expression, "like vibrations attract like vibration". Again as a reminder, the second book in this series will go into extensive explanation of the angles, and the reason for their expected results.

The more balanced the person is the better the results. This is due to the chaotic energy that results in an unbalanced individual. Chaos will produce more chaos. Meditation and clearing the mind is the main tool of both abilities. You also need to have a clear intention before your journey, as to what you are seeking. Once this is defined, you will also need to let go of this thought too. Many students of my workshops had this as their only problem in experiencing something. They just didn't know what to ask for, that would be "digestible" for themselves as an experience.

The momentum of the thought will push you into the direction of choice, but retaining it will distract your mind. RVing is watching the "screen" in front of you. Your eyes are closed. The room is dark. You have given your propose for the session, now let go and just watch. No thoughts, no expectations, and no mental movement of any kind, this is RVing. The "screen" may turn color and sometimes edges of something appear. Stay mentally silent, without mental forcing, clear up the edges with "focus" (not thought) and wait for more to appear. There is a "sweet spot" in the focus where you might get a split second glimpse of something. Remember the energy and feeling that got you to this glimpse, and practice that moment over again. It is practicing to get to that point of entering the "sweet spot" that is the secret to successful RVing. In the beginning, when you have experienced a vision, you will quickly learn that your interest and or excitement will rob you of experiencing more. We must remain out of the experience totally to Remote View. If you are fluent in becoming detached in physical life to other's issues, then you have a great tool at your disposal for this work.

One of the disadvantages to an OBE is the time continuum. If you listen to people that journey, they most likely relate to the journey in a spatial reference. They recall the journey as; "*I flew over the mountains into a valley, then over ato get to the target*". You do not need to fly over or past anything unless you can only see this a practical method of the experience. There is no real space, so you can be anywhere in this universe at once. You do not need to see stars and planets flying past you at great speed. This is totally a human physical need. The human mind 214 sees point "A" from point "B" by what separated the two points. In this spatial reference time also becomes a problem for the average person. In fact, time offers more of a problem than space. With space all you need is more speed to get to point "B", but how do you speed up or slow down time? Most people are challenged by the time concept alone, never mind having control over it. This is exactly what holds people back from traveling into the past or future. In the future, science and people in general will know that light varies in speed and is only relevant to the observer as is time itself. This alone will give more acceptance to the problem of distance being traveled.

In the OBE most of us see ourselves in a human form that needs to "journey" past reference points to validate movement. The advantage to RVing is that we do not need to travel, we only need to watch, as we would a movie. This "binocular" viewing gives RVing an advantage over an OBE for the novice. Due to aviation, modern people accept flying as an easier concept to relate to. In the past or in a primitive culture, it is not as acceptable. This means the shaman has to shed their human form and see themselves turning into a bird, or something that is capable of flight and is much more acceptable. This is partially why the animal connection became so essential. The human mind needed "acceptance tools" to be able to fly or run like a deer! Journeys required animal traits and shape shifting was the answer to achieving illogical speeds and abilities. Animals became a very important component for them and their abilities to seek spiritual guidance.

In the future, remote viewing will be the answer for visiting otherworlds. Humanity will not achieve the ability to travel to other star systems. This is not because we cannot build a faster mode of transportation, it is because we are only able to sustain an existence in this vibration envelope we call the solar system. In my research, I have been shown technology that others are currently using to view this world. I have been shown how they work and how the projections appear to us in distorted shapes that we call UFOs. These will be our next tools used for exploration of the universe.

Recommended books, web sites, and sources:

Aromansse – http://www.aromansse.com/main.htm

Monroe Institute's Hemi-Sync - http://www.monroeinstitute.com/

International Remote Viewing Association – http://www.irva.org/

Major Ed Dames http://www.learnrv.com/

Astral Dynamics by Robert Bruce – book (ISBN 1-57174-143-7) Web site: http://astraldynamics.com/

The Nature of Personal Reality - **Seth** – by Jane Roberts – and all her books!

Hank Wesselman, Ph.D. - all books including an instructional book with CD called "The Journey to the Sacred Garden". http://www.sharedwisdom.com/books.html

Kryon - material by Lee Carroll: http://www.kryon.com/altindex.html

Coast to Coast – (excluding guests that promote fear!) web site: http://www.coasttocoastam.com/

William Buhlman – Out of body experiences and training.

http://www.astralinfo.org/

Ingo Swann –

http://www.biomindsuperpowers.com/Pages/superpowers.ht ml

Michael Harner -

http://www.shamanism.org/

Sandra Ingerman –

http://www.shamanicvisions.com/ingerman.html

The Metaphysics of it All -

Further

My Life's Mystical Journey

T rue Reality is the state of awareness of how actual reality is manifested. This awareness is not part of nor is it considered by the modern world. What makes a physical form of any kind become what it is? Why do atoms (or anything) that compose material objects group together to become a recognisable form? The information was available as early as the 1970s with the introduction of the Seth material by Jane Roberts. In my mind, the book "The Nature Of Personal Reality" was the most valuable book ever written.

Some of us start life knowing there is more to this reality than we are taught in our culture. As we grow up and integrate into the society there are many circumstances that just don't sound accurate. For sensitive people, this is a constant source of struggle. They know things are not what they appear to be but there is no direction that they can turn to for support. That is, at least not in this general cultural background of modern religion, science, and social tradition. They end up looking inside for the answers, and even after finding answers they usually remain silent. Silence becomes the only protector of this inside knowledge. If introduced to the outside world, reprisal and condemnation are often the outcome. People that find themselves in this position have but one course left, and that is to continue to grow, but in silence. As they expand their abilities to quickly ascertain what is right from wrong they increases in strength. Their mind starts to use and turn on functions that are not generally accepted or recognised. They literally become multisensory in the capacity of "seeing" more of the true nature of this reality. To achieve this multisensory talent, a person only has to evolve past the five sensory personality. If you are locked into the five recognised senses then you are restricted from experiencing anything outside these senses. Your awareness and understanding are actually locked into the five physical sensory world.

I cannot over exaggerate how much of an incredible experience it is living in a multisensory world is. There are no definitions or comparisons to give, for it has to be experienced to be understood. On your own, it can be lonely not having someone to talk to and share new experiences. If you are fortunate to find an equal then your world becomes an extended reality. You develop a language that can be used in this reality, others that are of "like understanding" will not be able to relate. There are many people right now living in their "social environment" that don't have this freedom of communicating with an equal. Typically, they are surrounded by people that are more focused in the material world.

To become a more expanded and aware person we must first "know thyself". To develop more senses of awareness we must first be in contact with our emotions. This is not to be confused with being emotional. Being emotionally unbalanced is usually a state of confusion and fear. Being aware of our emotions and how they are being affected will be the first step in recognising the difference. This may be very basic information to some but these books are meant to target a wide spectrum of people. Examples of emotional awareness are; how does this feel to you or how is this making you feel? Do you feel "heavy" when around this person or place? Are you elated or are you feeling discomfort in this environment? It is the only litmus test in determining if information of any kind is "your truth". These are some of the directions that need to be sought in order to become aware of your place in this reality. By using our emotions we can find our place, our needs, and strengths, all to become a more balanced individual.

Our emotions, if we are listening, will point us in the directions that serve us, and the directions that don't. With practice at listening, we start to realise that there are other things that are not perceivable by the five senses, which are also affecting us. It is at this point that we are experiencing a multisensory capacity. With practice we discover that we can develop twice as many senses that the unaware person is using. These new tools are beyond comparison in supporting us in this reality, or in other realities. Soon our awareness evolves past the point of being able to share knowledge with those that are not exercising this ability. We actually become a new member of a "conscious species" living in this reality. A five-sensory person cannot have the ability of fully distinguishing what parts are physical consciousness and what part is their soul consciousness.

Mystics in general are not that unusual. They are just individuals that are aware of more than just the corporal world. They see the difference in themselves and their individual cultures. This alone promotes them to an ambassador level, bridging this reality with and for all the others. They become the translators for True Reality's entry into this present cultural dogma.

One of my gifts in this life was being born with an awareness that was outside the norm. As a child I was a typical little boy, demonstrating it at all levels. At the age of nine I was exposed to something so spiritually profound that to this day I do not speak of it openly, because it's not an easy subject to explain. There is a complete story around this but that is not in the scope or intentions for this book. Very shortly, after this experience I found myself possessing an adult's mind in "maturity 220 awareness" levels. The little submissive boy was gone, without any realisation at the time, that this part was placed into a protective "background" in my mind. The transformation took place over a matter of a few months.

Before this event I had been attending Sunday school and like all other boys in town was interested in hockey and the typical things boys are interested in. However, after this experience, my awareness was not typical for my age. I recall one Sunday afternoon going up to my mother in our kitchen and saying "Mom I don't believe in what I'm being taught in Sunday school is what actually happened to Jesus Christ". I then said; "Mom I don't want to go to Sunday school anymore because it is not right and it feels bad". I was expecting a rebuttal to follow with something like; "No, you are attending Sunday school, and that is that!" Instead my mother just said <u>Ok!</u> There was nothing else said and this taught me one of the most important lessons in life. That is if you speak your truth it will be recognised, and if the listener is in honor of your being, it will be a final statement.

As the months went by I remember hearing different levels of myself communicating with the conscious physical me. I was getting instruction and information that was decades into my future. It was at the age of ten to eleven when I started to get night-time visitations from this angelic form. I would wake up in the middle of the night to find "her" standing beside my bed. Dressed in a long flowing translucent white garment, I would see her raise her right arm. This arm had a very wide sleeve that draped about a foot below her wrist (when the arm was in a horizontal position). I would then see this (pure energetic) white hand come towards me. As the "fabric" of her arm touched my forehead I lost all recall, only to wake up the next morning remembering the visit had taken place. I had assumed that I fell asleep at the touch, but my intuition knows that more was going on after the sleep stage. This became a recurring event throughout a two-year period and then, it just stopped. I never did see her face because I slept in the bottom of a bunk bed and

her head was beyond its height. Recalling this event as an adult I wondered why I never said anything to my parents. Thinking back to this event it was because of the pure love and acceptance I felt from the experience. It was so natural that it was beyond the need to talk about to anyone. I felt that somehow in this natural childhood age it was just part of life, as strange as that might sound to an adult's mind. Fifteen years ago, when I started this part of my life, I asked what it was all about and was told that she was there to make adjustments. To finish this part of the story, I have since learned who this entity was and the part she currently has in my life.

As further awareness drifted in and out of my developing consciousness I would receive some very profound understandings now and then. One of these came at the age of twelve as I stood on the school steps watching a school bus pull up for the rural children. One of the children in the bus line-up had just moved to the area from Alberta. I was aware of this, but this new kid in school, a girl, was of no interest to me. At the head of the line-up, she was displaying an air of complete impatience. As the bus stopped, she immediately started to kick the bus's glass door, trying to force it open faster. I was disgusted by this immature expression (being of a different level of maturity). As I stood there in judgment of the scene unfolding in front of me, I heard this voice in my head say; "She is your future wife!" I can tell you that girls were not a high priority on this 12-year-old mind and this information almost floored me. She did become my wife many years later and we had two beautiful children together.

It was during this period of dating my future wife (age 17) that I started to shut down most of my exceptional awareness levels. I did retain the ability to sense energies that were not conducive to my form, but almost everything else was dormant. Science had become an obsession to me prior to this and the hunger to know dominated my life for decades to come. I was reading material that was a decade beyond my school-age at any given time from the age of 13 on. In science I found order and logic. Everything

was new and the opportunity to learn more was exciting and addictive to me. I was firmly cemented into the religion of science, as for me it was the "end of all" and the only truth, I would defend it to the end. My favourite subjects were subatomic particle research and the theories around it (Newtonian and Quantum Theory), paleoanthropology and archaeology. Ι absorbed everything I could get my hands on in these fields. This went on for two and a half decades. It became my love and passion. Unfortunately I had no one to share it with, as not many people are interested in sitting around with a couple of beers discussing the possible evolution of an Australopithecus.

At the age of 39, married, with children, a mortgage and all the toys, I became aware that I was about to die before or just after my 40th birthday. Many things were happening at this time in my life and one thing stood out the most prominently. I was living a lie. The toys were not enough to distract me anymore, and I was just downright unhappy. With the realisation the toys did not fill my life any more I also started to realise that my passion (science) was also not living up to my expectations.

The first sign of this erosion happened as I read two books by Donald Johanson, the discoverer of the 3.5 million year old Australopithecus afarensis called "Lucy". Reading his struggle, financially and academically, with the powers to be was numbing to me. It became very obvious at that time that science was by true definition a religion. Science adopts certain ideas and understandings from past scientific teachings, with little scrutiny in modern times of their validity. At the same time one must follow this accepted dogma regardless whether it does or doesn't fit into the total picture (or more importantly the new picture). There are many articles on the internet about these archaic issues that scientists are now facing.

As others in science, I too worshipped the very ground that it stood on. Obedience is a mandate in any religion and one doesn't question those on top; the "guardian category". In his books, Johanson had hung out science's dirty laundry for the world and I to see. At the time, I was devastated, shocked, and dismayed to learn that science was mainly about money and politics. How was this possible that a pure science could be bent to fit a greedy person's ego and pocketbook? To me, at that time, science was the seeker of truth and knowledge, now science's image was tarnished with this selfish proprietary stance. As I started to question what else in science was corrupt, I learned the non-empirical scientific theories were not based on fact alone. but were based more on an agreement. This was done in a conference styled setting where the invited ones voted on what theory they were adopting "this week". Of course the adopted theory must come from one of the more powerful members in order to be accepted. They would agree to inform the public and publish it in textbooks that this is "now" the "New Truth". It was at this time that I started to see the progression of "New Truths" as one truth was thrown out for a new one.

Now we need to stop and look at the type of mind that is attracted to this aspect of understanding called science. To give an insight into this level of consciousness, you only have to look at the basic design. In the scientific method, a "scientific theory", must be capable of being disproved. Theories that cannot be disproved are called non-scientific, pseudoscience, or they are relegated to a belief system.

As science gradually unfolded its shaky ground in front of me, I started to question everything. This led me to the one constant that I could trust, myself. As ego based as that statement sounds it was the right direction. I had to turn to the self-help department of life. For me this pointed in only one direction and that was to a time period where I was in full awareness of my creation and its relevance to life.

Yes, back to my childhood, but without the lack of experience of this youthful period. I kept to myself with this process and in hindsight, it was the best thing I could have done. I shifted to unorthodox teaching or what was being touted as an evolved and balance field called New Age. It did not take long to see there are as many unbalanced people into New Age as there is outside the interest. There were ascended masters and archangels galore, ones with the credentials to teach humans how helpless and naive they were. I saw through this immediately, for simply listening to another entity's truth, one is dismissing their own truth, and the process it takes to get there. The reason we chose to be here was to experience the learning process, not to emulate ascended masters. I am a master on the other levels, but here I'm a man having a human experience!

Meditating every day for only twenty minutes became the instrument of discovery. Going deep inside showed me the fears that had accumulated over the past twenty-five years. Fears that had kept me in check and on hold from evolving. Channeling became an early interest as well as all the other metaphysical modalities. Experiments showed and gave me the validations that I needed. This experience was closer to the actual truth than science had ever been. I was reading up to thirty-five nonfiction books a year and sifting through them for accuracy with my "filter system". As the years progressed I noticed how much I was achieving a balanced state of mind even when all those around me were sometimes losing it. Awareness with work leads to a balanced individual. But there is much work that needs to be done first in order to get there. Due to the structure of metaphysics, it teaches you to have an open mind. This open mind facilitates and allows you to grow and evolve.

After a state of the multisensory level is achieved on any level of adeptness, the real learning starts. In other words, having the tools and knowing how to use them are two different things. On its own, the state of being totally aware, is not that comfortable a state to be in, if you cannot have control over it. At times people's unbalanced energies can affect your own state of balance, by just being in the same environment with them. In these situations we need functional energetic tools, and the understanding of how to use them. These tools are not to protect you, but to filter this unwanted energy, so it has nothing in common with you, thus it will not affect you. I cringe every time I hear the new age slogan, "white lighting yourself", for that is not a balanced level, it comes from fear or the need to be protected from something other than yourself.

Information that comes in by means of the others can also be overbearing at times especially if this information has an emotional tie to it. An example of this happened to me very early on in my post 40 development. One of my hobbies during that time was woodworking and cabinetmaking. I had just finished a large project, and my workshop was in need of a good cleaning. It was on a Saturday that my brother-in-law happened to come by. Seeing that I was cleaning meant that I was finished my project so he asked me if he could do some work on the table saw. It was agreed on, and the next day, Sunday morning, after finishing the shop clean up, I was washing my hands in the utility washroom when a "knowing" came to me. A very real feeling came over me that I was going to cut off one of my fingers in with the table saw today. In shock, I stopped washing my hands and sent out a search for more information. It came back as a "No!" It was my brother-in-law that was going to cut off his finger today.

Here lies a problem in "multiawareness", do you tell someone of the insight that you just had, or do you keep to yourself? The first thing I wanted to do was warn him to be careful. Knowing it would not go far, the other choice was to tell him what I "felt". This had the potential of accomplishing one of two scenarios, either I would be labeled as nuts because nothing happened, or it happen and I would be to blame because I created mistrust in his ability. I spent the next three hours fretting over this problem. Fortunately, I had by this time in my life received some good training. The training was with the Seth material called Real Reality. In this understanding and in this knowing you see the bigger picture. That is, we are totally in control of our own life creations, and the need to express them in the way we deem the most efficient. One cannot uncreate what someone has already decided to experience.

With this understanding, what if his and my lesson were to discover together, this new opportunity of changing a creation, that did not suit either of our interests. The problem with this (one that every psychic deals with) is that changing the creation offers no lesson for there was no proof that it would happen in the first place. You see this is the nature of this earthly reality, where physical proof is validating. Weighing all this over and over again in my mind, I decided to be the observer. As agreed, he came over with an arm full of long shelving that needed to be shortened. With his first cut on the table saw I watched as the newly cut board end dropped off onto the floor. His first instinctive response was to try to slam down onto the board (which was above the saw table) before it hit the floor. Yes the tip of his finger was severed in that single motion by the blade.

Being a multisensory personality gives you a valuable tool to work with, but only if you are ready for these new expressions of awareness. It allows one to perceive many other states and how they are connected. Interacting with people's energy, lessons in life, and states of balance also gives you opportunities to learn about your own expression. Maintaining balance is the most important aptitude of all. Without a balanced state of mind and body, one can hardly expect to journey beyond this earthly environment, or to perceive information outside the norm. In fact there is a "higher part of us" acting as a "filter system" that would not allow us to travel too far past our level. This is how hallucinogens work, they allow one to bypass the "filter system" that would protect us from awareness levels we are not ready for. If we have any fears whatsoever, expressing them in this earthly reality is bound to happen. It is also likely to be expressed in the other realities and dimensions, and this can be a challenge that we might not be prepared for. It is all about validation, for we have little choice attracting our expression, for

we all validate what we believe in and fear. A balanced state is essential for traveling or downloading outside energy into this reality. If we are not in total balance, the information we receive will be tainted or distorted.

This is the difference between mystics in general. All mystics interpret their understandings through their individual cultural environments as well as their own state of balanced body and mind. Most mystics have been interpreting the same information through time, as it is timeless in origin. The difference is in the slant or balance of the mystic of choice. For the student, which mystic do you gravitate to? Which one exemplifies to you the best for your truth?

After the "death", at the age of 40 I was on my own in life, restarting, and living by myself. In hindsight, I realise that many of us experience this to get to higher levels of self. Many famous mystics will testify to the process of severing their ties from family and friends which is needed to become self-sufficient and balanced. We develop throughout our lives dependencies in every direction. Our parents, then our friends, co-workers, and so on until we can't manage to be alone. Many of us believe that loneliness is far more frightening than death itself. This has been proven through surveys and testifies how culturally dependent we are on one another. The monastic one that separates from all has a true benefit, that is until self is understood. To remain in this life style is the opposite of social dependency and is an unbalanced state, after all integration is the mandate. We must always remember that we are here to have human experiences and that includes interacting with one another and remaining in balance. My "death" at the age of 40 was as complete as it gets, spare the fact that my body remained breathing. It was in fact a "death" of my social structure.

It was at this time that I found a friend who spoke the same language as I did. This was an exceptional gift for me, for I never imagined this possible. This person understood everything I understood on all levels. We got together once a week and began a new level of spiritual experience. My reading at the time drew my attention to channeling for this was a possible source for fresh information. The many hours that Susan and I channeled together were without compromise as the channels insisted that certain aspects be understood. The material that we obtained was always usable and always geared to teaching something new. The important thing was the way it was delivered. It was never laced with a constant standard jargon that you read in a lot of material. You know the phrases that repeat over and over again like "Oh Beloved Ones, Oh Dear Ones, etc." There is nothing wrong with that type of phrasing per se, however it does make me wonder what the purpose is. It almost sounds like a cross between apologetic guilt and a form of conditioning. What a lot of the channeled material does, is it places you in a lesser or more childlike position. If you look at it very closely, much of the material out there is trying to subtly place us in a position of being less than the channel itself. We would never hear such a thing from Susan's channels, this type of subtle hierarchy. Instead they taught in a very evolved way. Through their interactions and speech (dialect), they were teaching more than mere words.

They believe and so taught us that all that exists is of equal importance, without exception. In my conversations with them, if I ever said something that indicated my awe or worship of their evolved position, I was always corrected. They never once allowed me to get away with a subservient statement. This constant reminder drove the message home (although not always being the quickest, it did take some time to sink in). To them an ant, a human, or whatever, all had the same importance and equality of stature as they or anything in this universe had. To them it was inconceivable to have anything placed in a position of more importance than another. To do so would mean that God placed more importance on certain parts of itself over other parts. God is incapable of such a feat because of its very nature of being complete and in balance. The very act of

placement is defined as judgment and Source Power cannot judge itself, for this would put God out of balance. Susan's contacts had many aspects that gave them a more evolved appearance. One of these was that they tried very hard to find the answers to any question I had. If the question had an aspect or quality that needed direct input or should be answered by the source knowledge, it always referred to that source. For instance, if you hypothetically asked a question about a certain person's problem the channel would give a direct answer, if that were all there was to the situation. If there was more information on the subject, the channel would state so without being prompted. The following comment would be given; "if you want to know more, I recommend that it would be better if you talked to that person's Soul *Group*" (or some other energy that was the root source). To evolved entities that are working with you, it is very important to them that you understand and receive the information that you require. Any channel that serves you less than these qualities should be examined. It appeared the quality of the information was always important but also there was an underlining respect given to the source as if it would be an invasion of privacy. It was very common for Susan's channels to refer a person to the source of the understanding rather than risk an incomplete answer. To them it was important that a balanced state be achieved, meaning that we got our information and that they were not placed in a compromised position due to it.

It was because of Susan's incredible talent that I remained out of the channeling field. All I needed was provided, and a dependency with it. That is until we separated in life and I found that I still had more questions. I started on my own channeling and it took months to years (depending on the level referred to) to achieve the final proficiency that I have now. Here again is the knowing of hindsight and the value of it. She showed me what could be achieved starting from scratch. I then had to replicate this path afterwards for myself and managed to succeed.

There is nothing, that cannot be channeled in. An example of this

came one evening when Susan and I were still working together. I had run out of questions to ask and decided to try something different. I explained to our favourite channel that I would like to try something different tonight and could they facilitate? I could feel the energy shifting in the room and a little bit of intrepidity in myself as this new unfamiliar energy (entity) entered our space. As usual I grounded the energy by saying, "hello"! This took the form of a very friendly smile on Susan's face. I then asked, "who are you and do you have a name"? It replied, "I'm Innocence". I asked myself was this its name or what? So I said. "I do not understand". It answered back. "I AM *Innocence*!" There was a small conversation that followed but the lesson was learned. What had happened was that Susan had channeled in the essence of innocence, the very energetic aspect of a consciousness that derived its awareness of the "emotional" aspect of Universal Innocence.

This seemingly small conversation hit me like a ton of bricks. The ramification of what this meant was huge. It showed a universal diversity that up to now was only a probable concept. This meant that all emotions, feelings, and so on actually could gravitate together, or collectively is connected together. They could communicate to the level that it would become an energetic consciousness or entity of its own. A consciousness that knew itself and recognized its own being through the awareness of itself. What had been taught to me in this simple little demonstration is that you do not have to be a physical or even a nonphysical being to be capable of consciousness. Could this be why fear is so real and the concept of evil has such an impact on us? There was no end to the questions after that. This included the questioning of any collection of like frequencies (for example the plant kingdom, the insect kingdom, or even the human collective consciousness).

As far as the information in this book goes, it has come from many years of research using tools like, Out of Body journeys, Remote Viewing, Channeling, energy awareness, the metaphysical healing arts, visitations by nonphysical entities and so on. The bulk of the information has been collected over the last seven years. This information is a work in progress and will continue until I depart completely from this reality. The information has been given to me in parts and levels, one at a time. The reason being is to give me time to integrate (digest) the material before going on to the next level. This book is a collection of these first levels, in their prospective levels, and in processional timing. I would have naturally explored all that interested me, but I would probably never have gone as far as I did with the information if it were not for teaching purposes. A few years ago I started some workshops and found that I needed more complete answers to the questions presented. I understood the questions but couldn't provide the answers that others needed. This led me to research more thoroughly, and to complete the subject. This book is a compilation of more than just my interest in any given subject. In other words I have been given information that is for others as well. I'm truly grateful for this gift of information, which I would not have received on my own.

Spiritual DNA

T his chapter, Spiritual DNA, is an introduction to some of the next book's material. I have included it at the end of this book to give you an idea of where this material is headed, after all we are biologically spiritual beings too.

I have always found DNA interesting but after finding out how the structure was discovered, I realized a potential for Remote Viewing to uncover even more understandings. The DNA structure was first seen in an altered state of consciousness. This was accomplished by using the drug LSD as a carrier to transcend into an altered state, allowing the DNA structure to be revealed. The one that accomplished this was Francis Crick, the Nobel Prizewinning and father of modern genetics. It is claimed that he was under the influence of LSD when he first visualized the double-helix structure of DNA. At a local pub in Cambridge called the Eagle, he and his partner James Watson, announced to the world the secret for life. This was in March of 1953, at the age of 88 that Crick later told a fellow scientist he often used small doses of LSD to boost his powers of thought. Together, Crick and Watson postulated the double helix theory we are familiar with today. Without realizing it, he had followed the same route into the nonphysical realms that some shamans take. That is to say some shamans, for not all use hallucinogens to achieve connections to other worlds. Before I started my own DNA quest, I had no idea so much information would come out of this inquiry. There is so much to learn that I know I will not even scratch the surface over the years that I have left in this reality. Others will need to take this torch and run with it. When Einstein was asked in reference to relativity, "How did you do it?", he replied, "I ignored an axiom." This is exactly what needs to happen, the next level of understanding is only waiting for us to tire of this one.



The above picture shows the standard Cricks and Watson model. The structural arrangement of DNA, which looks something like an immensely long ladder twisted into a helix, or coil. "*The sides of the "ladder" are formed by a backbone of sugar and phosphate molecules, and the "rungs" consist of nucleotide bases joined weakly in the middle by hydrogen bonds.*" Well, at least that is in the physical or chemical interpretation of it. Be assured there is 99.99% more going on than this. There will always be a physical chemical substance, effect, and element available to test and plot out as the physical validation, it is after all, in the physical we are looking. If you want to go deeper into why this effect, chemical, protein, or substance exists then you must relinquish the physical results.

For example, if you were to only measure the effects of a violent act, it would not tell you about the emotional component, or the reason for the physical act taking place. Measuring only the physical restricts you to the surface level, or the effect, the part that is chemical biology. To most, that is enough but DNA is much too complex to ever box into the physical experience. No laboratory in any future time will ever understand the complete picture. This is because most of the DNA pattern is not in the physical world to analyze. It is composed of many different parts that are not just biological in nature. There are reasons and explanations why extinction happens to certain species and not others of similar biological needs (all in a very short time frame). There are reasons why in one period of earth's history, the Miocene, fifty different species of apes existed then in an earth's blink of the eye only half a dozen. All were possible candidates, but not one turned out to be a human. The time factor is as big a DNA aspect as any gene selection could ever be. Species are not created from their environments, it is the other way around. Species are planted into environments that will create the desired biological support. Not any different than our present human forms selection in a lifetime to lifetime event. Darwin was partially right, but he fell very short of seeing the bigger picture. This is the same shortsightedness as the creationists, who see only one individual having the creative power, designing it all. I will not elaborate on this topic any further, for there is much that has to be understood prior to the comment. I will say at this time that all life or species on this planet past and future is still connected to and in your current DNA, even if some call it "junk" DNA.

People find it curious that humans and chimpanzees are 99.4 percent identical in the functionally important DNA. In fact one consortium found that the chimp and human genomes are very similar and encoded very similar proteins. They found the DNA sequence can be directly compared between the two genomes and is almost 99 percent identical. If you look, all life can be found in our human DNA, even mice. These animals are one of the best-studied creatures in genetics, and yet their genetic information is about 75 percent similar to that of the human. Another fact is that science has only analyzed about one percent of human DNA. In this day and age with the internet and all that can be accessed, you don't have to be led down the preverbal garden path. Here are one person's thoughts about the modern DNA knowledge base:

Dr. Kent Hovind Ankerberg:

"The DNA, or the chromosome as it's called, is unbelievably complex. The average person has about 50 trillion cells in their body and each of those cells, except for the gametes, contain 46 chromosomes. If you extracted all the chromosomes out of your body, you would fit into two tablespoons. And yet if you tied them together and stretched them out, it would reach from earth to the moon and back five million times. It is incredibly complex. This DNA code is more complex than all the computer programs ever written by man combined. All contained in two tablespoons. If you typed out this incredible code, when you got done typing, you'd have enough books to fill Grand Canyon 40 times. That's just the instructions required to make one person. Now in the textbook kids are shown a chart that says, "Boys and girls, we are similar to orangutans. We have 96% similarity. That proves a common ancestor 15 million years ago." I point out, "Now, wait a minute. Similarity in chromosomes proves a common designer, not a common ancestor." It actually doesn't prove either one. It could be an indication of either one and the fact is, we've only analyzed about one percent of human DNA. Only one percent has even been studied. So if you're pointing out a 99% similarity between chimps and humans and you've only studied one percent of the data, I think it's a little premature to say that this is proof of anything. The truth of the matter is, if you organize the animals based upon the number of chromosomes, you don't get anything similar to what they say happened in evolution. The earliest life-form, according to the chromosome number, would be the penicillin. They only have two chromosomes. And over billions of years the penicillin turned into a fruit fly with eight. And then the fruit fly slowly evolved, of course, and got some more chromosomes someplace and became either a tomato or a housefly. They both have twelve. If you look at the number of chromosomes, it's silly to think there is a similarity. If chromosome number means anything, if this DNA really means something, then I would point out that the possum, the redwood tree and the kidney bean all have 22 chromosomes and therefore they are identical triplets-which of course is ridiculous. They're not identical triplets at all. They say that apes and humans have similar DNA. The truth of the matter is, the chimpanzee has the same number of chromosomes as the tobacco plant. They both have more than humans have. So the similarity would break down right there. And the most complex creature in the world, of course, would be the fern. They've got 480 chromosomes. So this idea is ridiculous."

Not to add any more damage to the knowledge base, there still is the issue of all that "junk DNA". "*About 97% of the human genome*

has been designated "junk." The onion genome is 12 times the size of the human one, presumably because it contains even more junk. In contrast, the Pufferfish genome is only about one tenth the size of the human, yet seems to have about the same number of genes. Therefore it seems that the ratio of functional and junk DNA differs widely per species."

It is well documented that novices and academics who slip into nonphysical reality for information, make most of the great inventions and discoveries. This can include informative dreams, being downloaded through an insightful moment (The "aha" spark, called channeling), and visions. These injections into our reality come from outside the human experience and intellect are usually available to anyone listening. Typically, a few people hear the message at once; they are usually the ones that are focused on the problem prior to the insight. Of these few listeners, only one or two will carry through with it and thus a discovery is made, followed by the patent. It is well known that major discoveries are done by more than one person in the same time period. They can be on the other side of the planet, but both are connected to the download, it is just a matter of which one registers their discovery first. This pattern happens because the information's source is outside our physical reality and thus time and space are not part of the equation. It does make one wonder how many past "egos" have buried their story so that credit is given to their intellect.

There are many recorded instances of this out of reality research including most of Thomas Edison's inventions. The German chemist Friedrich Kekule, for instance, dreamed of a snake with its tail in its mouth, and understood that the molecular structure of benzene was a closed carbon ring. The French mathematician Jules-Henri Poincaré, during a sleepless night, saw mathematical symbols colliding until they coalesced into equations. This discovery process still goes on, even in the time frame of writing this chapter, another scientist has just dreamed the impossible. It has been physically impossible to make a dimmer switch for a florescent light bulb. Scientists have worked on this for thirty years until this year 2006 when a scientist dreamed the solution, went to his lab and created the dimmer switch in a couple of hours. Most of these "accidental" discoveries are done through the pattern of letting go. The pattern flows as; saturating yourself in the subject at hand, learning all you can, and thinking about it day and night. After this period of time, lack of results will definitely result in frustration. This is the perfect time to let go of it all. Unfortunately some don't know how to let go, because they have so much invested. They usually "die trying", while others abandon the project, only to find themselves being downloaded with the knowledge that they have been searching for. It's as simple as that – Let Go! It is pure logic, that if you search for the unknown you will not find it in what you know!

On the other side of the coin there are true mystics like the late Walter Russell, whose work was a hundred years ahead of itself. I found his work after mine was almost complete and was amazed and excited to see the parallel teachings. His work was validation for me, for I realized someone else understood. His book "The Secret Of Light" is well worth purchasing. He goes into areas that I'm not drawn to look at, but I do recognize the signature source of the energy.

My first journey into the information showed me parallel patterns that I know exist in the construction of the physical universe. As I said earlier I had no understanding of what information or kind of information would come forth. After a few journeys, it became obvious that I was paralleling my prior knowledge, but in more complex avenues. All information is available to those that are interested so my interest peeked. At the time of writing this chapter so much information has come through that there is no way it will fit into this book. With this new information was the understanding that others will use it to reach into areas that this book has not covered. As with all the information that I have been gifted, I will share it freely with those that are interested. The one rule I need to apply is that they need to start from the beginning, and progress through each step, so that the information does not get distorted from its original download.

In this last chapter I will take you into this DNA introduction, in the sequence that was given to me. The next book will take you further into DNA as well as with all the other topics that this book has introduced. Three quarters of the second book's information is just waiting for me to find time to type it up. As far as the third book, very little is known about it at this time.

As I said in the beginning of this book it is absolutely amazing how it's all connected, from the most etheric levels to the densest physical levels. It is all unified in understanding and can be shown how one structure is another's support. The universal design is so complete that there is little difference on some levels between a galaxy and say DNA.

One of the major hurdles in understanding DNA is that some of the structure is in the physical while the majority of it is in the nonphysical (energy/vibrational/spiritual) levels. In other words science will never totally understand or document a complete picture because there are no tools that will see into the nonphysical environments, nor will there be tools that can decipher consciousness on higher levels of existence. The saying as above – so below (or in scientific terms "scale independence) is the most important part to remember. The pattern is the same, for this is a result of "energy banding" or if you like, observational point of view. As I have stated before, we can relate and observe only within our physical recognized vibration, that is our observable spectrum in the third dimension. The shape of DNA confuses researchers mainly because they want it all to work and fit into the physical world. This is the same dilemma that will continue to create the obstacles for mathematical theories and other theoretical physics around our universal design.

All levels of spirit are connected to the DNA structure, for DNA is the schematic, for spirit in the physical. Original desires or expressional needs all originate from deep source consciousness. All energy flow in the universe originates from the two source directions, translations happen as this energy is injected into any of the multitude of dimensions. The original signature energy is thus created in the physical as an expressional interpretation to the environmental laws of the dimension. This source expression or signature energy needs to create balance and thus a cycle is created so that flow is completed in its opposite expression. With no time or space as restrictions, it allows this cycle to happen simultaneously. The cycle extends into the lower vibrations ending in completion in the highest vibrational source. This is also mirrored in the opposite directional flow. Both directions in full power and in equal balance of each other, both directions are observed this way and thus energy flows in a two-way path. DNA has this opposing flow and must contain this balanced creational ability if a biological form is to survive in this reality.

As mentioned in the chapter Duality of the Soul "silica" and "carbon" (metaphors only) energy needs to flow in and out of this reality so that a steady supply of energy balance is maintained. If the energy flowing into this environment increases in an unbalanced flow from either direction the results would be obvious, for survival of the form would not be enduring. The biological "animal" form derives its energy from the earth's resources physical and nonphysical. The higher directional energy combines with the biological form to create a human, it is a balance of both sides (balance being relevant to each others own perspective). This is the very basics of what makes us different than other life-forms on earth. The Schematic of God is the "flow circuitry of All There Is", the flow of energy from source and back to source. The schematic's design allows energy to create in the physical and nonphysical.

There is so much that must be covered in the DNA subject that this introduction will be a fast track with very few introductory steps. Some will find it refreshing, while others will be lost in understanding how I jump to this or that conclusion. It will also demonstrate why I need to go step-by-step so carefully. In the next book I will go through all the steps as shown to me and in the order that the information came in.

The orb (or sphere) is supported by smaller structures that are themselves a part of the larger structure above them. These structures in essence are chambers within chambers. A single orb structure can be understood easier if it is seen as a composite of eight orb structures. These structural, smaller orbs, are actually turbulence inside the larger orb they create, as can be seen in the harmonic pictures from Hans Jenny in prior chapters. So each orb is only one eighth of the larger complete structure it occupies. For explanation purposes we will group these orbs into clusters of eight. In Hans Jenny's picture the other four orbs cannot be clearly seen due to interference from the first layer. Also the container walls themselves will interfere with the complete shape. If you were to do a more complete experiment, it would need to be a harmonic done in free suspension. In a cluster of eight orbs, each one represents a different dimension in one way or another and can also be referred to as cells.



In a perfectly balanced orb there are eight chambers or cells, that are in themselves, individual orbs. They are aligned at 90 degrees from one another (or if you want one on top of the other) with very little diagonal thrust. In this balanced state, energy flows and supports the form, allowing the structure to maintain its "uneventful form". When conscious energy injects into a physical environment it applies stress in this balanced nonphysical system of cells or orbs, thus creating the physical. Remember that in a nonphysical state both structures are in essence and in balance (sphere and cube). In the physical, the state of balance is never in total stability. The foreign energy of focused consciousness entering any system will produce turbulence that is mirrored by the environment. The initial conscious energy will always come from the center of the structure and flow out into the larger components.

In the cluster of individual eight orbs, stress is created by each other's turbulence, causing a ratcheting effect which moves the orbs laterally to one another. As the turbulence increases, the top layer of four orbs start to rotate. Remember the layers of the orbs are dimensionally separated by the event horizons, as discussed in prior chapters. This rotation is called "Spiritual Ratcheting" and accounts for all that we recognize as the physical universe. Without the effect no physical universe is possible. It will become one of the most important effects to be recognized in the future. It will also be one of science's most valuable understandings and tool for creating outside the physical. On the next page is a diagram of the movement called ratcheting, a twisting effect. The top row of orbs is seen from the side, while the bottom row is an overview of the same ratchet, progression is from left to right.


There is a force that is predominating in the creative aspect. This force resides in all that exists. It by design, allows all to be served and created, and follows laws of creation with no variation in the basic design. Dimensions are observed and stability maintained with no mixing due to the laws of harmonics. The basic structure of the grid/cube is the foundation and stability, but the movement comes from the orb.



As the spheres ratchet across one another's boundaries, forces are set a foot at these boundary points. As with the cube structure, the spheres don't actually touch, they intermix (co-create) by creating "pressure" on one another. In these areas of intermixing and co creation, regions are created that resemble a football in shape. This region becomes a separate aspect or combination of the two or more intermixed energies (orbs). They are thus not the original energy of the "parent orbs" per se, but are hybrid energetic forms. These regions are called "Creational Patches" and they themselves create the physical expression. In the world of sacred geometry they call this pattern the Vesica be confused with the sacred geometry Piscis. Not to understanding, these patches are not on a single plane or twodimensional diagram. Billions of patches are created due to billions of spheres, that are ratcheting across one another. Orbs inside orbs, all in varying sizes from microscopic to macro size (the universe itself).



Whole layers of orbs are effected as well as small pockets. Seen from above or below (from source power direction – universal axis angle) they appear to be a square geometric shape known as the eight pointed star (Octagram). Viewed from the side the ratchet appears diamond in shape.



This diamond shape is what ancient and modern people see if they go out of body at a certain angle relevant to the structure (seen in above picture). Others see the structure from a single plane or a square grid and yet others see so many layers (due to their speed of travel) that it appears to be a tube or tunnel shape. It is all relevant to the point of view and energetic profile of the observer.

Ratcheting creates "friction" or stress and this causes movement and force. Once ratcheting starts there is a shutting off of energy from the side aspect (the diamond center area). In a perfectly balanced cube/sphere structure there are seven directions or entry points, including inward. As ratcheting starts, it closes off the side "portholes" and the structure's top and bottom entry points begin to take on geometric form. The energy from top and bottom remains flowing but its flow is influenced and transformed by the geometric shape, it becomes individualized. On the next page is a diagram of the energy flow shut down, viewed from the side of the eight-orb structure as it ratchets.



The more the structure ratchets (or twists), the more different and complex its energetic and geometric structure becomes in the center. Twisting like a rope the columns of spheres create their geometric tube shapes. All this in Tube Shells ©, one shell inside another and so on. Complexity of the ratchet allows twisting and rope like spiraling to create more complexities inward and thus smaller compact structures. Below is a diagram showing the square shape ratcheting through all the geometric shapes, as different energies will be applied to each shape. This includes pentagons to octagons.



This is the basic flow of the human DNA for it has four helixes. that are associated with the physical structure. There are 12 helixes in total, but they are not observable in the physical structure. Only four helixes are needed to compete the physical form. With only two being observable in the physical, the rest are in energy or vibrational ranges that only influence the physical reality. All the different ranges or layers of DNA helix

make the physical possible, for without all being connected there would be no biological forms. Each of the four physical helixes has their own purpose and direction. Each is used to balance out the other with opposite flows in alternating positions around the eight-orb structure. In each biological case, flow and amounts of flow determine the "balance state" of the creation. The spiraling is the cycle or the "rope" and is the ratcheting tube.



Due to constricted entries, vortices are created in the "diamond cut off areas" of the ratchet. In these vortices, creations also take place and have to be balanced out. Imbalance is movement, thus the more movement the more creation in the physical. Four corners, four directions, four points, and four spirals, all allowing different connection to different aspects of other adjacent structures. Thus position in any of these "corners" will give you a specific flavor.

The center of the eight-pointed portal becomes so compact with energy (form) in the dimensional respective, that if viewed, will appear as solid light force. The truth is the structure does not end, as you journey into the center, you see more and more structure without ever reaching source structure. That is not to say source structure is not there, it is to say that you will run out of recognizable structure long before you find source power at its center.



In DNA the "tube" is formed by the intersecting orbs during their ratcheting. As the orbs ratchet they create turbulence in adjacent contacting orbs. Everything that is created in the physical universe has a Dimensional Patch working in the background. Half of the next book will be dedicated to the Dimensional Patch and how it effects our daily lives and our past/future. These patches connect us to all eight orbs working in our construction. It is very complicated and I will in the future expand on it in great detail for it is very important. Below is a diagram of the patch-sequenced flow called the helix ribbon.



For a final concept to consider in this chapter I have added some information that I received after asking about the spiral pattern that we see in plants. Below is the answer in sequence that I received;

"The spiral that you see in tree cones, leaves, and flowers are due to their closeness to the Silica Soul aspect. If you take a diagram of a ratcheting orb cluster viewed from top, and place a fibonacci spiral over it, there is only one quarter of life's pattern that is visible. Another way of saying it is that a biological creation is only twenty five percent of the actual physical property."



I was then asked to erase the other three-quarters of the image. This left me the last 25 percent, from there I was to paste another 25 percent over the first and rotate it 90 degrees to the left. Keep pasting the 25% over the first image and keep rotating it in a progressive 90-degree angle. What I ended up with is the last picture in the sequence (at the bottom right on next page). I have placed over these end results a pinecone picture with its spiral pattern outlined. Both images are the same, one from a cone and the other produced by sequencing the spiral. I was then told that plants are showing this pattern due to their closer connection to the Silica aspect. The initial spiral flow continues into this environment showing up in the pattern.



This all that we see of the DNA in this focused state.

Our perception of the DNA spiral in the above plant picture is a movement pattern. This is the same movement that you see from wind blowing on objects, but you cannot actually see the moving air. This can also be likened to the fan blade example.

A final picture to consider: Patches and the ancient awareness of them can be seen from the Greek Omphalos stone to the Celtic patterns. They are also observable in astronomy on a grand scale as seen in the galaxy on the next page.



The chapter must come to an end at this point. To continue with the DNA explanation would mean introducing more fundamental understandings of universal structure. There are many aspects to DNA that are not familiar to any modern scholar. This includes the orb patches, time, and how they are related as a co-creative process. Time and DNA are inseparable for DNA cannot exist in this reality without the aspect of time.

In the next book I will explain time, because it is very involved it will need a chapter on its own. Next to understanding death, time has been one of humanity's biggest enigmatic obstacles. The confusion can only be resolved by acquisition of a deeper understanding from the nonphysical realities. The nonphysical aspect of us by its nature has no such limitations as time, but again it is all about being able to communicate clearly with this other side. To understand time from this realm, essential "building blocks" of understanding must be in place first. Without a common language no communication takes place and the basics cannot even be introduced. It is all about the language, universal language that is, for we are essentially the uninitiated.

In the next book, together Joanne and I will share new knowledge in:

Time

What is time and how is it physically created?

What is the actual "structure" of time?

How does time move and yet remain there?

If there is no past or future what separates us from it?

DNA

How is DNA and time linked together?

How is it that DNA would not exist without a time aspect to construct it?

Is it time or DNA that separates species and how do the "rungs" of the DNA "ladder" connect it all in a working bio-form?

How does evolution work from species to new species and is time connected to DNA in this process?

There will be much more on the DNA structure and it's evolution into the physical world.

What is the so-called 90% junk DNA, and why is it not understood?

Consciousness

More information will be shared on consciousness and what it actually is.

There will be more on perception of reality, how we actually create ourselves and this world even with those that do not belong in this reality.

Further explanations on electromagnetic units EUs, this includes electromagnetism and light.

The Physical and Astronomical Universe

There will be more on astronomical understandings, as well as an answer to a question that has not been asked; where is the edge of our actual orb, our "physical universe"? This is not explained today by any field of science.

What creates the effect of the zodiac energies and why is there a zodiac in the first place? How does it work on a design level?

There will be information on the actual periodic "table" and element construction. This includes a universal understanding of the actual placement of the elements in relationship to one another.

Where do aliens actually come from? The truth is it is not from any star system we would discern in our recognized physical universe.

Ancient Sites and Ancient Realities

More on ancient site understandings and results that different areas created.

Why are ancient Egyptians and Mayans related to alien cultures? How does this work as far as the creation in this reality?

Personal Advancement

More on how to connect to source energy for art, information, research, personal help, and new technology.

A new understanding of the human energetic body and chakra system.

There are new levels of chakras in our midst now.

How does this system work and compare to the old one?

An introduction to the sphenoid and the blue orb at its base will be provided.

How do yoga and mudras really work?

What are the energetic connections and benefits to each pose?

New mudras will be shown for personal gain as well as a new yoga.

How are the Buddha and Jesus Christ connected?

Do you need a healer or can you do it yourself?

New Technologies

What is sonoluminescene and what is actually happening?

How do we create a multidimensional transportation device?

Recommended books, web sites, and sources:

Aromansse – http://www.aromansse.com/main.htm

Monroe Institute's Hemi-Sync -

http://www.monroeinstitute.com/

International Remote Viewing Association -

http://www.irva.org/

Major Ed Dames http://www.learnrv.com/

Astral Dynamics by Robert Bruce – book (ISBN 1-57174-143-7) Web site: http://astraldynamics.com/

The Nature of Personal Reality - **Seth** – by Jane Roberts – and all her books!

Hank Wesselman, Ph.D. - all books including an instructional book with CD called "The Journey to the Sacred Garden".

http://www.sharedwisdom.com/books.html

Kryon - material by Lee Carroll: http://www.kryon.com/altindex.html

Coast to Coast – (excluding guests that promote fear!) web site: http://www.coasttocoastam.com/

William Buhlman – Out of body experiences and training. http://www.astralinfo.org/

Ingo Swann – http://www.biomindsuperpowers.com/Pages/superpowers.ht ml

Michael Harner – http://www.shamanism.org/

Sandra Ingerman – http://www.shamanicvisions.com/ingerman.html